



Maintenance Mechanism for the Teleconnection Pattern over the High Latitudes of the Eurasian Continent in Summer

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ABSTRACT

24

25 There is a zonally oriented teleconnection pattern over the high-latitude Eurasian
26 continent, which is maintained through baroclinic energy conversion. In this study, we
27 investigate the unique features of the maintenance mechanism of this teleconnection. It is
28 found that the baroclinic energy conversion is most efficient in both the mid-troposphere and
29 the lower troposphere, and that the baroclinic energy conversion in the lower troposphere is
30 comparable to that in the mid-troposphere. Further results indicate that the basic state plays a
31 crucial role in the baroclinic energy conversion. For both the mid and lower troposphere, the
32 atmospheric stability is low and the Coriolis parameter is large over high-latitude Eurasia,
33 favoring strong baroclinic energy conversion. Particularly, in the lower troposphere, the
34 atmospheric stability exhibits a clear land-sea contrast, favoring baroclinic energy conversion
35 over the continents rather than the oceans. Furthermore, in the lower troposphere, the
36 in-phase configuration of the meridional wind and temperature anomalies, which results from
37 the strong meridional gradient of mean temperature around the north edge of the Eurasian
38 continent, also significantly contributes to baroclinic energy conversion. This study highlights
39 the role of the basic state of temperature rather than zonal wind in maintaining the
40 high-latitude teleconnection through baroclinic energy conversion.

41 **1 Introduction**

42 Summer climate variability over the Eurasian continent is greatly affected by
43 atmospheric teleconnection patterns or Rossby waves (e.g., Lu et al. 2002; Wu 2002; Ding
44 and Wang 2005; Folland et al. 2009; Bladé et al. 2012; Ding et al. 2011; Hong et al. 2018; Li
45 and Ruan 2018; P. Xu et al. 2019). Various teleconnection patterns have been used to explain
46 regional anomalous rainfall (Wang 1992; Iwao and Takahashi 2006, 2008; Chen and Huang
47 2012; Sun and Wang 2012; Lin 2014; Li and Lu 2017; Lin et al. 2017a; Li and Lu 2018;
48 Wang et al. 2018), temperature (Greatbatch and Rong 2006; Hong et al. 2017), and extreme
49 events (Cassou et al. 2005; Wulff et al. 2017, K. Xu et al. 2019). Therefore, understanding the
50 mechanisms responsible for these teleconnections is of scientific significance and has
51 important implications for the prediction of weather and climate over Eurasia.

52 Many teleconnection patterns or Rossby waves in summer appear over a wide range of
53 latitudes over the Eurasian continent, and thus can act as a dynamical link between the tropics
54 and extratropics. Some of these teleconnections can be excited by tropical forcing and
55 propagate poleward (e.g., Hoskins and Karoly 1981; Nitta 1987; Huang and Sun 1992; Wulff
56 et al. 2017). Some examples are: (i) the well-known Pacific–Japan pattern (Nitta 1987) or
57 East Asian–Pacific pattern (Huang and Sun 1992), which is associated with the anomalous
58 convection over the tropical western North Pacific (Nitta 1986, 1987; Lu and Dong 2001; Lu
59 2004; Kosaka et al. 2011) and (ii) the Summer East Atlantic mode introduced by Wulff et al.
60 (2017), which can be forced by diabatic heating anomalies of opposing signs in the tropical
61 Pacific and Caribbean. On the other hand, some circulation modes exist without clear tropical
62 forcing, such as the summer North Atlantic Oscillation (Feldstein 2007; Folland et al. 2009)

63 and the Eurasian pattern during summer (Yang 1992; Yang and Huang 1992; Lee et al. 2005;
64 Yoon and Yeh 2010).

