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# Mass accumulation rates decreased in the Skagerrak basin over the last 100 years

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19 **Keywords: Temporal variability, Age-depth model, Bioturbation, North Sea, <sup>210</sup>Pb, <sup>137</sup>Cs, <sup>14</sup>C.**

## 21 **Abstract**

22 Since the 19<sup>th</sup> century, the North Sea sediment system has been subject to a dynamic hydrographic  
23 regime and intense human alteration. The Skagerrak serves as the largest depocenter for suspended  
24 sediment originating from the North Sea. Thus, deposits in the Skagerrak provide a historical record  
25 of potential shifts in the sediment cycle of the North Sea. Despite the availability of mass  
26 accumulation rate (MAR) data in the Skagerrak, previous studies focused on steady-state  
27 reconstructions and little is known about how these rates may have changed over time. To address  
28 this knowledge gap, we present age-depth models based on the natural radionuclide <sup>210</sup>Pb and the  
29 anthropogenic time markers <sup>137</sup>Cs, fraction modern <sup>14</sup>C (F<sup>14</sup>C) and mercury (Hg) to determine the  
30 MAR before and after the year 1963 at six stations in the deep Skagerrak basin between 434 and 677  
31 meters water depth. We applied 1963 as the boundary since this year is constrained by <sup>137</sup>Cs and F<sup>14</sup>C  
32 peaks in the sediment cores due to atomic weapons testing and changes in sedimentary Hg contents.

33 Our primary result reveals that the MAR in the deep Skagerrak basin decreased from 0.17 to 0.14 g  
34  $\text{cm}^{-2} \text{yr}^{-1}$  averaged across the stations. We further simulate the effect of bioturbation on the solid  
35 phase profiles by applying a reaction transport model to the data, revealing that the decline in MAR  
36 is more pronounced when bioturbation is considered (from 0.17 to 0.09  $\text{g cm}^{-2} \text{yr}^{-1}$ ). Decreasing  
37 MARs in the Skagerrak basin indicate that the sediment system of the North Sea substantially  
38 changed over time. Possible reasons include a shift in the North Sea circulation pattern, enhanced  
39 sediment trapping in the Wadden Sea and reduced sediment inputs due to river damming, deepening  
40 of harbor channels and coastal protection. However, we stress that our data do not allow for a  
41 quantitative analysis of the major driving factors behind the temporal variability of sediment cycling.  
42 Hence, we recommend combining our results with information on the provenance of the Skagerrak  
43 deposits and integrating the Skagerrak data into larger-scale physical models that consider non-steady  
44 state particle transport in the North Sea.

45

## 46 **1. Introduction**

47 The sediment dynamics of the North Sea region are driven by several factors, including circulation  
48 patterns, waves, tides, storms, riverine discharge, and coastal erosion (Stride, 1982; Eisma and Irion,  
49 1988; Green et al., 1995; Elliott et al., 1998; Holland and Elmore, 2008; Stanev et al., 2009; Fettweis  
50 et al., 2010; Dangendorf et al., 2014). However, the sediment cycle is regulated not just by natural  
51 processes but also by multiple human activities including bottom trawling (Eigaard et al., 2017;  
52 ICES, 2020; Rijnsdorp et al., 2020), dredging and sediment extraction (De Groot, 1986; ICES, 2019;  
53 Mielck et al., 2019), the construction of offshore wind farms (Baeye and Fettweis, 2015; Slavik et al.,  
54 2019; Daewel et al., 2022; Heinatz and Scheffold, 2023), coastal protection and land reclamation  
55 (Kelletat, 1992; Hoeksema, 2007; Hofstede, 2008), river damming (IKSE, 2005; Lange et al., 2008;  
56 IKSE, 2012; Hübner and Schwandt, 2018) and eutrophication (Pätsch et al., 2010; Skogen et al.,  
57 2014; Axe et al., 2017). Since 1900, these human activities and their environmental impact notably  
58 increased in the North Sea region (ICES, 2018, 2019, 2020; OSPAR, 2023). Hence, the sediment  
59 system of the North Sea may have undergone changes over time due to natural and human processes,  
60 considering the economic pressure, the region's dynamic environment and the impact of climate  
61 change.

62 The sediment cycle governs the cycling of elements and compounds in the ocean, such as organic  
63 carbon (OC), nutrients and pollutants. Hence, both human and natural impacts may also affect the  
64 biogeochemistry of the North Sea. For instance, disturbance of the seafloor reintroduces sedimentary  
65 OC into the oxygenated water column, which can enhance OC respiration rates and modify the  
66 atmospheric  $\text{CO}_2$  uptake by the ocean. The degree of sedimentary OC loss due to bottom trawling  
67 (Bradshaw et al., 2021; Sala et al., 2021; Hiddink et al., 2023) and the balance between OC loss and  
68 OC trapping in wind park areas (Heinatz and Scheffold, 2023) are currently debated. Hence, it is  
69 crucial to assess how the sedimentary system of the North Sea may have changed over time to  
70 safeguard its ecological value and establish a baseline for resource management plans.

71 Approximately 45 - 80 % of the total suspended sediment input to the North Sea accumulates in the  
72 Skagerrak (Oost et al., 2021; Spiegel et al., 2024a). Hence, the sedimentary archives of the Skagerrak  
73 mirror the sediment system of the entire North Sea region under changing environmental conditions.  
74 Despite the large amount of available sedimentary records for the Skagerrak (Erlenkeuser and  
75 Pederstad, 1984; Bjørnstad et al., 1985; Erlenkeuser, 1985; van Weering et al., 1987, 1993; Paetzel et  
76 al., 1994; Alve, 1996; Bøe et al., 1996; Ståhl et al., 2004; Deng et al., 2020), little is known about the

77 temporal variability of sediment transport into the Skagerrak. In this study, we investigate how mass  
78 accumulation rates (MAR) at six stations in the deep Skagerrak basin have changed over time based  
79 on age-depth modeling. Therefore, we determined mean MARs in surface sediments deposited since  
80 1963 and mean MAR in subsurface sediments deposited prior to 1963 using anthropogenic time  
81 markers and the natural radionuclide  $^{210}\text{Pb}$ , respectively. In the upper part of the sediment cores, age-  
82 depth relationships were obtained from data on caesium-137 ( $^{137}\text{Cs}$ ), fraction modern carbon-14  
83 ( $\text{F}^{14}\text{C}$ ) and mercury (Hg), which serve as time markers of the year 1963. The activity peaks of  $^{137}\text{Cs}$   
84 and  $\text{F}^{14}\text{C}$  reflect the atmospheric nuclear weapon tests that were most prevalent in 1963 (van Weering  
85 et al., 1993; Deng et al., 2020), while the peaks in Hg concentrations result from its economic  
86 utilization prior to regulations between 1960 and 1970 (Leipe et al., 2013; Moros et al., 2017;  
87 Polovodova Asteman et al., 2018). However, benthic organisms can alter the time marker signals by  
88 feeding, burrowing and particle mixing in marine sediments, a process which is summarized as  
89 bioturbation (Richter, 1952; Rhoads, 1974; Aller, 1982; Meysman et al., 2006). In order to  
90 understand the effect of bioturbation on the MAR in the upper sediment section, we present a  
91 reaction transport model that simultaneously calculates the burial of solids and sediment mixing by  
92 bioturbation. Below the time marker depths, the constant flux constant sedimentation (CFCS) model  
93 is applied to excess lead-210 ( $^{210}\text{Pb}_{\text{ex}}$ ) data (Krishnaswamy et al., 1971; Sanchez-Cabeza and Ruiz-  
94 Fernández, 2012) to derive age-depth relationships. This approach of virtually splitting the sediment  
95 core into two sections allows for the determination of average MARs before and after the year 1963  
96 to present a general temporal trend for sediment deposition in the Skagerrak basin. Subsequently, we  
97 discuss the MAR temporal variability within the Skagerrak basin in relation to potential driving  
98 forces that could have altered the sediment system of the North Sea.

99

## 100 2. Study area

101 The Skagerrak strait is located between Denmark, Norway and Sweden and links the North Sea and  
102 the Kattegat with a maximum water depth of approximately 700 meters (Fig. 1a). Surface waters in  
103 the Skagerrak circulate anticlockwise. Water from the North Sea enters the Skagerrak through the  
104 Tampen Bank Current and the Central North Sea Current from the north and west and through the  
105 Jutland Current from the south, which, together with the Baltic Current, results in the outflowing  
106 Norwegian Coastal Current leaving the Skagerrak to the north (Rodhe, 1987, 1996; van Weering et  
107 al., 1987; Otto et al., 1990). Annual total sediment deposition in the Skagerrak amounts to about 35  
108  $\text{Mt yr}^{-1}$  (Spiegel et al., 2024a). Skagerrak sediments are characterized by a large lateral input of  
109 mostly lithogenic material from the North Sea (van Weering et al., 1993; De Haas and van Weering,  
110 1997; Spiegel et al., 2023, 2024a). The sediment composition comprises fine-grained silt and clay  
111 sediments in the deeper parts of the Skagerrak, where current velocities decrease and the fine  
112 material can settle. In contrast, sandy deposits (<40% clay) reflect sediment erosion and  
113 transportation along the more energetic Danish coastlines (Bergsten et al., 1996; Stevens et al.,  
114 1996). On a larger scale, the Skagerrak is connected to the currents in the North Sea (Fig. 1b). Water  
115 that is transported into the North Sea through the northern Atlantic entrance is split into two currents.  
116 The first one, the Dooley Current, flows eastwards and supplies the Central North Sea Current, which  
117 carries the water further into the Skagerrak. Furthermore, the Dooley Current combines with the  
118 water inflow from the Tampen Bank area forming a deep water current at 200 - 400 meters water  
119 depth at the southern Norwegian Trench transporting water into the Skagerrak (Rodhe, 1996). This  
120 current likely represents a major source of the suspended matter that settles in the deep Skagerrak  
121 basin (Rodhe and Holt, 1996). The second current, the Scottish Coastal Current, moves southwards  
122 until it converges with the inflow of Atlantic water from the English Channel in the southern North

123 Sea. The resulting water mass is transported northwards via the Jutland Current to the Skagerrak  
124 (Otto et al., 1990; Rodhe, 1998; Winther and Johannessen, 2006).

