

1 **Enhanced climate variability during the last millennium recorded in alkenone sea**
2 **surface temperatures of the northwest Pacific margin**

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22 **Abstract**

23 Previous studies on surface temperature reconstructions for the last 2,000 years (2k)
24 revealed a long-term cooling trend for the last millennium in comparison to the
25 previous millennium. However, knowledge on the decadal- to centennial-scale
26 variability in sea surface temperature and the underlying governing mechanisms
27 throughout the period is limited. We reconstructed high-resolution continuous sea
28 surface temperature changes over the last 2k in the northwest Pacific margin based on
29 the alkenone unsaturation index. Our alkenone temperature record revealed enhanced
30 and more rapidly changing climate variability during the last millennium
31 (approximately 1200–1850 Common Era) than during the previous millennium. Cold
32 and hot extremes also occurred more frequently during the last millennium. The
33 enhanced and rapidly changing climate variability appears to be associated with
34 frequent volcanic eruptions and grand solar minima. The reconstructed surface
35 temperature variability tends to be associated with variations in the East Asia summer
36 monsoon and the Pacific Decadal Oscillation, implying that these variations are also
37 enhanced in the last millennium than in the previous millennium.

38

39 **Keywords:** last millennium, Common Era, past sea surface temperature, volcanic
40 forcing, East Asian summer monsoon, North Pacific

41

42 **1. Introduction**

43 The network of the Past Global Changes project synthesised surface temperature data
44 for the past 2,000 years (herein 2k) to reconstruct regional and global variations
45 (PAGES 2k Consortium, 2013). All of the continental temperature records compiled
46 display a long-term cooling trend beginning at approximately 1200 CE and ending in
47 the nineteenth century, although these past global changes exhibited strong regional
48 differences in timing of cooling (PAGES 2k Consortium, 2013). A global synthesis of
49 sea surface temperatures (SST) also revealed a cooling trend that began earlier and
50 was sustained for a millennium (801–1800 CE) (McGregor *et al.*, 2015). However,

51 due to the issues of scarcity, resolution, continuity, and uncertainty of the SST records,
52 they provided only the 200-year averaged data. Therefore, it was difficult to identify
53 the multi-decadal- and centennial-scale variations in SST over the last 2k from the
54 records. Even today, a scarcity of high-resolution SST records over the last 2k
55 impedes further progress toward identifying the natural variability itself on multi-
56 decadal and centennial scales, and understanding the relations with climate forcing.

57

58 Previous studies on data reconstruction and model simulations tried to identify
59 internal and external forcing associated with the reconstructed temperature variations
60 including parameters of solar irradiance, volcanic activity, land-cover changes, and
61 orbital-driven insolation, and the results suggested that the cooling trend of the ocean
62 surface temperature over the period of 801–1800 CE was not primarily a response to
63 solar forcing but may have been related to the increased frequency of explosive
64 volcanism (McGregor *et al.*, 2015). Recently, Atlantic multi-decadal variability over
65 the past 1,200 years was clarified using terrestrial proxy records from the circum-
66 North Atlantic region (Wang *et al.*, 2017) and the results suggested that natural
67 external forcing (volcanic and solar irradiation) explained approximately 30% of the
68 variance observed in the reconstruction on multi-decadal scale, and that internal
69 dynamic processes may have played a role in the variations instead. In addition, the
70 reconstruction of changes in SST off the coast of Baja California in the eastern
71 subtropical Pacific during the last 2k revealed discontinuous multi-decadal variability
72 with periodicities similar to instrumental observations of the Pacific Decadal
73 Oscillation (PDO) and a relationship with megadroughts in southwestern North
74 America (O'mara *et al.*, 2019).

75

76 To improve our understanding of climate variability, SST reconstruction from the
77 marine paleoclimate archive is essential, but SST data in the western margin of the
78 North Pacific is still lacking. In this study, we examine the extent to which the natural
79 variability in surface temperature has changed over the past 2k. Instrumental climate

80 records are available only for the last 100 years. In particular, continuous high-
81 resolution SST records prior to the last century are very limited. To overcome this
82 issue, new SST records covering the past 2k were reconstructed using the marine
83 sediments near the Korean Peninsula. Quantification of past SST changes at high
84 resolution can be used to identify climate variability on multi-decadal and centennial
85 timescales over the past 2k. Furthermore, the comparisons of the record with climate
86 forcing and other paleoclimatic records, including the East Asian monsoon and SST
87 records from other regions, help to understand relations between major variability in
88 climate system over the past 2k.

89

90 Paleotemperature reconstruction by alkenones is based on the widely accepted
91 hypothesis that haptophyte microalgae produce long chain (C₃₇) alkenones, whose
92 degree of unsaturation changes with seawater temperature. The relationship between
93 the alkenone unsaturation index (U^{K'}₃₇) and the temperature of seawaters in which the
94 algae grow has been calibrated using results from laboratory culture experiments
95 involving *Emiliania huxleyi* (e.g. Prahl and Wakeham, 1987; Prahl *et al.*, 1988), and
96 from the results of analysis of surface water and sediments trap samples (e.g. Prahl *et*
97 *al.*, 1993), and coretop sediment samples (e.g. Müller *et al.*, 1998). In particular, a bi-
98 monthly record of total C₃₇ alkenone concentrations measured from suspended
99 particles in surface waters near the Korean Peninsula (Lee *et al.*, 2014) confirmed that
100 the calibration equation given by Prahl *et al.* (1988; $U^{K'}_{37}=0.034T + 0.039$) is
101 applicable in this area. In this study, we reconstructed alkenone SST variations from
102 marine sediments with a higher temporal resolution of approximately 2–8 years,
103 constituting the first well-preserved, long, and continuous SST record of the
104 northwestern Pacific margin spanning the past 2k. The record reveals the
105 characteristics of temporal variations in temperature in the region on multi-decadal to
106 centennial timescales, although age uncertainty should be considered.

107

108 **2. Materials and methods**

109 Bi-monthly SSTs observed *in situ* at the study area over the period of 2000–2012
110 were collected from a National Fisheries Research and Development Institute
111 (NFRDI) dataset (Fig. 1). The seasonal SST variations were large (13–24 °C) in the
112 study area. Sea surface salinity ranged from 32.2 psu in summer to 34.4 psu in winter
113 according to the NFRDI dataset. Lower salinity occurred in summer, which was due
114 to dilution by summer monsoon river discharge from the adjacent drainage basins of
115 the Korean peninsula and China including the Yangtze River.

116

117 A piston core, TY2010 PC4, was collected from a shelf mud deposit off the east coast
118 of the Korean Peninsula during a R/V Tamyang cruise in 2010. The core was 3.44 m
119 long, and was located at the northern part (129°36'E, 35°50'N) of the mud deposit at
120 a water depth of 91 m. A gravity core (ARA/ES 03-01 GC01, 5.45 m in length) was
121 obtained from the same site as that of core TY2010 PC4 during a R/V Araon cruise in
122 2012. Lithologies and X-ray radiographs of both cores indicated that the marine
123 sediments predominately consist of hemipelagic mud. Because the ARA/ES 03-01
124 GC01 core contains the longer proxy record, we primarily used this core. However,
125 for the upper section (~1 m), the piston core was used instead. This avoided the
126 potential loss of the upper portion of the sediment that is more likely to occur when
127 using the gravity coring method (e.g. Skinner and McCave, 2003).