65 Another kind of teleconnection pattern is confined to a limited range of latitudes over
66 the Eurasian continent during summer. The so called “Silk Road pattern” (SRP) is such a kind
67 of teleconnection (Lu et al. 2002; Enomoto et al. 2003; Yasui and Watanabe 2010; Chen and
68 Huang 2012; Hong and Lu 2016; Zhou et al. 2019). The SRP propagates zonally in the
69 mid-latitudes across the Eurasian continent along the upper-tropospheric Asian westerly jet,
70 which acts as a waveguide and confines the waves within it (Hoskins and Ambrizzi 1993;
71 Ambrizzi et al. 1995; Branstator and Teng 2017). The maintenance mechanism of the SRP
72 can be explained by the interaction between stationary waves and the basic flow (Sato and
73 Takahashi 2006; Kosaka et al. 2009; Yasui and Watanabe 2010; Song et al. 2013). The
74 perturbations associated with the SRP can efficiently extract kinetic energy from the basic
75 flow through barotropic energy conversion and available potential energy through baroclinic
76 energy conversion. Another important, but secondary, factor affecting the SRP is tropical
77 heating anomalies, for instance, rainfall anomalies associated with the Indian summer
78 monsoon (Ding and Wang 2005; Sato and Takahashi 2006; Ding et al. 2011; Chen and Huang
79 2012; Greatbatch et al. 2013).

80 Teleconnections or Rossby waves also appear at high latitudes over the Eurasian
81 continent in summer, as shown in previous studies, which focused on climate anomalies over
82 various regions and investigated the circulation anomalies responsible for the climate
83 anomalies (Wakabayashi and Kawamura 2004; Fukutomi et al. 2004; Iwao and Takahashi
84 2006, 2008; Lin 2014; Lin et al. 2017b). For example, Fukutomi et al. (2004) identified an

85 out-of-phase relationship in precipitation between eastern and western Siberia, and indicated
86 that this out-of-phase relationship is the result of stationary waves over northern Eurasia.
87 Nakamura and Fukamachi (2004) found that abnormal coolness over eastern Japan is greatly
88 affected by the Okhotsk high, and the Okhotsk high can be attributed to a stationary Rossby
89 wave that originates from northern Europe and extends to the Far East. Among the four
90 relevant teleconnection patterns responsible for anomalous summer climate in Japan
91 extracted by Wakabayashi and Kawamura (2004), two appear over northern Eurasia. Iwao
92 and Takahashi (2006) identified a north–south seesaw pattern in July precipitation between
93 northeast Asia and Siberia, and found that this seesaw pattern is associated with circulation
94 anomalies over northern Eurasia as well as those along the upper-tropospheric mid-latitude
95 westerly jet. These studies demonstrated that the teleconnections exist in the high latitudes
96 over the Eurasian continent and play an important role in affecting regional climate in
97 summer.

98 Recent studies presented more evidences of teleconnection patterns in the high latitudes
99 of the Eurasian continent. The Summer East Atlantic mode identified by Wulff et al. (2017) is
100 a teleconnection pattern that appears over the North Pacific, North America, North Atlantic
101 and the high-latitude west Eurasian continent. Wulff et al. (2017) suggested that this mode
102 can be forced by diabatic heating anomalies in the tropics. Li and Ruan (2018) introduced a
103 teleconnection pattern over the North Atlantic and the high latitudes of the Eurasian continent,
104 and explained this teleconnection pattern in terms of stationary Rossby waves originating
105 over the subtropical North Atlantic. These teleconnections include significant circulation
106 anomalies over the high latitude Eurasian continent, but they appear over a wide range of

107 latitudes, and are attributed to tropical or subtropical forcings. By contrast, P. Xu et al. (2019)
108 reported a zonally-oriented teleconnection pattern propagating from the British Isles over the
109 high-latitude Eurasian continent, and indicated that this teleconnection pattern shows only a
110 loose relationship to external forcing. They suggested that this teleconnection pattern can be
111 maintained through baroclinic energy conversion from the basic flow, while the barotropic
112 energy conversion is much less efficient.