125

### 126 **3. Material and methods**

#### 127 **3.1 Sampling**

128 We present data from six stations (434 to 677 meters water depth) in the Skagerrak basin. Sampling  
129 was performed during two research cruises with R/V Alkor, AL557 in June and AL561 in August  
130 2021, respectively (Schmidt, 2021; Thomas et al., 2022). At each station, a short sediment core was  
131 recovered (<50cm) using a multiple-corer (MUC). Sediment samples for porosity and solid phase  
132 analysis were taken at every centimeter of the MUCs, whereby the entire material over the core  
133 surface area (63.6 cm<sup>2</sup>) of each interval was transferred into whirlpacks. The samples were stored  
134 refrigerated at 4°C until further home-based processing.

135

#### 136 **3.2 Analytical techniques**

137 Wet sediment samples were weighted, subsequently freeze-dried and weighed again to determine wet  
138 and dry sediment mass. Porosity in the sediment samples was determined from the loss of water after  
139 freeze-drying assuming a density of dry solids of 2.5 g cm<sup>-3</sup>. For the analysis of <sup>210</sup>Pb and <sup>137</sup>Cs, the  
140 freeze-dried sediment was homogenized and subsequently embedded into containers that were sealed  
141 with a two-component epoxy resin. Steady-state equilibration between <sup>226</sup>Ra and <sup>214</sup>Pb was achieved  
142 by storing the samples for two weeks. Analysis of total <sup>210</sup>Pb and <sup>137</sup>Cs activities was carried out by  
143 gamma spectrometry on n-type planar or coaxial Ge-detectors at GEOMAR (MUC5), IOW  
144 Warnemünde (MUC2, MUC7 and MUC8), Göttingen (St.65) and IAF Dresden (MUC9). The natural  
145 background decay of <sup>226</sup>Ra (295 keV) in marine sediments was subtracted from the total <sup>210</sup>Pb  
146 activities to obtain the excess <sup>210</sup>Pb (<sup>210</sup>Pb<sub>ex</sub>) values.

147 Radiocarbon analyses were performed on benthic infaunal foraminiferal assemblages at stations  
148 MUC2, MUC7 and MUC8. Sediment samples were gently washed through a 63 µm sieve and  
149 subsequently dried at 40°C. Only well-preserved individuals were collected and subsequently sorted  
150 by species. The foraminiferal species used in this study have been described in detail in the literature  
151 and included *Bolivina skagerrakensis*, *Bulimina marginata*, *Uvigerina mediterranea*, *Ammonia beccari*  
152 *batavus*, *Melonis barleeanum* and *Nonionellina labradorica* (van Weering and Qvale, 1983; Qvale and  
153 Nigam, 1985; Nordberg and Bergsten, 1988; Conradsen et al., 1994; Heier-Nielsen et al., 1995; Alve,  
154 1996; Bergsten et al., 1996; Hass, 1996; Gyllencreutz et al., 2006). Radiocarbon analyses were  
155 performed using a MICADAS micro-scale AMS following standard procedures as described in  
156 Mollenhauer et al. (2021). Samples were processed by acid hydrolysis of foraminifera tests  
157 containing between 59 and 96 µg carbon in a CHS system directly connected to the MICADAS via  
158 the Gas Interface System (Wacker et al., 2013). Results were reported as fraction modern (F<sup>14</sup>C)  
159 expressed relative to the atmospheric <sup>14</sup>C content in 1950 (Reimer et al., 2004).

160 The content of Hg was measured in 20 - 100 mg of dried sediment at every centimeter using a DMA-  
161 80 Analyser from MLS Company, following the method described in Leipe et al. (2013). The



162 certified reference material CRM (BCR) 142R and the soil standard SRM 2709 were used for  
163 calibration. For further details on the method and data quality, see Leipe et al. (2013).

164 Bulk sediment grain-size distributions were determined for each station except St.65. A volume of  
165 1.5 cm<sup>3</sup> was sampled equidistantly from each centimeter slice of the sediment cores. Samples were  
166 treated with 10% - 30% hydrogen peroxide and 60% acetic acid to dissolve organic and carbonate  
167 compounds. Subsequently, samples were dispersed in water using tetra-sodium diphosphate  
168 decahydrate. Grain-size distributions were determined at the CEN, University of Hamburg, with a  
169 laser-diffraction particle-sizer (Sympatec HELOS/KF Magic; range 0.5/18 to 3500 µm). Accuracy of  
170 measurements and absence of a long-term instrumental drift were ensured by regular analysis of an  
171 in-house standard (standard deviation for mean grain size and D<sub>50</sub> over the analysis period was < 1.1  
172 µm). Statistical evaluation of grain-size distributions was based on the graphical method (Folk and  
173 Ward, 1957), calculated using Gradistat (Blott and Pye, 2001).

174

### 175 **3.3 Age-depth modeling**

#### 176 **3.3.1 Modeling approach**

177 In order to derive a general temporal trend of the MAR in the Skagerrak basin, the sediment cores  
178 were divided into a surface section and a deep section and the MARs were determined in both  
179 sections individually. The boundary between the sections was defined by the activity or concentration  
180 peaks of the time marker triplet <sup>137</sup>Cs, Hg and F<sup>14</sup>C that relate a certain sediment depth in each core  
181 to the year 1963. The time marker triplet was assumed to represent the year 1963 since <sup>137</sup>Cs and  
182 F<sup>14</sup>C were excessively introduced into the atmosphere by nuclear weapon tests in this year (van  
183 Weering et al., 1993; Deng et al., 2020) and economic utilization of Hg was regulated between 1960 -  
184 1970 (Leipe et al., 2013; Moros et al., 2017; Polovodova Asteman et al., 2018). The MAR in the  
185 upper section was determined by the total accumulated dry sediment mass in the sediment core up to  
186 the sediment depth of the time marker peak. In the absence of a further time marker below the 1963  
187 peaks, age-depth relationships in the deeper sediment section were derived based on the continuous  
188 decay of <sup>210</sup>Pb<sub>ex</sub> in the sediments (Krishnaswamy et al., 1971; Robbins and Edgington, 1975;  
189 Appleby and Oldfieldz, 1983). Here, we applied the CFCS model following the workflow presented  
190 in Sanchez-Cabeza and Ruiz-Fernández (2012). Given that the dry mass was used to determine the  
191 MARs in both sections, our calculations consider the effect of compaction on marine sediments.  
192 However, sediment mixing (i.e. bioturbation) in surface sediments is neglected applying this  
193 approach. Hence, we further set up a reaction transport model to simulate the potential effects of  
194 bioturbation on the time marker profiles in the upper sediments. It is important to note that the  
195 methodology employed to derive the MARs from two self-chosen sediment core sections does not  
196 reflect the actual timing, magnitude and number of MAR changes that may have occurred in the  
197 natural system. Instead, we present a general temporal trend across the stations in the Skagerrak basin  
198 by comparing the MARs before and after the year 1963.

199

#### 200 **3.3.2 Upper sediment section**

201 The MAR in the upper sediment section was calculated as:

$$\text{MAR} = \frac{\sum M}{S \cdot (T_0 - 1963)} \quad (1)$$

where  $\sum M$  is the sum of the measured dry sediment masses up to the observed depth of the  $^{137}\text{Cs}$  peak,  $S$  is the surface area of the MUCs ( $63.3 \text{ cm}^2$ ), 1963 corresponds to the year defined by the  $^{137}\text{Cs}$  peak and  $T_0$  denotes the time of sample collection (year, in A.D.).

206

### 207 3.3.3 Deep sediment section

208 The MAR in the sediment section below the depth of the time marker peaks was determined based on  
 209 the CFCS method following the workflow presented in Sanchez-Cabeza and Ruiz-Fernández (2012).  
 210 Assuming no post-depositional redistributions and constant  $^{210}\text{Pb}$  fluxes to the sediments, the MAR  
 211 can be derived from linear regression analysis relating the logarithmic  $^{210}\text{Pb}_{\text{ex}}$  activities to mass  
 212 depths (Fig. 2). The MAR was then calculated as:

$$\text{MAR} = \frac{-\lambda}{m} \quad (2)$$

214 where  $\lambda$  is the decay constant of  $^{210}\text{Pb}$  ( $0.03118 \text{ yr}^{-1}$ ) and  $m$  is the slope of the linear regression fit of  
 215 the logarithmic  $^{210}\text{Pb}_{\text{ex}}$  activity and mass depth plot. Mass depth refers to the sum of dry sediment  
 216 masses above the sampled depth in the sediment core.