128

129 Bulk sediment samples (3 g) were taken from the TY2010 PC4 core at 2-cm intervals
130 for alkenone analysis. For the ARA/ES 03-01 GC01 core, the samples were collected
131 at 2-cm intervals in the upper part of the core (0–340 cm) and at 1-cm intervals in the
132 lower part (340–545 cm). The alkenone analysis was conducted at the Korea
133 Maritime and Ocean University. C₃₇ alkenones were extracted from the freeze-dried
134 sediment samples. Organic compounds were extracted using an ASE-200 solvent
135 extractor (Dionex Corporation) with a solvent mixture (CH₂Cl₂:CH₃OH, 99:1 v/v) at a
136 high temperature (100 °C) and pressure (1500 psi). The extracts were cleaned via
137 elution with 3 × 500 µL CH₂Cl₂ through a commercial silica cartridge. Saponification

138 was performed at 70 °C for 2 h with 0.1 M KOH. The neutral fraction containing the
139 alkenones was obtained by partitioning into hexane. After being concentrated under
140 N₂, the final extract was analysed by gas chromatography with an Agilent 7890A
141 chromatograph equipped with a flame ionisation detector and fused-silica capillary
142 column (J&W DB-1, 60 m × 0.32 mm). The alkenone temperatures were calculated
143 using the alkenone unsaturation index ($U^{K'}_{37} = [C_{37:2}] / ([C_{37:2}] + [C_{37:3}])$) and the
144 calibration equation given by Prahl *et al.* (1988; $U^{K'}_{37} = 0.034T + 0.039$). A new
145 calibration, BAYSPLINE (Tierney and Tingley, 2018), was also applied to calculate
146 seawater temperatures from the $U^{K'}_{37}$ values. BAYSPLINE produced the exact same
147 SST estimates as those produced using the calibration method of Prahl *et al.* The
148 reproducibility of the alkenone temperatures for replicate samples of a homogeneous
149 marine sediment laboratory standard run during this project was better than ± 0.1 °C
150 ($n = 27, 1\sigma$). Duplicate analyses on ARA/ES 03-01 GC01 gave results within ± 0.2 °C
151 ($n = 50, 1\sigma$).

152

153 The ARA/ES 03-01 GC01 core ages were determined via radiocarbon dating (Table 1
154 and Fig. 2). Accelerator mass spectrometry (AMS) ¹⁴C dates of planktonic
155 foraminifera were measured at the Rafter Radiocarbon Laboratory, New Zealand (at
156 two depths) and the National Ocean Sciences AMS (NOSAMS) facility at the Woods
157 Hole Oceanographic Institution (WHOI), USA (at six depths). Although the dates
158 were measured by two different institutes, the results were extremely consistent. An
159 age-depth model was constructed using the Bacon 2.2 package in R (Blaauw and
160 Christen, 2011) (Fig. 2). Bacon simulates the accumulation rates of core sediments
161 based on Bayesian statistics and calculates the ages and uncertainties (1σ) of sediment
162 deposits. The results of the ²¹⁰Pb dating of the box core NR2018 BC2 sediments
163 (129°35.4'E, 35°52'N) collected near the ARA/ES 03-01 GC01 core are presented in
164 Table 2. The ²¹⁰Pb and ²²⁶Ra activities were measured at the Korea Basic Science
165 Institute (KBSI). The observed excess ²¹⁰Pb activities in the NR2018 BC2 core
166 indicate that the core-top surface sediments are modern-day sediments.

167

168 The study area is characterised by an extremely high sedimentation rate of
169 approximately 0.5 cm/yr, making the site ideal for a high-resolution study of past
170 surface temperature changes. The entire core covers the last 1,900 years (Fig. 2).
171 However, the variability in accumulation rate of the core indicates a distinctive
172 change in accumulation rate at a depth of 340 cm, corresponding to the year 1453 CE
173 (Fig. 2). The mean value of the accumulation rate was 1–2 yr/cm (± 1.8 –3, 1σ) after
174 1453 CE, whereas it was 4–8 yr/cm (± 6 –13, 1σ) before 1453 CE. Hence, the
175 sedimentation rates are different, at approximately 1–0.5 cm/yr for the upper part of
176 the core and 0.1 cm/yr for the lower part. Alkenone temperature resolution is
177 approximately 2–4 years for the upper part and 6–8 years for the lower part. The
178 Bayesian statistics-based age-depth model indicates that the uncertainties in the ages
179 of sediments younger than 1453 CE are relatively small (± 10 –20 yr), while the
180 uncertainties in the ages of older sediments are large (± 16 –40 yr) (top panel in Fig. 3).

181

182 For comparisons of alkenone SST record with other paleoclimatic records, we
183 calculate correlation coefficients between them by using the Ebisuzaki method which
184 is suitable for a serial correlation analysis. This method was conducted by
185 implementing the ‘surrogateCor’ function in the R package ‘astrochron’ (Ebisuzaki,
186 1997, Meyers, 2014, Baddouh *et al.*, 2016) with 10,000 Monte Carlo simulations.

187

188 **3. Results**

189 A new high-resolution alkenone SST record for the last 2k was constructed by
190 combining records from cores TY2010 PC4 and ARA/ES 03-01 GC01. The core-top
191 temperature estimated from the U_{37}^K value was 20.5 °C. A comparison with the 12-
192 year averaged SSTs measured *in situ* (2000–2012) showed that the core-top alkenone
193 temperature is higher than the observed annual mean SST (17.7 °C), and that it is
194 close to the observed temperatures in June to October (Fig. 1). A bi-monthly record of
195 total C_{37} alkenone concentrations measured from suspended particles in surface

196 waters at the core site shows that the concentration is the highest during summer (Fig.
197 1), indicating that the alkenones are predominantly produced in summer (Lee *et al.*,
198 2014). In addition, alkenone analysis of the subsurface samples from the *in situ* bottle
199 casts show that the concentration of total C₃₇ alkenones was typically high in the
200 surface mixed layer and decreased with depth, indicating that alkenones were most
201 likely produced in the surface mixed layer and thus that alkenone records from marine
202 sediments represent near-surface signals (Lee *et al.*, 2014).

203

204 Temporal variations in alkenone SSTs exhibited millennial evolution and fluctuations
205 on multi-decadal to centennial timescales during the last 2k (Fig. 3a). The increase in
206 temperature since the mid-19th century is clear, which is associated with an
207 anthropogenically induced global warming trend (IPCC, 2013). During the first of the
208 two millennia, alkenone temperatures fluctuated between 19.4 °C and 21 °C. A cooler
209 period occurred between 850 CE and 1200 CE. Hence, the Medieval Climate
210 Anomaly interval (approximately 950–1250 CE) is not reflected clearly in this record.
211 During the last millennium, there were several pronounced cold periods (e.g. 1267–
212 1280 CE and 1626–1629 CE), and a few strong cooling events were centred at around
213 1715 CE, 1820 CE, and 1910 CE. The lowest temperature (18.7 °C) occurred in
214 approximately 1267±28 CE. Comparisons of alkenone temperatures with tree-ring-
215 based temperature records from the Korean Peninsula for the period of 1640–1989 CE
216 (Choi *et al.*, 1992) revealed that the cooling events identified from the tree ring data at
217 1690 CE, 1730 CE, 1840 CE, and 1910 CE are consistent with those identified in the
218 alkenone temperature records. Our SST record was also compared to tree ring-based
219 air temperatures in Asia (PAGES 2k Consortium, 2013). A long-term cooling trend in
220 the synthesised surface temperature in Asia beginning in approximately 1200 CE is
221 consistent with that of our SST record (Fig. 3a and c).

222

223 Our record reveals that climate variability increased during the last millennium,
224 especially in the period of 1200–1850 CE, relative to the preceding period of 500–

225 1200 CE. SST variations range within ~ 3 °C over the period of 1200–1850 CE and
226 ~ 1 °C over 500–1200 CE (Fig. 3a). In this study, we used 10-year averaged SST for
227 the entire period of the last 2k to overcome the issue of time resolution of the record.
228 It should be noted that even though the record for the last millennium is smoothed so
229 as to emulate the resolution of the record for the first millennium, the increased
230 variability in SST is still identified for the last millennium. During the period of
231 1200–1850 CE, cold and hot extremes (deviations of over 1σ) were more frequent.
232 The magnitude of the running standard deviation (100-year window) was larger over
233 1200–1850 CE than over the earlier period (Fig. 3b). We investigated changes in the
234 accumulation rate to ascertain whether the enhanced and rapid climate changes were
235 associated with the sediment deposition rate. The accumulation rate of the upper part
236 of the core (1–2 yr/cm after 1453 CE) was different from that of the lower part (4–8
237 yr/cm). We do not exclude the possibility that the enhanced variability in the alkenone
238 SST of the upper part of the core is related to changes in the accumulation rate.
239 However, the greatest variability in the SST running standard deviation occurred over
240 1200–1450 CE, which corresponds to a period of low sedimentation rates. The lowest
241 temperature also occurred during this interval. These results indicate that the
242 enhanced and rapid climate changes were not simply due to an increase in
243 sedimentation rate. This suggests that, although the alkenone SST variability of the
244 lower part of the core can be smoothed to some extent due to the low sedimentation
245 rate, cold events and rapid climate changes are still recognisable.

246

247 We compared our alkenone temperature record to records of solar irradiation and
248 volcanic activity covering the last 2k to examine the extent to which alkenone SST
249 changes are correlated with changes in these phenomena (Fig. 4a, b, c). The total solar
250 irradiation (TSI) data for the last 2k used in the study were reconstructed based on
251 radiocarbon production and solar activity instrumental data (Roth and Joos, 2013).
252 According to the record, the overall solar irradiance for the first millennium of this
253 period was stronger than that of the last millennium. Four distinct grand solar minima

254 known as the Oort (1040–1080 CE), Wolf (1280–1350 CE), Maunder (1645–1715
255 CE), and Dalton (1790–1820 CE) were identified within the last millennium
256 (Steinhilber and Beer, 2011). The minima appear to be correlated with the cold
257 alkenone temperatures of the study area, considering the age uncertainty (Fig. 4b and
258 c). However, variations in TSI did not always coincide with variations in alkenone
259 SST, such as during the Spörer period (1460–1550 CE) (Fig. 4b and c). In addition,
260 the minimum in the temperature record apparently precedes the minimum in solar
261 activity (Fig. 4b and c). Spectrum analysis was performed on both time series of
262 alkenone temperature and TSI for the last 2k. There are discrepancies in the
263 periodicity of spectral peaks between the two time series (Fig. 5). However, at
264 centennial time scale, significant peaks in the SST record are 94-year and 80-year,
265 and those in TSI are 106-year and 89-year, respectively (Fig. 5). There might be some
266 coherence between them (94-year and 80-year versus 106-year and 89-year). The
267 differences are within the range of $\pm 10\%$. This may indicate that the solar forcing
268 influence on the SST variability considering the uncertainty in each dataset. We also
269 calculated the correlation coefficient between the reconstructed SST and the TSI
270 (Table 3). The correlation is not significant for the entire period, but it becomes large
271 (0.54 at 99% confidence level) when the period is confined to the last 400 years
272 (1600-2000 CE). Although the correlation coefficient does not imply the causality,
273 this result may indicate that the variability of solar forcing plays a role on the SST
274 variability. However, in general, solar activity seems to be insufficient for explaining
275 the entire SST cooling trend.

276

277 Previous studies have suggested that volcanic eruptions played an important role in
278 climate variations (Sigl *et al.*, 2015). The record of volcanic activity over the last 2k
279 was reconstructed based on atmospheric aerosol loading as measured in ice cores
280 (Sigl *et al.*, 2015). Comparisons of our SST temperature record with the atmospheric
281 aerosol forcing record demonstrated that episodic cooling events identified in our
282 record match with the volcanic activity record in terms of intensity and frequency

283 within the error range of age determination (Fig. 4a and b). Overall, the magnitude of
284 volcanic forcing ranges 8-12 W/m² for the first millennium, and 8-15 W/m² with the
285 maximum of 32 W/m² for the second millennium (Fig. 6a). In addition, the number of
286 occurrence of volcanic eruption significantly increased from the first to the second
287 millennium (Fig. 6b). These imply that the volcanic forcing may significantly
288 contribute to influence the enhanced SST variability during the second millennium.
289 On the other hand, changes in total solar irradiance range less than ~1 W/m² over the
290 last 2k (Fig. 6c). Hence, the impact of volcanic forcing on surface temperature would
291 be greater than that of solar insolation forcing. In particular, a tropical volcanic
292 eruption in 1258 CE (Samalas Volcano, Indonesia) (Lavigne *et al.*, 2013) correlated
293 with an event-like cooling observed in our record. Although the Bayesian statistics-
294 based age-depth model indicated an age uncertainty of ±28 yr for the period of 1267–
295 1280 CE, the timing of the cooling event is consistent with that of the volcanic
296 activity. Furthermore, the increased frequency of volcanic events over the interval of
297 1258–1286 CE may be related to abnormally strong cooling during the time period,
298 indicating a large contribution of volcanic activity toward climate changes. These
299 observations are consistent with previous results, demonstrating that strong and
300 frequent volcanic eruptions in the tropics and at high latitudes could have been
301 primary drivers of interannual to decadal temperature variability in the Northern
302 Hemisphere throughout the past 2k (Sigl *et al.*, 2015).

303

304 It is also noteworthy that Earth system model simulations indicate the surface cooling
305 of East Asia in summer after large volcanic eruptions (Man *et al.*, 2014). According to
306 these simulations, the cooling appeared to be proportional to the magnitude of the
307 volcanic forcing, and it persisted for a few years after some of the largest eruptive
308 episodes. The cooling in 1258 CE could have begun in connection with volcanic
309 activity, and it lasted several decades in connection with the Wolf solar minimum.
310 Hence, the enhanced climate variability becomes evident when a volcanic forcing is
311 accompanied by grand solar minimum and the occurrence of volcanic eruption

312 increases for the time period. In contrast, the reconstruction of greenhouse gas (CO₂,
313 CH₄, and N₂O) forcing levels from ice core data (MacFarling Meure *et al.*, 2006; Joos
314 and Spahni, 2008) showed that the response of SST to greenhouse gas forcing seemed
315 to be less significant during this time period (Fig. 4d).

316

317 **4. Discussion**

318 Our alkenone SST record was obtained from one location in the northwestern
319 subtropical Pacific margin. To examine how this record may represent a regional SST
320 pattern, the alkenone SST data were compared with instrumental datasets including
321 extended-reconstructed SST (ERSST v4, Huang *et al.*, 2014) and the Hadley Centre
322 Sea Ice and SST dataset (HadISST, Rayner *et al.* 2003) for 1870-2010. Figure 7a
323 shows the time series of the alkenone SST along with the averaged SST over June to
324 October from the ERSSTv4 and HadISST datasets covering the past 140 years. It was
325 found that the records are comparable with one another. To further examine the
326 regional SST pattern associated with the alkenone SST record, we calculated
327 regressed SST anomalies against the alkenone temperature by using the 11-year
328 running mean SST of the HadISST dataset, since the age resolution of the alkenone
329 temperature and the timescale of interest are greater than one year. The regression
330 map of HadISST and alkenone temperatures (Fig. 7b) shows that the correlation with
331 local SST is strong. The regressed SST anomalies against alkenone temperatures were
332 characterised by a relatively good relationship along the subtropical western boundary
333 current in the North Pacific. This indicates that SST changes identified at our study
334 site are representative of those of the North Pacific Ocean basin and the Kuroshio and
335 the Kuroshio extension in particular. We also constructed the regression by using
336 detrended SST to eliminate a global warming trend that would have dominated the
337 spatial pattern over the last 140 years. The detrended SST regression pattern shown in
338 Fig. 7c displays the PDO-like pattern, which is characterised by cooling in the central
339 North Pacific and warming along the west coast of the USA (Mantua and Hare, 2002).
340 This result indicates that the variability in SST at the core site tended to coincide with

341 that of a PDO-like SST pattern and the PDO-like SST variability is enhanced in the
342 last millennium than in the previous millennium.

343

344 A recently published alkenone SST record for the last 2k of the eastern subtropical
345 Pacific captures multi-decadal variations that may relate to the PDO (O'Mara *et al.*,
346 2019). The alkenone temperature anomalies shown in Fig. 8a and b were constructed
347 based on the 10-year averaged temperatures in consideration of the difference in data
348 resolution between the first and the second millennia. The correlation coefficient and
349 statistical probability between our alkenone SSTs and those of O'Mara *et al.* (2019)
350 for the last 2k were calculated. It was difficult to present statistically meaningful
351 correlations for the last 2k. This is probably either because the PDO pattern is not
352 stationary, or because the age uncertainty is large. However, there seem to be opposite
353 temperature patterns on the multi-decadal and centennial time scales. For examples,
354 for the intervals centred at 500 CE and 750 CE, the western Pacific region was
355 relatively warm, while the eastern Pacific region predominantly cooled. During the
356 period of 1600-1700 CE, it was cold in the west, and warm in the east. Since 1800 CE,
357 warming has been dominant in the west, and cooling has dominated in the east. In
358 addition, the running standard deviation patterns of both alkenone records for a 100-
359 year sliding window were consistent for the last millennium (Fig. 8c), indicating that
360 both records contain enhanced multi-decadal to centennial variations during the
361 period of 1200–1850 CE.