217

### 218 3.3.4 Reaction transport model description

219 In order to simulate the effect of bioturbation on the MARs, we applied a numerical reaction  
 220 transport model to the data of the upper sediment section. Such models have been widely used to  
 221 mathematically describe sedimentation and mixing processes based on downcore  $^{210}\text{Pb}_{\text{ex}}$  and  $^{137}\text{Cs}$   
 222 distributions (Peng et al., 1979; Boudreau, 1986; Robbins, 1986; Crusius and Kenna, 2007). They  
 223 typically consist of transport and reaction terms that determine how the concentrations of  
 224 sedimentary constituents vary over space and time. In this model, the transport processes included the  
 225 burial of solids affected by sediment compaction and solid phase mixing by bioturbation, which were  
 226 treated as downward-directed advection and as diffusive transport along concentration gradients,  
 227 respectively. The decay of the radioisotopes represents the reactions in the model. As such, the down-  
 228 core distributions of  $^{210}\text{Pb}_{\text{ex}}$ ,  $^{137}\text{Cs}$ ,  $\text{F}^{14}\text{C}$  and Hg were calculated with the following one-dimensional  
 229 partial differential equation:

$$\text{ds}(1 - \phi) \frac{\partial C}{\partial t} = \frac{\partial}{\partial x} \left( \text{ds}(1 - \phi) D_B \frac{\partial C}{\partial x} - \text{ds}(1 - \phi) u_s C \right) - \text{ds}(1 - \phi) \lambda_c C \quad (3)$$

231 where  $C$  is the activity or concentration,  $\text{ds}$  is the density of dry solids ( $2.5 \text{ g cm}^{-3}$ ),  $\phi$  is porosity,  $D_B$   
 232 is the bioturbation coefficient,  $u_s$  is the burial velocity and  $\lambda_c$  are the decay constants of  $^{137}\text{Cs}$  ( $0.023$   
 233  $\text{yr}^{-1}$ ),  $\text{F}^{14}\text{C}$  ( $0.00012 \text{ yr}^{-1}$ ) and Hg ( $0 \text{ yr}^{-1}$ , no decay), respectively. Bioturbation was treated as  
 234 biodiffusive intraphase mixing in this equation as described in Boudreau (1997). The change of the  
 235 bioturbation rate with depth was described as:

$$D_B = D_{B0} \cdot \exp\left(-\frac{x^2}{2 \cdot x_B^2}\right) \quad (4)$$

237 where  $D_{B0}$  is the bioturbation coefficient at the sediment-water interface and  $x_B$  controls the  
238 bioturbation mixing depth.

239 Steady-state sediment compaction was considered in the model by using the following function to fit  
240 the porosity data (Bernier, 1980):

$$\phi = \phi_c + (\phi_0 - \phi_c)^{(-x \cdot p_x)} \quad (5)$$

242 where  $\phi_0$  is the porosity at the sediment surface,  $\phi_c$  is the porosity in compacted sediment and  $p_x$  is  
243 the attenuation coefficient. Burial velocities were described as:

$$u_s = \frac{SR \cdot (1 - \phi_c)}{(1 - \phi)} \quad (6)$$

245 where  $SR$  is the sedimentation rate after compaction.

246 Upper boundary conditions for  $^{210}\text{Pb}_{\text{ex}}$ ,  $^{137}\text{Cs}$ ,  $\text{F}^{14}\text{C}$  and  $\text{Hg}$  were set as temporally variable fluxes to  
247 the seafloor:

$$\text{FC}(t) = \text{MAR}(t) \cdot C_0(t) \quad (7)$$

249 where  $\text{FC}(t)$  is the flux to the seafloor and  $C_0(t)$  is the activity or concentration in settling particles. In  
250 the case of  $^{210}\text{Pb}_{\text{ex}}$ , a constant  $^{210}\text{Pb}_{\text{ex}}$  activity in particles settling to the seafloor was assumed  
251 following the CIC method (Appleby and Oldfieldz, 1983; Sanchez-Cabeza and Ruiz-Fernández,  
252 2012). Hence,  $C_0(t)$  in Eq. 7 was set temporally constant and we refer to it as  $\text{Pb}_0$  in the following.  
253 The value of  $\text{Pb}_0$  is typically determined by extrapolating the  $^{210}\text{Pb}_{\text{ex}}$  data towards the sediment  
254 surface using exponential regression (Sanchez-Cabeza and Ruiz-Fernández, 2012). However,  
255 sediment mixing was assumed to occur within the upper part of the sediment cores, which can lead to  
256 uncertainty in such extrapolations. Hence,  $\text{Pb}_0$  was chosen to be a fitting parameter for  $^{210}\text{Pb}_{\text{ex}}$  in the  
257 model simulations. For the time markers  $^{137}\text{Cs}$  and  $\text{Hg}$ ,  $C_0(t)$  was determined using an interpolation  
258 function that was fitted to time series data presented in previous studies for atmospheric deposition of  
259  $^{137}\text{Cs}$  in the northern hemisphere (García Agudo, 1998) and global  $\text{Hg}$  emissions into the atmosphere  
260 (Hylander and Meili, 2003; Streets et al., 2011). The period of enhanced  $\text{Hg}$  input corresponding to  
261 the extensive American gold mining period between 1860 and 1920 was not considered in our model,  
262 as the  $\text{Hg}$  data in the sediment cores did not reflect this input. For  $\text{F}^{14}\text{C}$ , we approximated  $C_0(t)$  with  
263 dissolved inorganic radiocarbon concentrations of surface water ( $\text{F}^{14}\text{C}_{\text{DIC}}$ ) simulated using the ocean  
264 general circulation model FESOM2 (Danilov et al., 2017; for the implementation of  $\text{F}^{14}\text{C}_{\text{DIC}}$  see  
265 Lohmann et al., 2020; Butzin et al., 2023). The model considered  $\text{F}^{14}\text{C}_{\text{DIC}}$  as a single abiotic tracer  
266 which was connected with the carbon cycle only through  $^{14}\text{CO}_2$  air-sea exchange calculated  
267 according to Wanninkhof (2014) and assuming a homogeneous concentration of  $2000 \text{ mmol m}^{-3}$  of  
268 DIC in surface water following Toggweiler et al. (1989). FESOM2 was run from 1850 CE to 2015  
269 CE with prescribed periodic climate forcing (Large and Yeager, 2009) as well as with transient  
270 values of atmospheric  $\text{CO}_2$  (Meinshausen et al., 2017) and  $\text{F}^{14}\text{C}$  (Graven et al., 2017), starting from  
271 preindustrial conditions determined in a previous study (Lohmann et al., 2020). Overall, the  
272 simulated anthropogenic  $\text{F}^{14}\text{C}_{\text{DIC}}$  distribution was in line with global observations (Key et al., 2004;  
273 Butzin et al., 2021). FESOM2 employs unstructured meshes with variable horizontal metric



274 resolution. Here, the resolution was about 127,000 surface nodes in the horizontal and 47 layers in  
 275 the vertical. The model results were remapped to regular geographical coordinates and evaluated  
 276 nearest to the core sites. The temporal variability of  $C_0(t)$  for  $^{137}\text{Cs}$ ,  $\text{F}^{14}\text{C}$  and Hg that were used to  
 277 calculate upper boundary fluxes and the calculated upper boundary fluxes for all parameters are  
 278 shown in the supplement (Fig. S1, S2). At the lower model boundary (50 cm), a zero gradient  
 279 condition was imposed for all model variables.

280 In total, seven parameters (MAR,  $\text{Pb}_0$ ,  $\phi_0$ ,  $\phi_c$ ,  $p_x$ ,  $\text{DB}_0$ ,  $x_B$ ) were adjusted to fit the porosity,  $^{210}\text{Pb}_{\text{ex}}$   
 281  $^{137}\text{Cs}$ ,  $\text{F}^{14}\text{C}$  and Hg data in the upper sediment section. The parameters  $\phi_0$ ,  $\phi_c$  and  $p_x$  were determined  
 282 by visually fitting the measured porosity data (Fig. 3). The MAR,  $\text{Pb}_0$ ,  $\text{DB}_0$  and  $x_B$  parameters were  
 283 first evaluated by a Monte Carlo-type approach (3000 runs) after Dale et al. (2021). For each Monte  
 284 Carlo run, a random configuration of the three parameters was selected within the ranges of 0.05 to  
 285  $0.3 \text{ g cm}^{-2} \text{ yr}^{-1}$  for the MAR, 10 to  $45 \text{ dpm g}^{-1}$  for  $\text{Pb}_0$ , 2 to  $30 \text{ cm}^2 \text{ yr}^{-1}$  for  $\text{DB}_0$  and 1 to 6 cm for  $x_B$ .  
 286 The ranges were chosen based on initial test runs and literature values. The goodness of fit of each  
 287 configuration was evaluated by the sum of least square errors between modeled and measured  $^{210}\text{Pb}_{\text{ex}}$   
 288 and  $^{137}\text{Cs}$  data. The average of the ten configurations with the minimum sum of least square errors  
 289 was used as an approximation for the MAR,  $\text{Pb}_0$ ,  $\text{DB}_0$  and  $x_B$  values. In a second step, this  
 290 configuration was further fine-tuned by visually fitting the measured data, with an emphasis on  
 291 fitting the exact position of the  $^{137}\text{Cs}$  peak. The model results and best-fit values of the adjustable  
 292 variables are summarized in Table 2. The model simulations were run using the partial differential  
 293 equation solver implemented in Mathematica 12.2. Mass conservation was  $> 99 \%$  in all model runs.

294

### 295 3.3.5 Uncertainty assessment of the MAR calculations

296 The MAR calculation of the upper sediment section depended on the measured dry sediment weight,  
 297 the surface area of the sediment core and the depth of the time marker peaks. The utilized weight  
 298 scale was a Sartorius precision weight scale 120S with a measurement uncertainty of less than 0.02%  
 299 relative standard deviation (RSD). A 2% RSD was employed for the surface area of the sediment  
 300 cores following Sanchez-Cabeza and Ruiz-Fernández (2012). Given that the time marker activities or  
 301 concentrations were measured at every centimeter, we assumed an uncertainty of 0.5 centimeters for  
 302 the peak position, which relates to a 2.2 - 4.0% RSD between the different stations. Total  
 303 uncertainties were propagated as follows:

$$304 \quad u(\text{MAR}_{\text{top}}) = \text{RSD}_{\text{wt}} + \text{RSD}_{\text{area}} + \text{RSD}_{\text{depth}} \quad (7)$$

305 Where  $u(\text{MAR}_{\text{top}})$  is the uncertainty of MARs in the upper sediment section and  $\text{RSD}_{\text{wt}}$ ,  $\text{RSD}_{\text{area}}$  and  
 306  $\text{RSD}_{\text{depth}}$  are the uncertainties of the weight scale, surface area of the sediment core and depth of the  
 307 time marker peak, respectively. In total, the uncertainty of the calculated MARs in the upper  
 308 sediment section was 4.2 - 6.0% RSD or  $0.006 - 0.009 \text{ g cm}^{-2} \text{ yr}^{-1}$ .