362

363 In this study, changes in the reconstructed SST were compared to the evolution of the
364 East Asian summer monsoon system over the last 2k (Fig. 9). Recent studies on
365 variability in the East Asia summer monsoon (EASM) (Chiang *et al.*, 2017, Liu *et al.*,
366 2014, Zhang *et al.*, 2018) showed that the EASM system undergoes complex spatio-
367 temporal evolution. For example, the variability of a tripole mode of rainfall
368 anomalies, which is characterised by a drier central-to-eastern China and a wetter
369 southern and northern China, is dominant in East Asia during the boreal summer on

370 an interannual timescale. When the rainfall anomalies from NOAA dataset (Chen et
371 al., 2002) were statistically regressed against the instrumental SST (i.e. HadISST) of
372 our study area over the last 71 years, the tripole mode pattern was also exhibited (Fig.
373 9a). In general, Chinese cave $\delta^{18}\text{O}$ signals reflect regional rainfall in East Asia, where
374 higher EASM rainfall corresponds to more-depleted $\delta^{18}\text{O}$ (e.g. Cheng *et al.*, 2009).
375 Time series of 10-year averaged alkenone temperature and Chinese cave $\delta^{18}\text{O}$ records
376 for the last 2k were compared with each other. The Wanxiang stalagmite $\delta^{18}\text{O}$ record
377 from near the upper Yangtze River (Zhang *et al.*, 2008) contains light values
378 (corresponding to increased rainfall) for the periods of 400–700 CE and heavy values
379 (decreased rainfall/drought) for the period of 1300–1800 CE (Fig. 9b). The correlation
380 coefficient between our SST record and the cave monsoon record for the period of
381 1200-1850 CE is significantly high ($r = -0.34$, $P = 0.003$). On the other hand, the
382 stalagmite $\delta^{18}\text{O}$ record from Dongge cave (Wang *et al.*, 2005), located in South China,
383 exhibits heavy values (decreased rainfall/drought) for the periods of 400–700 CE and
384 less-heavy and light values (increased rainfall) for the periods of 1400-1600 CE and
385 1700-1900 CE, respectively (Fig. 9e). Hence, the rainfall/drought patterns of the
386 Wanxiang and Dongge are in opposition. The stalagmite $\delta^{18}\text{O}$ record from Shenqi
387 cave (Tan *et al.*, 2018) shows a pattern different from that of the Wanxiang record, as
388 indicated by the correlation coefficient ($r = 0.4$, $p = 0.03$) (Fig. 9c). The record from
389 Heshang cave (Hu *et al.*, 2008) does not show a clear pattern (Fig. 9d). The
390 complicated patterns exhibited in the stalagmite $\delta^{18}\text{O}$ records seem to be associated
391 with variations in the tripole mode of the EASM-related rainfall in China, given that
392 the cave $\delta^{18}\text{O}$ records indicate regional rainfall.

393

394 For the period of 400-700 CE, EASM-related precipitation increased, and pluvials
395 may have dominated near the upper Yangtze River. The light values given in the
396 Wanxiang stalagmite $\delta^{18}\text{O}$ record support this theory. Relatively warm SSTs at our
397 core site appear to also be correlated with this pattern. However, southern China
398 experienced drought in this period. For the period of 1400-1600 CE, drought

399 prevailed across China (Cook *et al.*, 2010), which is also supported by all cave
400 records. Severe drought near the upper Yangtze River around 1600-1700 CE was
401 linked to strong cooling at our core site. A seawater $\delta^{18}\text{O}$ record covering 1,300 years
402 that was reconstructed using foraminiferal $\delta^{18}\text{O}$ and alkenone temperature data from
403 near our core site displayed a pattern similar to that of the Wanxiang stalagmite $\delta^{18}\text{O}$
404 record (Lee and Park, 2015). It is noteworthy that the rainfall increased in the south of
405 China in the period of 1700-1900 CE, as indicated by the Dongge stalagmite $\delta^{18}\text{O}$
406 record. The alkenone SST in our record increased in the same period. Overall,
407 Chinese cave $\delta^{18}\text{O}$ records revealed increased multi-decadal to centennial variability
408 during the last millennium in comparison to that in the previous millennium.

409

410 **5. Summary**

411 The first well-preserved, high-resolution, continuous SST record of the northwestern
412 Pacific margin spanning the past 2k revealed enhanced and rapid climate variability
413 on multi-decadal to centennial timescales in the last millennium, which differed
414 significantly from that in the previous millennium. A comparison of the SST record
415 with volcanic and solar insolation records suggested that the enhanced variability in
416 surface temperature was associated with changes in these phenomena, such as
417 increased volcanic activity and grand solar minima during this period, implying that
418 natural variability in these factors plays a role in increased regional climate variability.
419 In addition, the reconstructed SST record at the core site represents the PDO-like
420 variability, which is also enhanced in the last millennium than in the previous
421 millennium. Comparisons of the SST record with $\delta^{18}\text{O}$ records of Chinese caves
422 revealed correlations between temperatures and the monsoon system over the past 2k,
423 suggesting that surface temperature extremes seem to be related to monsoon activity
424 and hydrological cycle reinforcement in the upper Yangtze River with greater
425 variability during the last millennium in comparison to that in the previous
426 millennium.

427

428

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434 study are attached as Supplementary Information. Correspondence should be

435 addressed to K.E. Lee.

436

437

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558
559

560 **Figure Captions**
561

562 **Figure 1.** Bi-monthly records of SST and total C₃₇ alkenone concentration at the core
563 site. The 12-year averaged SST measured *in situ* was from the NFRDI (2000–2012).
564 Total C₃₇ alkenone concentration was measured from suspended surface water
565 particles near the core site for two years (2009–2010) (Lee *et al.*, 2014). The straight
566 line indicates the top core alkenone temperature. The dashed line indicates the annual
567 mean SST. The dashed-dotted line indicates the annual mean SST, considering the
568 weight of the monthly alkenone concentration.

569

570 **Figure 2.** (a) Age-depth model and (b) accumulation rate of the ARA/ES 03-01 GC01
571 core, produced using Bacon 2.2 (Blaauw and Christen, 2011). The asterisk (*)
572 indicates the boundary age of the rapid change in the accumulation rate. The double
573 asterisk (**) indicates the depth and age of the lowest temperature recorded.

574

575 **Figure 3.** Time series of (a) alkenone SST versus calendar year in TY2010 PC4 /
576 ARA/ES 03-01 GC01 cores. The thick line indicates the 10-year averaged alkenone
577 SST. Dashed lines represent intervals of the standard deviation, 1 σ . Black triangles
578 indicate radiocarbon dates and their uncertainties. (b) Running standard deviation
579 (100-year window) of the alkenone SST. (c) Tree-ring-based air temperatures in Asia
580 (PAGES 2k Consortium, 2013). The horizontal straight line indicates the mean value
581 for 2k.

582

583 **Figure 4.** Time series of (a) the 40 largest global volcanic aerosol forcings (Sigl *et al.*,
584 2015), (b) alkenone-based SST estimates from TY2010 PC4 / ARA/ES 03-01 GC01
585 cores, (c) total solar irradiance forcing (Roth and Joos, 2013), and (d) greenhouse gas
586 forcing (MacFarling Meure *et al.*, 2006; Joos and Spahni, 2008). Vertical shaded bars
587 indicate grand solar minima (Steinhilber and Beer, 2011). The horizontal dashed line
588 indicates the mean SST value for 2k.

589

590 **Figure 5.** Spectrum analysis of alkenone temperature (this study) and TSI (Roth and
591 Joos, 2013) for the last 2k. Time series of 10-year averaged alkenone temperature
592 were used. For TSI time series, both 1-year resolution (line) and 10-year averaged
593 (dashed line) TSI values were used.

594

595 **Figure 6.** Comparisons of (a) the intensity of volcanic forcing, (b) the number of
596 occurrence of volcanic eruption per 100 years, and (c) the intensity of TSI between
597 two periods (0-1200 CE and 1200-1850). The 32 largest volcanic events for the
598 period of 0-1992 CE (Sigl et al., 2015) were used. TSI data for the last 2k (Roth and
599 Joos, 2013) were used. The box and whiskers denote the upper and lower quartiles,
600 the median, and the minimum and maximum values.

601

602 **Figure 7.** (a) June to October temperature time series of ERSST (Huang *et al.*, 2014)
603 and HadISST (Rayner *et al.*, 2003) near the core location (130°E, 36°N) and alkenone
604 temperature for the period of 1870-2010 CE, Regression map of HadISST data and
605 alkenone temperature with (b) 11-year running mean temperatures, and (c) detrended
606 temperatures. The HadISST data are from Rayner *et al.* (2003).

607

608 **Figure 8.** Time series of 10-year averaged alkenone temperature of (a) our TY2010
609 PC4 / ARA/ES 03-01 GC01 cores from the western Pacific margin, (b) PCM00-78
610 core from the eastern Pacific margin (Baja California) (O'Mara *et al.*, 2019), and (c)
611 running standard deviation (100-year window) of our alkenone temperatures and
612 those of O'Mara et al.(2019). The horizontal line indicates the mean value of each
613 record for 2k. Dashed lines represent intervals of the standard deviation, 1σ .

614

615 **Figure 9.** (a) Rainfall anomalies regressed against instrumental SST (HadISST) at the
616 core site for the period of 1948–2019. The rainfall dataset was obtained from
617 NOAA's PRECipitation REConstruction over Land (PREC/L, Chen et al., 2002). The
618 circles indicate the location of cores and caves. Time series of 10-year averaged (b)

619 alkenone temperature of our TY2010 PC4 / ARA/ES 03-01 GC01 cores in this study,
620 (c) Wanxiang cave $\delta^{18}\text{O}$ (Zhang *et al.*, 2008), (d) Shenqi cave $\delta^{18}\text{O}$ (Tan *et al.*, 2018),
621 (e) Heshang cave $\delta^{18}\text{O}$ (Hu *et al.*, 2008), and (f) Dongge cave $\delta^{18}\text{O}$ (Wang *et al.*,
622 2005). Horizontal lines indicate the mean value of each record for 2k. Dashed lines
623 represent intervals of the standard deviation 1σ .
624
625

626 **Table 1** ^{14}C ages for the ARA/ES 03-01 GC01 core
 627

Sample Depth (cm)	Material	AMS ^{14}C Age (yr BP)	Calendar Age ^a (CE)	Lab Code ^{b,c}
40-45	Pl. Foram.	125 ± 20		OS-104642
140-145	Pl. Foram.	535 ± 20	1767 ± 10	OS-104654
250-255	Pl. Foram.	670 ± 25	1619 ± 18	OS-104643
280-285	Pl. Foram.	739 ± 19	1565 ± 19	R40157/1
340-345	Pl. Foram.	820 ± 25	1453 ± 16	OS-104644
380-386	Pl. Foram.	1060 ± 20	1308 ± 16	OS-104645
450-455	Pl. Foram.	1530 ± 25	854 ± 38	OS-104646
540-545	Pl. Foram.	2214 ± 19	145 ± 39	R40157/2

628 ^aCalendar ages were converted from radiocarbon ages using Bacon 2.2 software
 629 (Blaauw and Christen, 2011).

630 ^b OS indicates the NOSAMS facility at the WHOI, USA.

631 ^c R indicates the Rafter Radiocarbon Laboratory, New Zealand.

632
 633

634 **Table 2** ^{210}Pb and ^{226}Ra activities for the NR2018 BC2 core
 635

Core ID	Sample Depth (cm)	Materials	Total ^{210}Pb (mBq/g) ^a	^{226}Ra (mBq/g) ^a	Excess ^{210}Pb (mBq/g)
NR2018 BC2 #1	1-2	Dry sediment	445 ± 13	8.4 ± 2	437
NR2018 BC2 #2	1-2	Dry sediment	487 ± 18	13.8 ± 3	473
NR2018 BC2 #2	10-11	Dry sediment	340 ± 19	11.7 ± 3.3	328
NR2018 BC2 #2	20-21	Dry sediment	290 ± 18	10.6 ± 3.4	279
NR2018 BC2 #2	30-31	Dry sediment	273 ± 15	11.9 ± 3	261
NR2018 BC2 #2	42-43	Dry sediment	197 ± 16	13 ± 3.3	184

636 ^aTotal ^{210}Pb and ^{226}Ra activities were measured at the at the Korea Basic Science
 637 Institute.
 638

639 **Table 3** Correlation coefficients between the reconstructed SST and TSI
 640

	Reconstructed SST & TSI*			
Period	140-2000	1200-2000	1500-2000	1600-2000
Correlation Coefficient	0.17**	0.23**	0.27**	0.54***

641 *: The TSI data are from Roth and Joos (2013).

642 **: 95% confidence level

643 ***: 99% confidence level

Fig. 1
Lee et al.

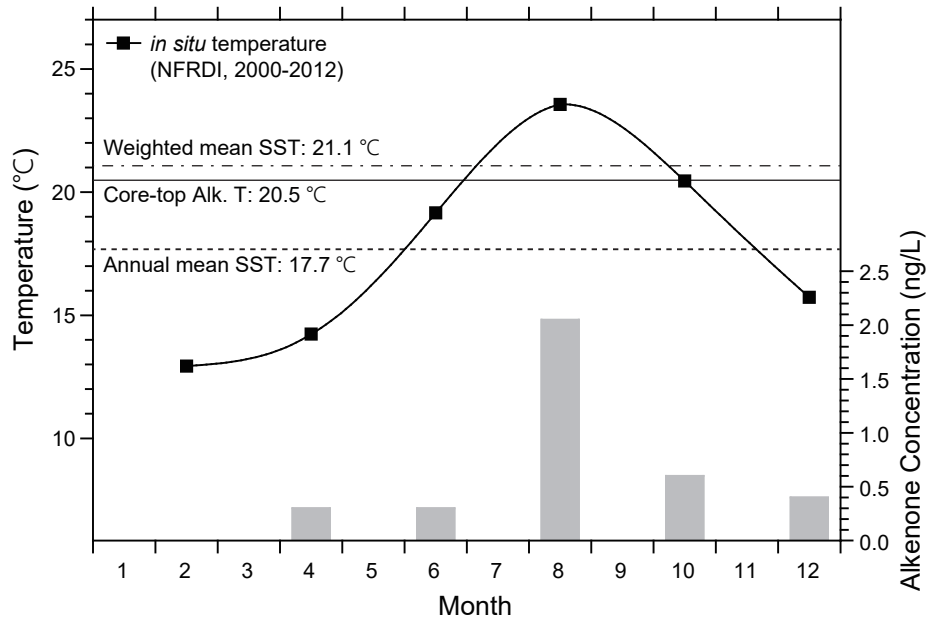


Fig. 2
Lee et al.