309 The MARs in the upper section were further dependent on how bioturbation affects the solid phase  
 310 profiles of the time markers. Bioturbation was simulated using a reaction transport model (Eq. 3 - 7).  
 311 The uncertainties of the MARs resulting from the model simulations were determined by the standard  
 312 error between the modeled and measured  $^{210}\text{Pb}$  data and the uncertainty of the  $^{210}\text{Pb}$  decay constant.  
 313 Total uncertainties were then propagated as follows:

$$314 \quad u(\text{MAR}_{\text{rtm}}) = \text{RSE}_{\text{model}} + \text{RSD}_{\lambda} \quad (8)$$

315 Where  $u(\text{MAR}_{\text{rtm}})$  is the uncertainty of MARs in the upper section using the reaction transport model,  
 316  $\text{RSE}_{\text{model}}$  is the relative standard error of the modeled  $^{210}\text{Pb}$  data and  $\text{RSD}_{\lambda}$  is the RSD of the decay  
 317 constant  $\lambda$ , which is 0.5% (Sanchez-Cabeza and Ruiz-Fernández, 2012). The relative standard error  
 318 between modeled and measured  $^{210}\text{Pb}$  data varied between 9 and 24 %RSE at the different stations,  
 319 resulting in a total uncertainty of 9 - 25% RSD or  $0.007 - 0.026 \text{ g cm}^{-2} \text{ yr}^{-1}$ .

320 The uncertainty of the MAR calculation in the lower sediment section was dependent on the standard  
 321 error of the linear regression and the uncertainty of the  $^{210}\text{Pb}$  decay (Sanchez-Cabeza and Ruiz-  
 322 Fernández, 2012):

$$323 \quad u(\text{MAR}_{\text{bottom}}) = \text{MAR} * \sqrt{\left(\frac{u(\text{LR})}{\text{LR}}\right)^2 + \left(\frac{u(\lambda)}{\lambda}\right)^2} \quad (9)$$

324 Where  $u(\text{MAR}_{\text{bottom}})$  is the uncertainty of the MAR in the lower sediment section, LR and  $u(\text{LR})$  are  
 325 the linear regression and the standard error of the linear regression, respectively,  $\lambda$  is the  $^{210}\text{Pb}$  decay  
 326 constant ( $0.03118 \text{ yr}^{-1}$ ) and  $u(\lambda)$  is the uncertainty of the decay constant ( $0.00017 \text{ yr}^{-1}$ ). The resulting  
 327 uncertainty of MARs in the lower section varied between 5.0 and 6.2% RSD or  $0.006 - 0.015 \text{ g cm}^{-2}$   
 328  $\text{yr}^{-1}$ . The MARs uncertainties at each station are summarized in Table 2.

329

## 330 4. Results

### 331 4.1 Sedimentological and geochemical characteristics

332 The porosity ranged from 0.73 to 0.90, with a general decrease observed with sediment depth (Fig.  
 333 3). The sediments mainly consisted of fine-grained material with mean  $D_{50}$  values ranging from 7 to  
 334  $14 \mu\text{m}$  (Tab. 1). Grain size distributions remain stable with sediment depth and time in MUC2 and  
 335 MUC8. In MUC5, MUC7 and MUC9 multiple intervals with slightly coarser sediment occur, with  
 336  $D_{50}$  values between 20 and  $40 \mu\text{m}$  (Fig. 4a, b).

337 The activity or concentration profiles of the time markers  $^{137}\text{Cs}$ , Hg and  $\text{F}^{14}\text{C}$  showed coinciding  
 338 peaks situated between 10 and 25 cm sediment depth (Fig. 5). At certain stations, the Hg data showed  
 339 two additional peaks at sediment depths below the main peak, most pronounced at station MUC2.

340 Activities of  $^{210}\text{Pb}_{\text{ex}}$  generally decreased exponentially with sediment depth until reaching values  
 341 close to zero (Fig. 5). In the upper 5 - 10 cm, the activities tended to be more constant. In depth  
 342 intervals between 10 and 25 cm, the profiles did not follow the expected exponential decline with  
 343 sediment depth but showed slightly elevated values.

344

### 345 4.2 Mass accumulation rates and mixing

346 The MARs in the upper core section calculated from the total accumulated dry sediment masses  
 347 ranged from  $0.11$  to  $0.22 \text{ g cm}^{-2} \text{ yr}^{-1}$  and the MARs determined by the reaction transport model that  
 348 considers the effect of bioturbation ranged from  $0.06$  to  $0.14 \text{ g cm}^{-2} \text{ yr}^{-1}$  (Tab. 2, Fig. 6). Sediment  
 349 mixing by active bioturbation was limited to the upper 5 - 15 cm in the model with bioturbation  
 350 coefficients ( $D_{B0}$ ) and mixing coefficients ( $x_B$ ) of  $4.0 - 9.5 \text{ cm}^2 \text{ yr}^{-1}$  and  $3.0 - 5.0 \text{ cm}$ , respectively

351 (Tab. 2, Fig. S3). The average root mean square error (RMSE) between simulated and measured data  
352 for  $^{210}\text{Pb}_{\text{ex}}$ ,  $^{137}\text{Cs}$ , Hg and  $\text{F}^{14}\text{C}$  were  $1.1 \text{ dpm g}^{-1}$ ,  $0.11 \text{ dpm g}^{-1}$ ,  $8.92 \mu\text{g kg}^{-1}$  and 0.04, respectively.

353 In the deeper section, the MARs based on CFCS modeling ranged from  $0.11$  to  $0.30 \text{ g cm}^{-2} \text{ yr}^{-1}$ . (Tab.  
354 2, Fig. 6). Linear regression fits of logarithmic  $^{210}\text{Pb}_{\text{ex}}$  and mass depth plots showed  $R^2$  between 0.92  
355 and 0.97 (Fig. 2).

356 On average across the stations, the MAR decreased from  $0.17 \pm 0.01$  to  $0.14 \pm 0.01$  (dry sediment mass  
357 approach) or  $0.09 \pm 0.02$  (reaction transport model)  $\text{g cm}^{-2} \text{ yr}^{-1}$ .

358

## 359 **5. Discussion**

### 360 **5.1 Modeling MARs in the Skagerrak basin**

361 In the extensive literature, MARs have been frequently obtained using  $^{210}\text{Pb}$  data, which can then be  
362 constrained by time markers such as  $^{137}\text{Cs}$ . Following this approach, substantial discrepancies were  
363 identified between  $^{210}\text{Pb}$ -derived ages and the peak position of the time marker triplet in the upper  
364 sediment section. It is likely that this offset is the result of bioturbation modifying the distribution of  
365  $^{210}\text{Pb}$  in surface sediments, thereby complicating the age determination using the CRS, CIC and  
366 CFCS models. Here, we suggest an alternative methodology for quantifying the temporal evolution  
367 in MARs, which involves dividing the sediment cores into two sections, separated by the depth at  
368 which the peaks of the time marker triplet were identified. Hence, the temporal variability of the  
369 MAR is depicted as a single change in 1963. However, it should be noted that this specified setup  
370 does not resolve the actual temporal evolution of the MAR in the Skagerrak basin but can only be  
371 interpreted as a net trend over the last 110 years. In order to increase the temporal resolution of the  
372 MAR variability, we recommend verifying this trend by considering further age-depth parameters,  
373 such as time markers for years other than 1963.

#### 374 **5.1.1 Time marker triplet for the year 1963**

375 The activity and concentration peaks of  $^{137}\text{Cs}$ ,  $\text{F}^{14}\text{C}$  and Hg served as time markers in the sediment  
376 core to derive age-depth relationships and MARs in the upper core sections. The main Hg peak and  
377 the two minor peaks at greater sediment depths were likely the result of its intense usage and  
378 production during industrialization, which were progressively regulated from 1960 to 1970 (Leipe et  
379 al., 2013; Moros et al., 2017; Polovodova Asteman et al., 2018). Two events, the nuclear bomb tests  
380 in 1963 and the Chernobyl reactor accident in 1986, released substantial amounts of  $^{137}\text{Cs}$  and  $\text{F}^{14}\text{C}$   
381 into the atmosphere that can be traced in marine sediments. Given the correlation with the Hg peaks,  
382 the  $^{137}\text{Cs}$  and  $\text{F}^{14}\text{C}$  peaks detected in our sediment cores were attributed to the bomb tests in 1963.  
383 This is consistent with previous studies in the Skagerrak (van Weering et al., 1993; Deng et al., 2020)  
384 and in the Baltic Sea (Moros et al., 2017). Hence, the time marker triplet allowed for a robust depth  
385 assignment for the year 1963 in all sediment cores. Since the peak positions between the time  
386 markers slightly differed in the same core, we focused on the  $^{137}\text{Cs}$  data, because this parameter has  
387 often been used in previous studies in the Skagerrak (van Weering et al., 1993; Paetzel et al., 1994;  
388 Beks, 2000; Deng et al., 2020).