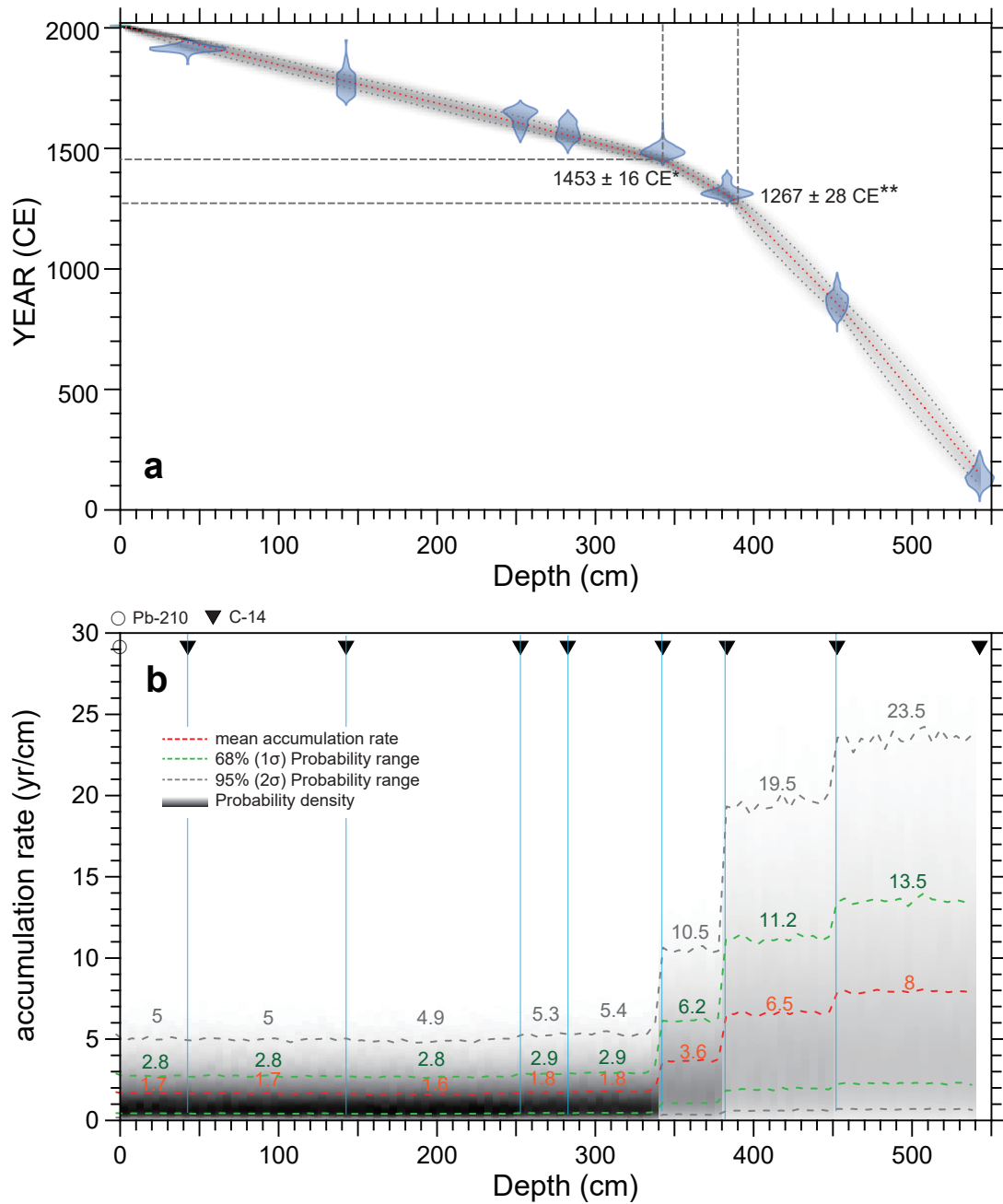


Fig. 3
Lee et al.

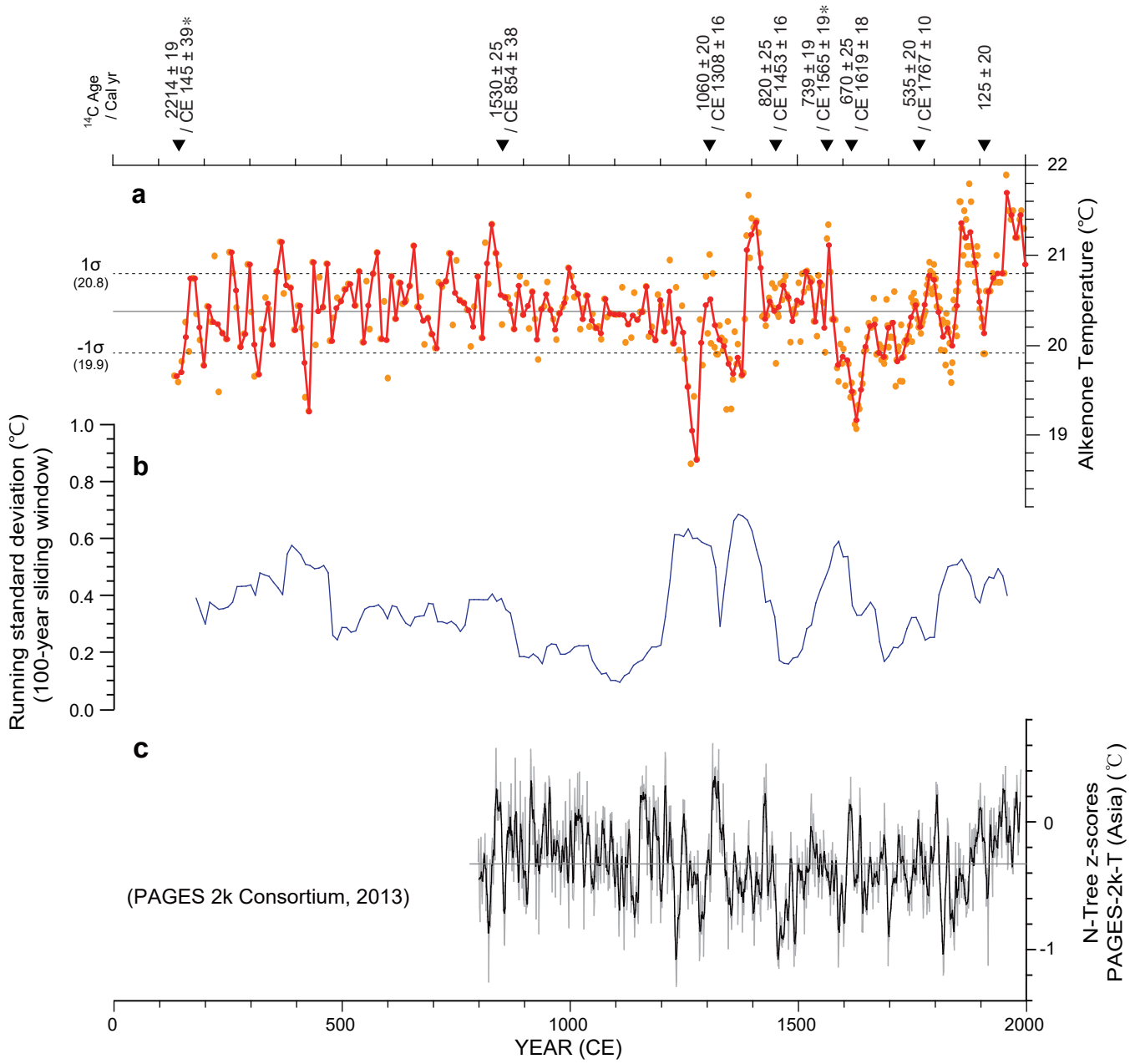


Fig. 4
Lee et al.