389

### 390 5.1.2 Age-depth modeling with $^{210}\text{Pb}_{\text{ex}}$

391 Currently, several methods exist to determine age-depth relationships based on  $^{210}\text{Pb}_{\text{ex}}$ , including the  
392 constant initial activity (CIC), constant rate of supply (CRS) and constant flux and constant  
393 sedimentation (CFCS) models (Krishnaswamy et al., 1971; Robbins and Edgington, 1975; Appleby  
394 and Oldfieldz, 1983; Sanchez-Cabeza and Ruiz-Fernández, 2012; Foucher et al., 2021). In principle,  
395 CRS assumes a constant flux of  $^{210}\text{Pb}_{\text{ex}}$  to the seafloor whereas CIC assumes a constant activity of  
396  $^{210}\text{Pb}_{\text{ex}}$  in particles settling to the seafloor. The CFCS approach extends these models and further  
397 assumes a constant MAR during certain periods that can be derived from linear regression analysis of  
398 logarithmic  $^{210}\text{Pb}_{\text{ex}}$  activity and mass depth plots. Whether a certain model is applicable is usually  
399 determined by knowledge of the environmental system and relationships between the MAR, down-  
400 core integrated  $^{210}\text{Pb}_{\text{ex}}$  values and  $^{210}\text{Pb}_{\text{ex}}$  activities in settling particles (Appleby and Oldfieldz, 1983;  
401 Sanchez-Cabeza and Ruiz-Fernández, 2012). Although the amount of data presented in this study  
402 only allowed a limited evaluation, reasonably linear relationships between the logarithmic  $^{210}\text{Pb}_{\text{ex}}$  and  
403 mass depth data below the time marker peaks (Fig. 2) indicate that the application of the CFCS  
404 model is valid in this depth interval. It should be noted, however, that the elevated activities between  
405 10 and 25 cm in the  $^{210}\text{Pb}_{\text{ex}}$  profiles affected the linear regression fits. It is possible that the additional  
406  $^{210}\text{Pb}_{\text{ex}}$  in this depth interval may not be the result of sedimentation processes, but may rather be the  
407 consequence of excess production of  $^{210}\text{Pb}$  in the atmosphere during the nuclear bomb testing in 1963  
408 (Jaworowski, 1966; Jaworowski et al., 1978). However, this hypothesis is controversial, as other  
409 studies did not observe elevated  $^{210}\text{Pb}$  values in samples measured during this period (Bhandari et al.,  
410 1966; Crozaz, 1966). If nuclear weapon tests did indeed introduce significant amounts of  $^{210}\text{Pb}$  into  
411 the atmosphere, then the MAR before 1963 might have been underestimated to some extent. The  
412 MARs in the deep section below the time marker peaks are applicable to the time interval from 1963  
413 to ~ 1911 (i.e. 110 years before sediment core retrieval in 2021), as roughly 97% of the  $^{210}\text{Pb}_{\text{ex}}$  is  
414 decayed after five times its half-life (22.3 years). The  $^{210}\text{Pb}_{\text{ex}}$  data was further employed alongside the  
415 time markers in the upper sediment section to simulate the effects of bioturbation on the solid phase  
416 profiles using a reaction transport model (Eq. 3 - 7). Therefore, a constant  $^{210}\text{Pb}$  activity was set at the  
417 upper boundary of the sediment column to describe the settling of  $^{210}\text{Pb}_{\text{ex}}$  at the seafloor (Eq. 7), in  
418 accordance with the concept of the CIC model. The CIC method is generally recommended when  
419 variable sources of  $^{210}\text{Pb}_{\text{ex}}$  are present (Sanchez-Cabeza and Ruiz-Fernández, 2012) and sediment  
420 focusing occurs (Appleby and Oldfieldz, 1983). This is the case in the Skagerrak marked by a  
421 significant lateral input of  $^{210}\text{Pb}_{\text{ex}}$  and high sedimentation rates along the deeper basin where our  
422 stations are located (De Haas and van Weering, 1997; Spiegel et al., 2024a). Furthermore, the CIC  
423 model generally yielded better fits to the data than the CRS model in the surface sediments, which is  
424 why we selected the CIC model to simulate the  $^{210}\text{Pb}_{\text{ex}}$  profiles.

425

### 426 5.1.3 Effect of bioturbation on the MAR

427 In addition to the simple dry sediment mass approach, we set up a reaction transport model including  
428 a biodiffusion formulation (Eq. 3) to predict the effect of bioturbation on the solid phase profiles. To  
429 showcase the principle impact of bioturbation on the depth distribution of the time marker  $^{137}\text{Cs}$ , we  
430 compared the results of the model run with the bioturbation parameterization that led to the best fit to  
431 the measured data (Tab. 2) to a run using the same MAR but excluding bioturbation in the simulation  
432 (Fig. 7). In addition to a broadening of the  $^{137}\text{Cs}$  signal, the comparison reveals that the peak position  
433 of the time marker is located ~ 4 cm deeper into the sediment in the model run including  
434 bioturbation. In other words, bioturbation pushes down the time marker peak deeper into the

435 sediment so that a lower MAR is required in the model runs to fit the time marker profile. Such  
436 downward transportation of solids due to bioturbation has been suggested in previous studies  
437 (Crusius et al., 2004; Crusius and Kenna, 2007; Hülse et al., 2022). As a result, the MARs in the  
438 upper core section derived from the reaction transport model were systemically lower compared to  
439 the dry sediment mass approach across the stations. Consequently, the decline in the MAR in the  
440 Skagerrak basin over time is more pronounced if bioturbation is considered. Nevertheless, it is yet  
441 unclear whether the biodiffusion formulation in our model and the resulting push-down effect  
442 accurately reflect the natural conditions in Skagerrak sediments. It is possible that the effect of  
443 bioturbation on solid phase profiles can be minimised by analysing sediment cores taken in the  
444 northeastern Skagerrak, where higher MARs have been reported than in the central Skagerrak basin  
445 (Erlenkeuser and Pederstad, 1984; van Weering et al., 1987, 1993; Meyenburg and Liebezeit, 1993).  
446 However, the sediments in this area are more likely to have been affected by anthropogenic mixing,  
447 such as bottom trawling, as evidenced by the disturbed  $^{210}\text{Pb}$  profiles observed in a previous study  
448 (Spiegel et al., 2023).

449 The bioturbation coefficients at the sediment surface ( $D_{B0}$ ) of  $4.0 - 9.5 \text{ cm}^2 \text{ yr}^{-1}$  derived from our  
450 model results (Tab. 2) fall within the range of global estimates at comparable MARs (Boudreau,  
451 1997). However, they are higher compared to  $1.0 - 2.0 \text{ cm}^2 \text{ yr}^{-1}$  presented in an earlier study based on  
452 chlorophyll-a measurements and observations of the faunal community structure in the same area  
453 (Deng et al., 2020). The difference likely arises due to the different approaches to derive bioturbation  
454 parameters and the heterogeneity of the Skagerrak seafloor. Therefore, the results of the reaction  
455 transport model likely represent an upper limit of the MAR in the upper core section if the chosen  
456 biodiffusion description in the model adequately represents the natural system. Conversely, the MAR  
457 determined from the sum of the dry sediment mass above the time marker peak (Eq. 1) might  
458 represent a lower limit. Based on the available data, it was not possible to determine the depth  
459 distribution of bioturbation intensities with an independent parameter to constrain the model results,  
460 i.e. by direct or further particle tracer methods (Maire et al., 2008). Given that the degree of the MAR  
461 decline strongly depends on how bioturbation affects the solid phase distributions in Skagerrak  
462 sediments, a better understanding of bioturbation in marine sediments and its implementation into  
463 environmental models would significantly improve the validity of our results.

464

## 465 **5.2. Change in the MAR in 1963**

466 The major finding of this study is a general decreasing trend in the MAR in the Skagerrak basin over  
467 time, with average MARs decreasing from  $0.17 \pm 0.01$  to  $0.14 \pm 0.01 \text{ g cm}^{-2} \text{ yr}^{-1}$  before and after 1963  
468 (Tab. 2, Fig. 6). A larger MAR decrease from  $0.17 \pm 0.01$  to  $0.09 \pm 0.02 \text{ g cm}^{-2} \text{ yr}^{-1}$  is obtained if  
469 bioturbation in the upper sediment section is considered and affects the solid phase profiles as  
470 simulated by the reaction transport model. It is important to note that the MARs reflect sedimentation  
471 conditions in the deep and central Skagerrak basin and are not representative of shallower areas. The  
472 Skagerrak basin is characterized by low current velocities, comparably stagnant waters, fine-grained  
473 sediments and the suspended material is likely transported from the northern Atlantic into the deeper  
474 Skagerrak (Ljøen and Svansson, 1972; Thiede, 1985; Rodhe, 1996; Rodhe and Holt, 1996). In  
475 contrast, sedimentation at shallower water depths is characterized by a more energetic milieu, the  
476 deposition of coarser material and erosional areas (Bergsten et al., 1996; Bøe et al., 1996; Stevens et  
477 al., 1996). Hence, MARs at shallower water depths in the Skagerrak might exhibit different temporal  
478 trends.



479 The presented MARs are of similar magnitude as those previously obtained in the Skagerrak region  
480 (Erlenkeuser and Pederstad, 1984; van Weering et al., 1987, 1993; Ståhl et al., 2004; Deng et al.,  
481 2020; Spiegel et al., 2024a). However, in many cases sediment deposition in the Skagerrak has been  
482 presented as a steady-state process or age-depth reconstructions have been based solely on the use of  
483  $^{210}\text{Pb}_{\text{ex}}$ . Hence, this study indicates a potential degree of uncertainty in some of the existing literature  
484 and a change in the MARs should be considered when interpreting transient features in the benthic  
485 Skagerrak environment. For instance, accumulation rates of benthic foraminifera have been shown to  
486 increase after 1970 along with a species shift in the Skagerrak basin (Alve, 1996). However, the  
487 reason for this shift could not be conclusively determined. A decline in the MARs over time as  
488 presented in our study could have attenuated the effect of sediment dilution on benthic foraminifera  
489 abundancies, while also potentially shifting the ecological conditions to benefit certain species.  
490 Hence, the decrease in MARs may provide a plausible explanation for the observed increase in  
491 benthic foraminifera accumulation rates.