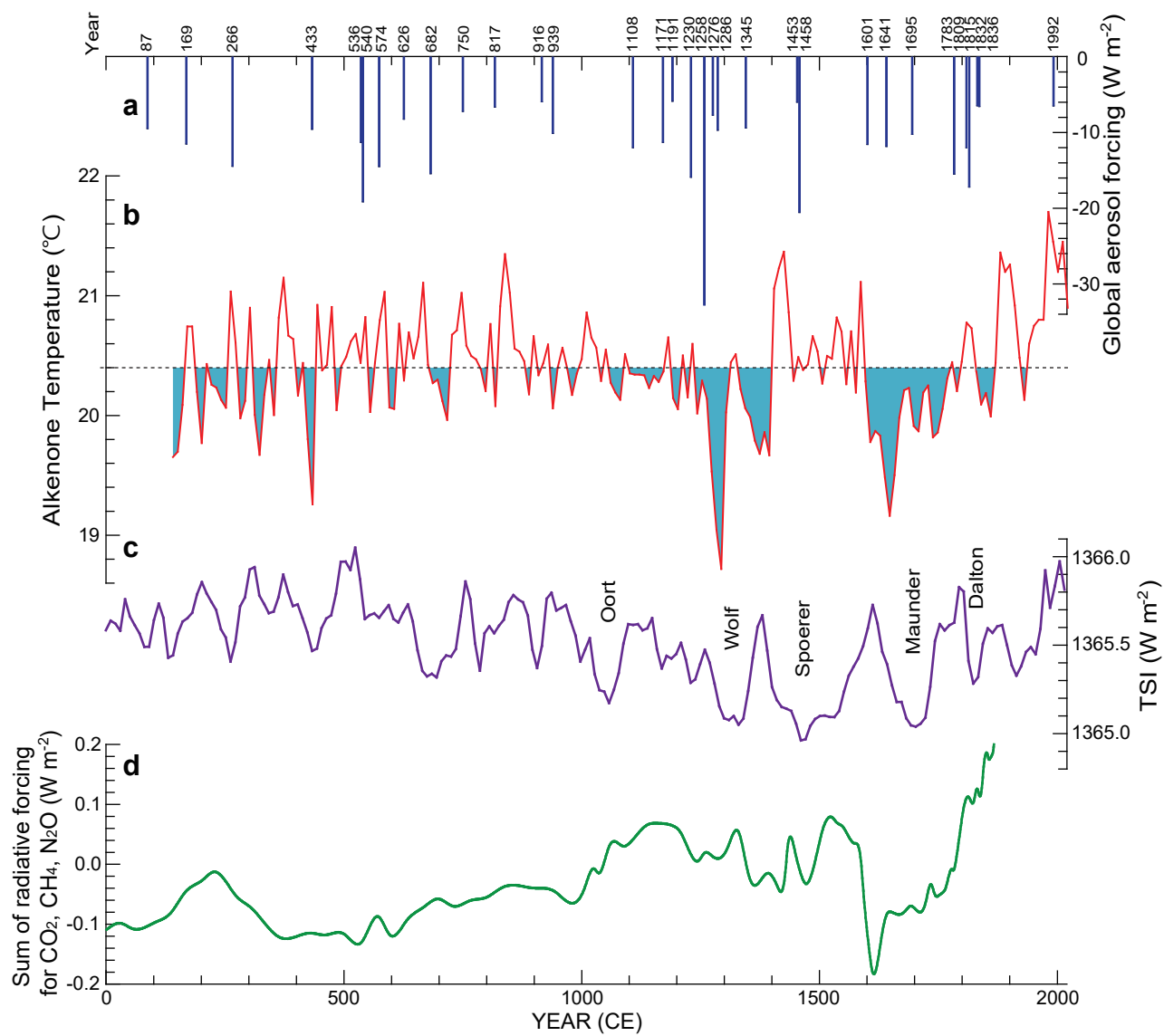


Fig. 5
Lee et al.

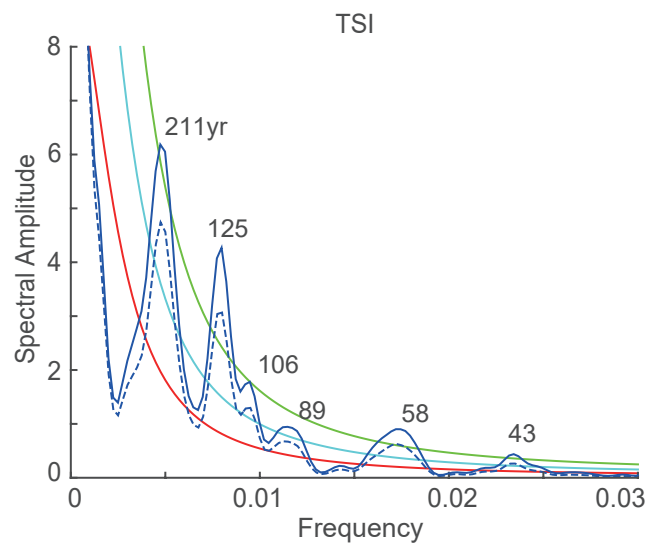
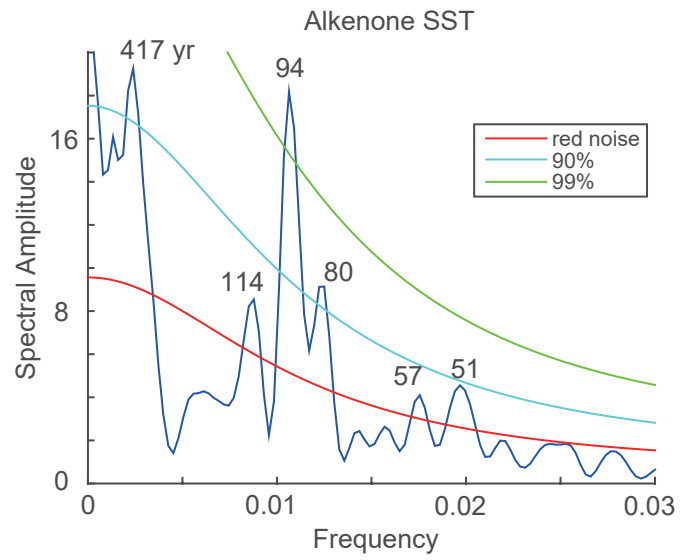


Fig. 6
Lee et al.

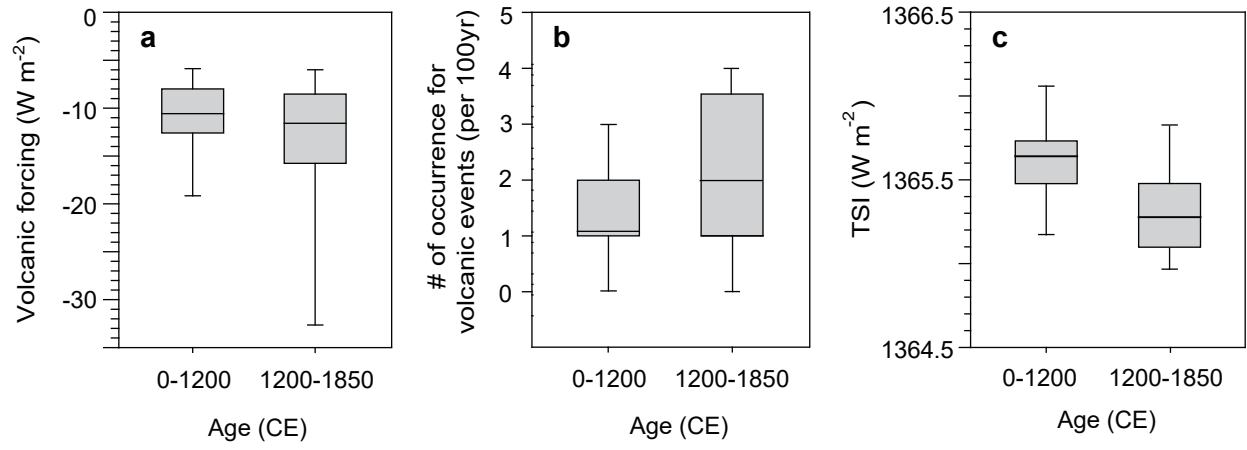
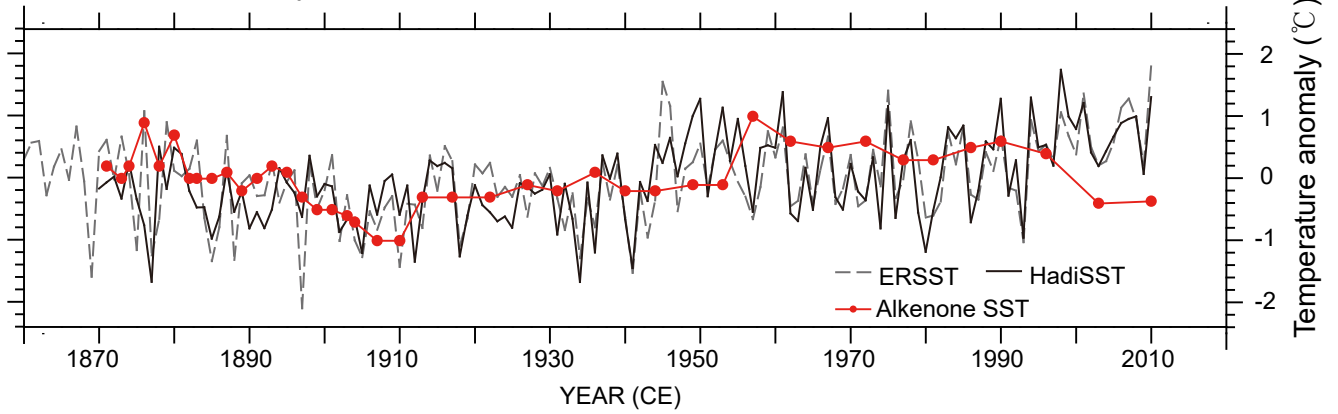
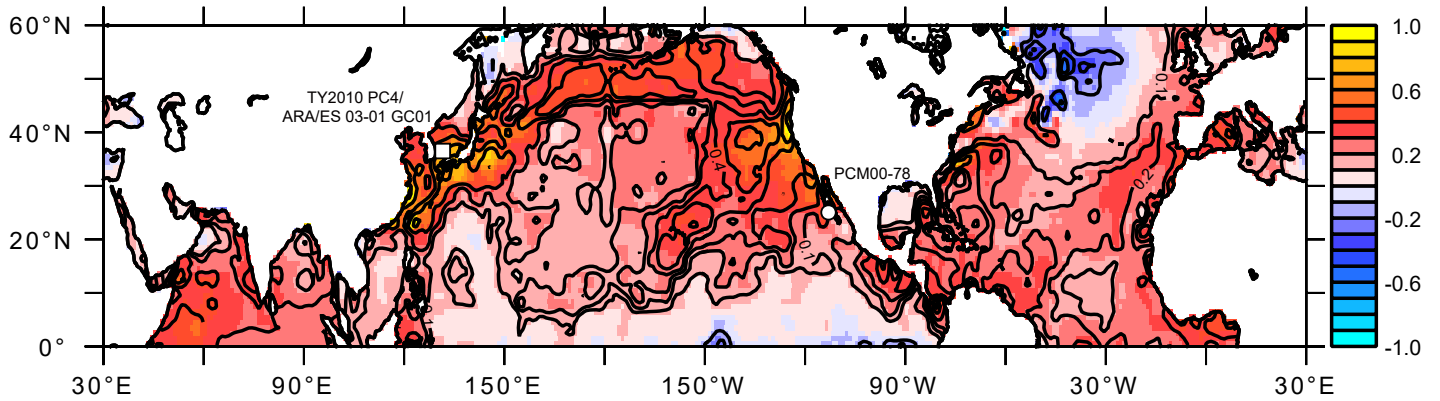