492 On a larger scale, previous studies estimated sediment deposition in the Skagerrak to account for 45 -  
493 80 % of the total sediment inputs into the North Sea (Oost et al., 2021; Spiegel et al., 2024a).  
494 Furthermore, a substantial proportion of the Skagerrak deposits (~76 %) likely originate from the  
495 North Sea (De Haas and van Weering, 1997; Spiegel et al., 2024a). Considering that our study  
496 reveals a net decreasing trend in the MAR, it is reasonable to infer that the North Sea sediment  
497 system might have been subject to significant change in the period from 1900 to 2021.

### 498 **5.3 Driving factors for the temporal variability of the MAR**

499 Prior to our study, we anticipated to find a MAR increase in the Skagerrak basin over the last decades  
500 since bottom trawling, sediment extraction and other human activities disturb the seabed and  
501 resuspend surface sediments, increasing the particle load in the North Sea water column (De Groot,  
502 1986; Baeye and Fettweis, 2015; Eigaard et al., 2017; ICES, 2019; Mielck et al., 2019; Slavik et al.,  
503 2019; ICES, 2020; Rijnsdorp et al., 2020; Daewel et al., 2022; Heinatz and Scheffold, 2023).  
504 Similarly, climate change-related variability in temperature, precipitation and sea level rise in the  
505 North Sea region (Wahl et al., 2013) likely enhanced sediment inputs by elevated coastal erosion  
506 rates, as has been shown along the Holderness coastline (Pye and Blott, 2015). Since part of the  
507 additional suspended material is transported to the Skagerrak, such human and natural processes  
508 should theoretically lead to an increase of MARs in the Skagerrak. However, we did not observe such  
509 an increase but a substantial MAR decrease since 1963 in the deep Skagerrak basin. Hence, other  
510 factors that outweigh the above human and natural processes are required to explain our unexpected  
511 observation.

512 River dams have been progressively constructed in the major North Sea rivers and their tributaries,  
513 that is, the Elbe, Weser and Ems rivers (IKSE, 2005; Lange et al., 2008; IKSE, 2012; Hübner and  
514 Schwandt, 2018) and their harbour and estuary channels have been deepened numerous times (Goelz,  
515 2008; KFKI, 2008; Marusic, 2008). Such human measures typically reduce the riverine particle  
516 discharge into the ocean (Syvitski et al., 2005; Ericson et al., 2006; Graf, 2006; Goelz, 2008).  
517 Considering that riverine discharge represents ~ 5 - 11 % of the total sediment inputs into the North  
518 Sea (Eisma and Irion, 1988; Oost et al., 2021) and similar human alterations in other river systems  
519 have been previously linked to substantial decreases in riverine sediment transport (Williams and  
520 Wolman, 1984; Walling and Fang, 2003), river damming and the deepening of harbour and estuary  
521 channels may have reduced the particle load into the North Sea. Furthermore, extensive parts of the  
522 North Sea coastline have been protected against erosion by dykes, wave breaks, land reclamation and  
523 other coastal protection means (Kelletat, 1992; Hoeksema, 2007; Hofstede, 2008), such as the Delta

524 Works project in the Netherlands that started in 1954 (Hillen et al., 1993). Coastal erosion has been  
525 estimated to contribute ~ 3 - 9 % of the total sediment inputs in the North Sea (Eisma and Irion,  
526 1988; Puls et al., 1997; Oost et al., 2021). However, recent studies suggested that coastal erosion  
527 rates might be underestimated in the North Atlantic (Regard et al., 2022) and in the Baltic Sea  
528 (Wallmann et al., 2022). Consequently, human interventions in rivers and at coastlines may have  
529 substantially reduced the sediment budget of the North Sea and could therefore represent major  
530 driving factors for the observed MAR decline in the Skagerrak.

531 Approximately 14 - 25 % of the total suspended solids entering the North Sea are deposited in the  
532 Wadden Sea, making it a major sink for sediments (Oost et al., 2021). Previous studies have  
533 suggested that a combination of relative sea level rise, circulation patterns and redistribution of  
534 sediments may have increased accretion rates in the Wadden Sea over time (Cahoon et al., 2000; van  
535 Wijnen and Bakker, 2001; Flemming, 2002; Madsen et al., 2007; Bartholdy et al., 2010; Schindler et  
536 al., 2014), while other observations indicated a loss of sediments in certain areas (Flemming and  
537 Nyandwi, 1994; Mai and Bartholomä, 2000; van Wijnen and Bakker, 2001; Flemming, 2002).  
538 Ultimately, it remains unclear how the sediment input across the entirety of the Wadden Sea region  
539 has changed over time. Given the substantial deposition in the Wadden Sea, it is feasible that less  
540 material would be available for transportation and subsequent deposition in the Skagerrak if accretion  
541 rates in the Wadden Sea gradually increased over time.

542 Variations in the circulation system have been previously discussed to influence sediment dynamics in  
543 the North Sea and Skagerrak (Nordberg, 1991; Bøe et al., 1996; Filipsson and Nordberg, 2004;  
544 Gyllencreutz et al., 2006). The hydrography of the North Sea reveals three major transportation  
545 pathways for water and sediment from the northern Atlantic to the Skagerrak (Fig. 1b). Previous studies  
546 demonstrated that the variability in the circulation system of the North Sea correlates with the North  
547 Atlantic Oscillation (NAO) and wind conditions (Mathis et al., 2015; Daewel and Schrum, 2017). They  
548 show that before 1960, weaker westerly wind conditions likely diminished the water inflow through  
549 the northern entrance, thereby enhancing the Dooley Current, which supplies the Tampen Bank Current  
550 and the Central North Sea Current. These currents transport material on a direct pathway to the  
551 Skagerrak, which could explain higher MARs in the Skagerrak prior to 1963. Between 1970 and 2000  
552 a positive NAO phase and strong westerly winds fostered the southward transport along the British  
553 coastline. During this period, a larger proportion of the sediment was likely transported along the  
554 elongated pathway through the southern North Sea and across the depocenter of the Wadden Sea where  
555 the sediment could settle before reaching the Skagerrak. Given that 13 - 43 % of the total sediment  
556 input is delivered through the northern entrance (Oost et al., 2021) and 43% of the Skagerrak deposits  
557 stem from the northern North Sea (Lenz et al., 2024), the temporal variability in the hydrography and  
558 its effect on the amount of sediment that reaches the Skagerrak may have contributed to the MAR  
559 decline in the Skagerrak.

560 Storm events occur frequently in the North Sea (Dangendorf et al., 2014) and redistribute sediments  
561 (Green et al., 1995; Stanev et al., 2009; Fettweis et al., 2010). Since particle settling is dependent on  
562 the energetic conditions in the water column (Hjulstrom, 1939; McCave and Swift, 1976), grain size  
563 records have been used as proxies for past storm activity in the Skagerrak (Hass, 1996). Accordingly,  
564 sharp layers with notably coarser grain sizes at MUC5, MUC7 and MUC9 (Fig 4a, b) are likely the  
565 result of storm events. However, no clear trends in the frequency or shape of the grain size peaks  
566 with sediment depth or time were observed across the stations. Hence, although storm events left  
567 traces in the grain size distribution in the Skagerrak, they were likely not responsible for the  
568 declining long-term trend in the MAR.

569 It should be noted that our dataset only allowed for a qualitative assessment of the different drivers  
570 behind the decrease in MARs in the Skagerrak basin. At the present stage, it is challenging to  
571 attribute the decrease in the MARs in the deep Skagerrak basin to natural or human processes.  
572 Furthermore, it was not possible to derive conclusions for the shallow areas from our study, as  
573 sedimentation processes in the deep and shallow Skagerrak differ significantly. Nevertheless, the  
574 finding that MARs changed in the deep basin is an intriguing finding in its own right. The overview  
575 of potential driving factors can serve as a basis for future quantitative analysis of the sediment cycle  
576 in the North Sea. We recommend integrating the different driving mechanisms into non-steady state  
577 particle transport models to further explore the temporal evolution of the sediment cycle. Our  
578 presented MAR data can then be used to validate such models in combination with additional field  
579 data on the temporal evolution of the provenance, transport pathways and deposition of sediments in  
580 the Skagerrak and North Sea.

581

## 582 **6. Conclusion**

583 Based on comparing the MAR before and after 1963 at six sediment cores in the deep Skagerrak  
584 basin, we determined that the MAR on average decreased from 0.17 to 0.14 g cm<sup>-2</sup> yr<sup>-1</sup>. If  
585 bioturbation is considered and affects the solid phase as described by the commonly used  
586 biodiffusive model description, then the MAR after 1963 is significantly lower at 0.09 g cm<sup>-2</sup> yr<sup>-1</sup>.  
587 Hence, the temporal variability of the MAR not only depends on the validity of the age-depth model  
588 but also on bioturbation rates in Skagerrak sediments and their implementation in models. To verify  
589 our results, we therefore recommend examining additional age-depth parameters, particularly time  
590 markers for years other than 1963 and improving our understanding of bioturbation in the Skagerrak,  
591 i.e. by independent tracer studies. Considering that the Skagerrak represents the largest depocenter  
592 for sediments from the North Sea, the decline in the MAR suggests that the sediment system of the  
593 North Sea has been subject to substantial change during the last 110 years. We summarized major  
594 processes that potentially shifted the sediment cycle of the North Sea leading to a decrease in the  
595 MAR in the Skagerrak basin:

- 596 - River damming, deepening of harbour channels and coastal protection decreased the suspended  
597 sediment input into the North Sea
- 598 - A change in the North Sea circulation pattern reduced the amount of sediment transported to the  
599 Skagerrak
- 600 - Increased sediment deposition in other North Sea depocenters such as the Wadden Sea

601 These factors are likely to have outweighed processes that would theoretically increase Skagerrak  
602 deposition rates, such as resuspension triggered by human activities and storm events, temperature,  
603 humidity and sea level rise. However, a quantitative evaluation of the different contributors to  
604 sediment deposition in the Skagerrak is necessary to better describe the temporal change in the  
605 sediment system of the North Sea.