Fig. 7
Lee et al.

a Temperature anomaly



b SST regression on Alkenone Temperature(°C/°C)



c SST regression on Alkenone Temperature(°C/°C), detrended

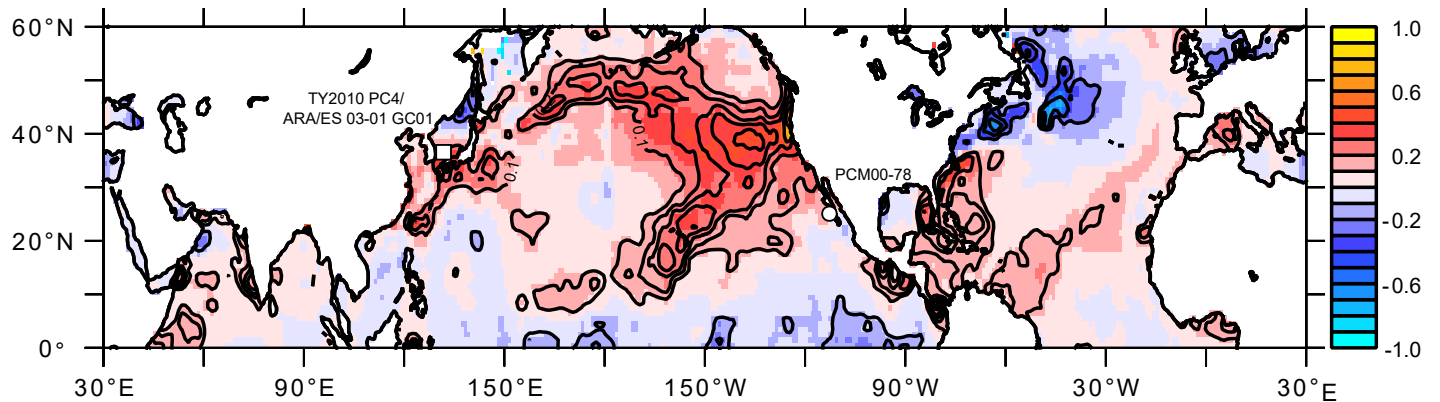


Fig. 8
Lee et al.

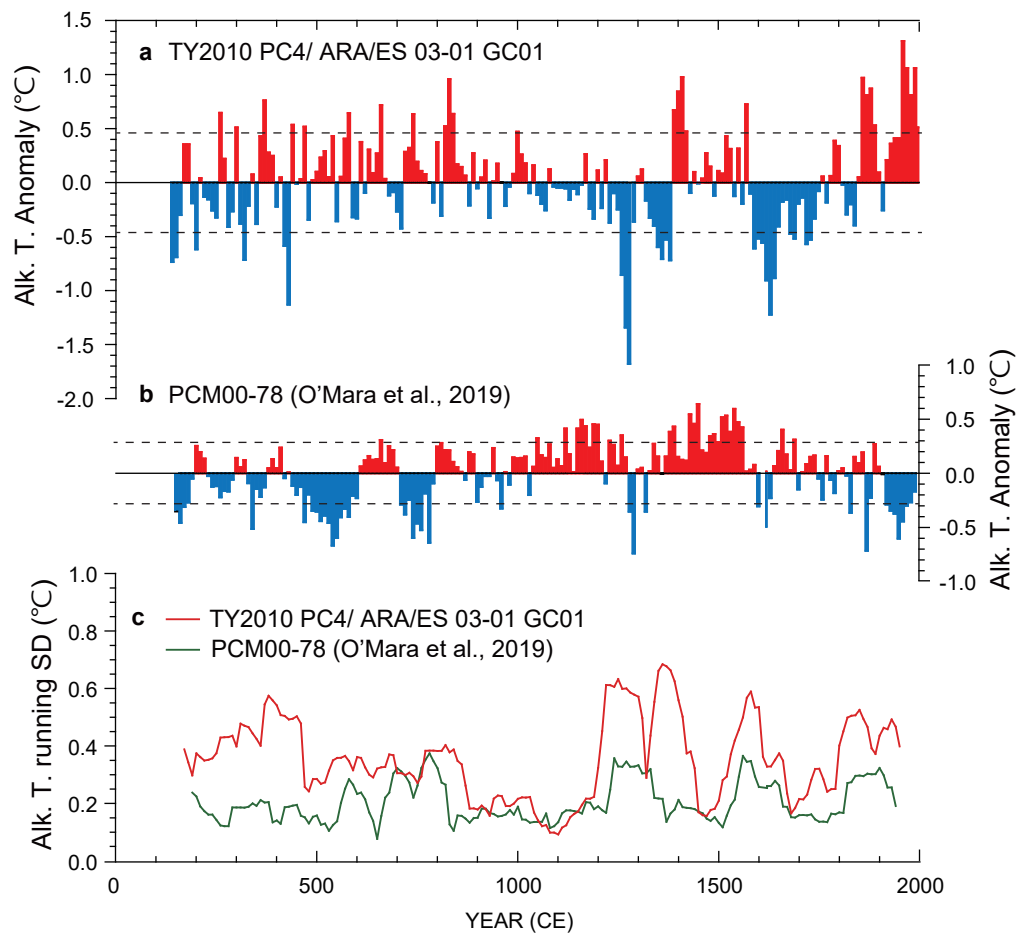


Fig. 9
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