606

## 607 **Data availability statement**

608 The sedimentary data of  $^{210}\text{Pb}$ ,  $^{137}\text{Cs}$ ,  $\text{F}^{14}\text{C}$  and Hg are stored in the PANGAEA database  
609 <https://doi.org/10.1594/PANGAEA.967080> (Spiegel et al., 2024b).

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626

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## 1058 Tables

1059 Table 1. Summary of sampling sites.

Station	Latitude N	Longitude E	Water depth (m)	Porosity <sup>a</sup>	Grain-sizes <sup>a</sup> D <sub>50</sub> (µm)	Sediment type
MUC2	58° 10.884'	09° 47.624'	500	0.78	9	Silt, clay
MUC5	57° 45.191'	08° 17.173'	434	0.77	9	Silt, clay
MUC7	58° 18.785'	09° 34.335'	677	0.82	7	Silt, clay
MUC8	57° 59.286'	09° 14.305'	490	0.77	14	Silt, clay
MUC9	58° 04.352'	09° 05.736'	604	0.80	8	Silt, clay
St.65	58° 30.068'	09° 29.887'	530	0.79		

1060 <sup>a</sup>Porosity and D<sub>50</sub> (50% of particles are smaller than the given value) are means of the whole core. Detailed porosity and  
 1061 grain-size distributions are shown in Figure 3 and Figure 4a, b.

1062

1063 Table 2. Model results for the temporal variability of sedimentation rates.

Model data	MUC2	MUC5	MUC7	MUC8	MUC9	St.65
	500m	434m	677m	490m	604m	530m
MAR before 1963 ( $\text{g cm}^{-2} \text{yr}^{-1}$ ) <sup>a,d</sup>	0.22 ±0.01	0.18 ±0.01	0.11 ±0.01	0.30 ±0.02	0.12 ±0.01	0.12 ±0.01
MAR after 1963, no bioturbation ( $\text{g cm}^{-2} \text{yr}^{-1}$ ) <sup>b,d</sup>	0.19 ±0.01	0.12 ±0.01	0.11±0.01	0.22 ±0.01	0.11 ±0.01	0.11 ±0.01
MAR after 1963, with bioturbation ( $\text{g cm}^{-2} \text{yr}^{-1}$ ) <sup>c,d</sup>	0.10 ±0.02	0.08 ±0.02	0.08 ±0.01	0.14 ±0.03	0.06 ±0.02	0.07 ±0.01
Initial <sup>210</sup> Pb <sub>ex</sub> activity, Pb <sub>0</sub> (dpm g <sup>-1</sup> )	32	24	44	29	29	30
Bioturbation coefficient at sediment-water interface, D <sub>B0</sub> (cm <sup>2</sup> yr <sup>-1</sup> )	7.0	7.0	6.0	9.5	4.0	4.0
Attenuation coefficient for bioturbation, x <sub>B</sub> (cm)	4.0	3.0	3.5	5.0	3.0	3.5
Porosity at sediment-water interface, φ <sub>0</sub> (-)	0.89	0.87	0.89	0.89	0.88	0.90
Porosity in compacted sediment, φ <sub>c</sub> (-)	0.77	0.74	0.80	0.75	0.78	0.76
Porosity attenuation coefficient, px (cm)	0.17	0.10	0.11	0.14	0.13	0.15

1064 <sup>a</sup>MAR before 1963 determined by the CFCS model below the depth of the time marker peaks (Eq. 2). <sup>b</sup>MAR after 1963  
1065 based on the dry sediment mass approach (Eq. 1). <sup>c</sup>MAR after 1963 based on reaction transport modeling including the  
1066 effect of bioturbation (Eq. 3-7). <sup>d</sup>The uncertainty determination of the MARs is presented in detail in section 3.3.5.

1067

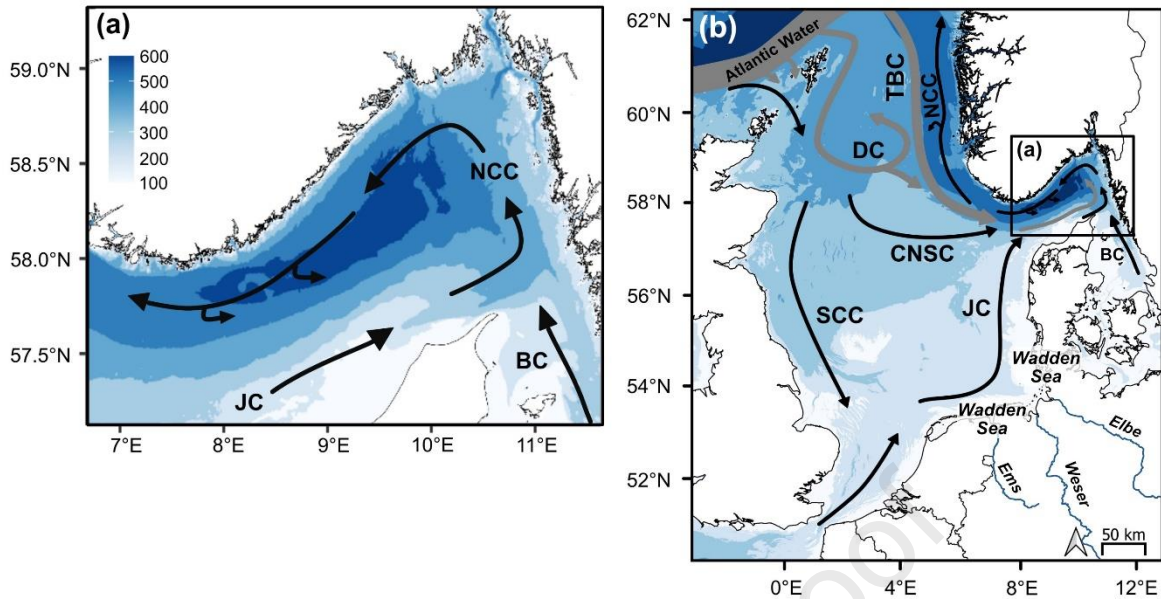


Figure 1. Study area of (a) the Skagerrak and (b) the North Sea with information on water depths, the location of the Wadden Sea and the major rivers Elbe, Weser and Ems. Black (Residual currents) and grey (Deep water currents) arrows indicate the water circulation of the Jutland Current (JC), the Baltic Current (BC), the Norwegian Coastal Current (NCC), the Tampen Bank Current (TBC), the Dooley Current (DC), the Central North Sea Current (CNSC) and the Scottish Coastal Current (SCC).

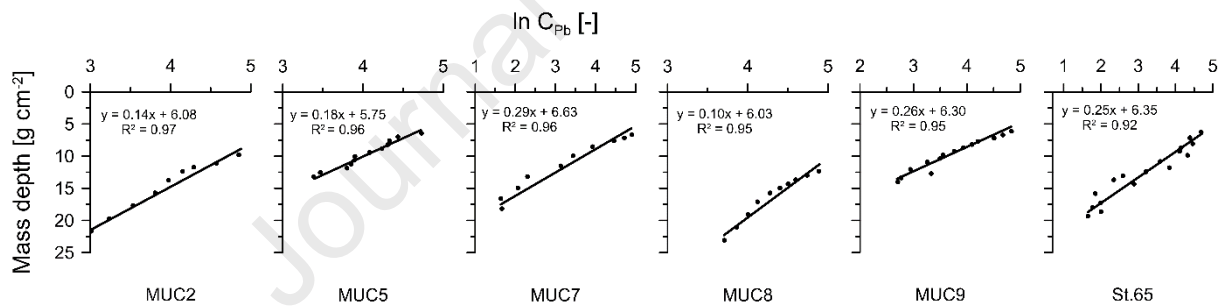


Figure 2. Modeled MARRs below the depth of the time marker peaks following the CFCS method (Sanchez-Cabeza and Ruiz-Fernández, 2012) with information on the regression slope and fit. Mass depths refer to the sum of dry sediment masses above a given depth in the sediment cores.

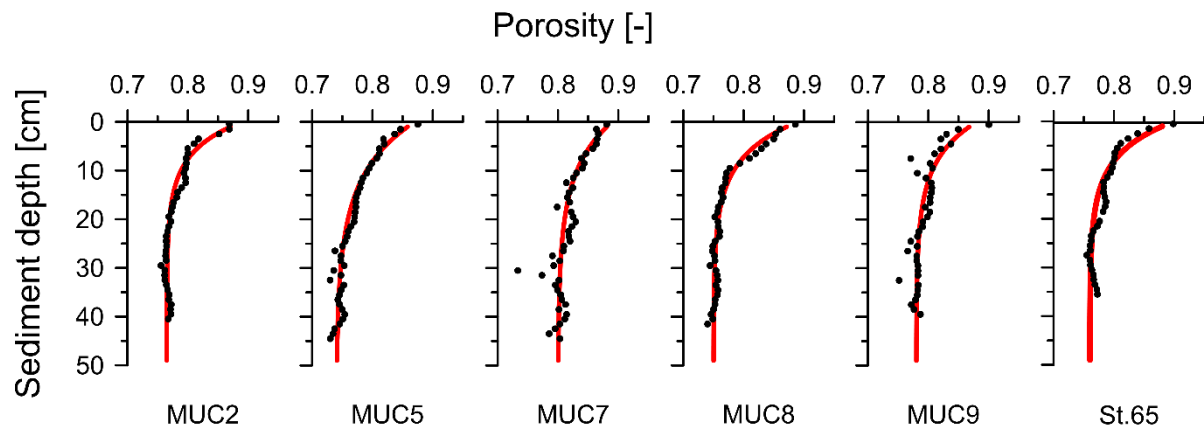


Figure 3. Measured data (symbols) and model simulations (curves) of porosity.



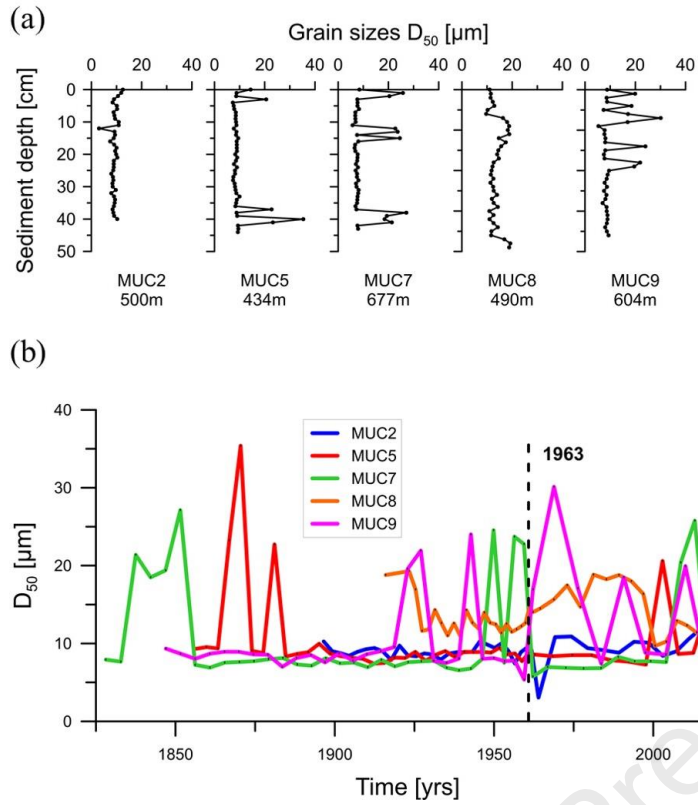


Figure 4. Median grain sizes ( $D_{50}$ ) as a function of sediment depth (a) and time (b). The temporal grain size distribution is based on the MARS calculated in this study and the dashed line indicates the year 1963.

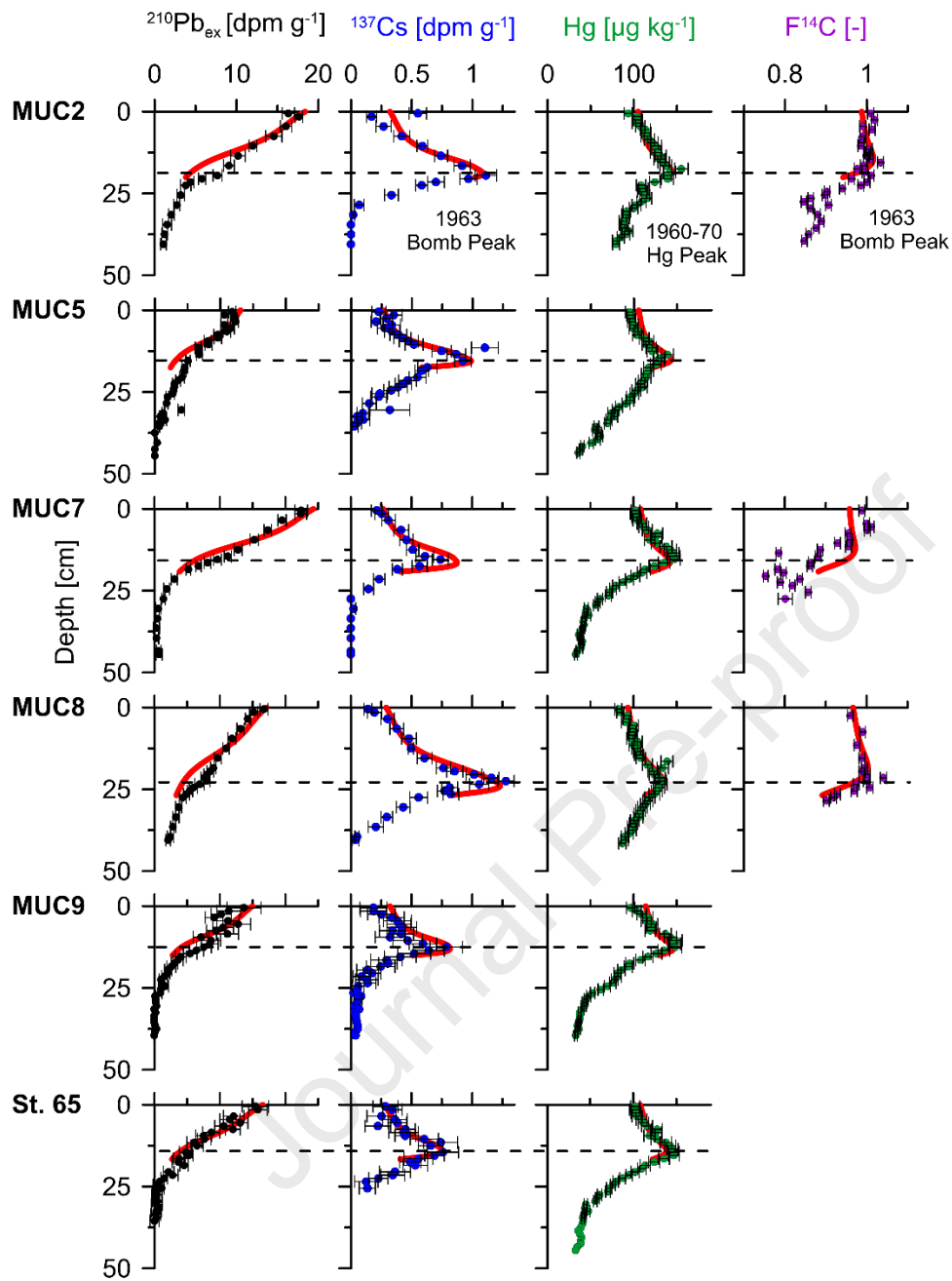


Figure 5. Measured data (symbols) and model simulations (curves) of  $^{210}\text{Pb}_{\text{ex}}$  (black),  $^{137}\text{Cs}$  (blue), Hg (green) and  $\text{F}^{14}\text{C}$  (purple). The dashed lines indicate the boundary of the upper and lower sediment sections defined by the time markers of the bomb tests in 1963 and the Hg regulations in 1960 - 1970. Model simulations were conducted until slightly below the boundary depth to more accurately depict the modeled peak position.

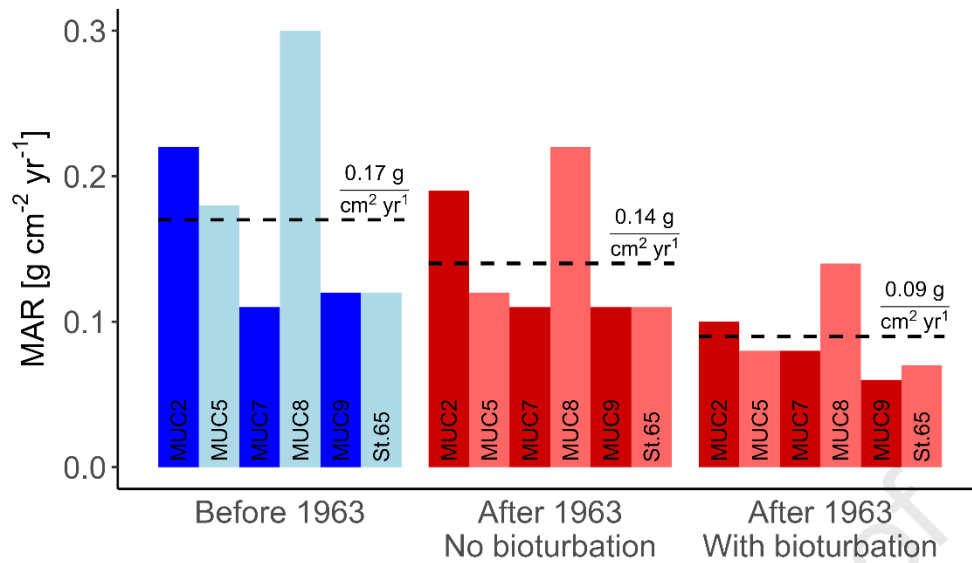


Figure 6. Modeled MARs before (blue) and after 1963 (red) at each station. The MARs after 1963 are divided into results obtained from the dry sediment mass approach (No bioturbation) and the reaction transport model (With bioturbation). The dashed lines indicate the average MAR before and after 1963.

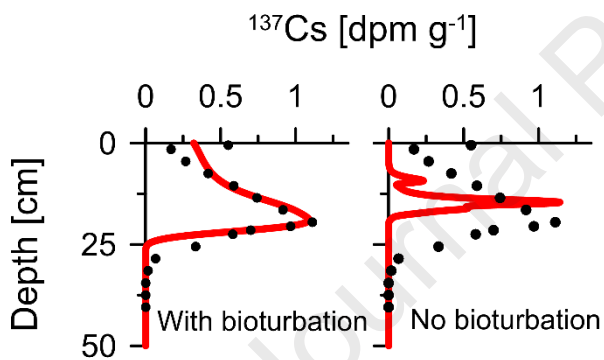


Figure 7. Measured data (symbols) and model simulations (red curves) of  $^{137}\text{Cs}$  with the bioturbation parameters leading to the best fit (with bioturbation) and with limited bioturbation coefficients (no bioturbation). Very low coefficients ( $0.1 \text{ cm}^2 \text{ yr}^{-1}$ ) were still necessary in the “no bioturbation” runs to maintain the numerical stability of the model.

**Highlights:**

- Reconstruction of mass accumulation rates in the Skagerrak
- Mass accumulation rates decreased over the last 100 years
- Decrease is more pronounced when bioturbation is considered in the reconstructions
- Findings of the Skagerrak indicate environmental shifts in the North Sea region

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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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