113 The present study aims to dig further into the physical mechanism for the occurrence
114 and maintenance of the high-latitude teleconnection pattern over the Eurasian continent. We
115 focus on the role of the basic state, rather than tropical and subtropical forcings. Actually, as a
116 kind of basic states, the basic flow is very weak over the high-latitude Eurasian continent, and
117 thus exhibits only weak shear both horizontally and vertically. This is in a sharp contrast to
118 the mid-latitude Eurasian continent, where the basic flow exhibits a strong shear both
119 horizontally and vertically, corresponding to the strong Asian westerly jet in the upper
120 troposphere. One can attribute weak barotropic energy conversion suggested by P. Xu et al.
121 (2019) to the weak horizontal shear of basic flows in the high-latitude Eurasian continent.
122 However, how does the weak vertical shear of the basic flow induce the baroclinic energy
123 conversion, which efficiently maintains the high-latitude teleconnection over the Eurasian
124 continent? What are the unique features of the basic state favoring the occurrence and
125 maintenance of the teleconnection over the high latitudes of the Eurasian continent? In this
126 study, we make an exploration on these issues.

127 The rest of this paper is arranged as follows. Section 2 describes the data and methods.
128 Section 3 presents the features of high-latitude Eurasian teleconnection pattern and the

129 associated baroclinic energy conversion. The results in this section indicate that the
130 teleconnection pattern can effectively extract available potential energy from the basic flow
131 in both the mid and lower troposphere. Therefore, Section 4 further illustrates the baroclinic
132 energy conversion in the mid and lower troposphere, respectively. Section 5 is devoted to a
133 summary and discussion.

134 **2 Dataset and methods**

135 The primary dataset used in this study is the monthly ERA-Interim dataset (Dee et al.
136 2011), on a horizontal resolution of $1.5^{\circ} \times 1.5^{\circ}$. The analyzed time span is selected from 1979
137 to 2017. We also employed the National Centers for Environmental Prediction
138 (NCEP)/National Center for Atmospheric Research (NCAR) reanalysis dataset (Kalnay et al.
139 1996) and the Japanese 55-year Reanalysis (JRA-55) dataset (Kobayashi et al. 2015) to repeat
140 the main analyses and obtained similar results. In this study, we focus on the summer mean,
141 which refers to the averages over June–August (JJA).

142 The main statistical methods used in the present study are empirical orthogonal function
143 (EOF) analysis, regression analysis and correlation analysis. The method proposed by North
144 et al. (1982) is used to test the statistical significance in the EOF analysis, and the Student's t
145 test is used to determine the statistical significance in the analyzed results.

146 **3 The high-latitude Eurasian teleconnection pattern and the associated** 147 **baroclinic energy conversion**

148 Figure 1 shows the climatological JJA-mean horizontal winds at 250 hPa. Here, we use
149 250 hPa to represent the upper troposphere rather than 200 hPa, considering that the thickness

150 of troposphere in the high latitudes is thinner than that in the mid-latitudes. The basic flow in
151 the high latitudes shows distinctly different features from that in the mid-latitudes. For the
152 zonal winds (Fig. 1a), the westerly jet stream spans across the North Atlantic and the
153 mid-latitude Eurasian continent, with strong meridional shear to the north and south of the jet
154 axis. Here, the jet axis is determined as the first derivative of zonal winds being zero. Over
155 the high-latitude Eurasian continent, however, the zonal wind shows much more uniform
156 features, with very weak zonal and meridional gradients. For the meridional winds (Fig. 1b),
157 the mid-latitudes are characterized by alternatively southerly and northerly flows, with
158 maximum amplitudes along the Asian westerly jet. Over the high-latitude Eurasian continent,
159 by contrast, the meridional winds are weak. However, the meridional winds show strong
160 standard deviations, indicating that the upper-tropospheric meridional winds over the region
161 exhibit large interannual variability. The standard deviations are much stronger in the high
162 latitudes than the mid-latitudes. It is notable that the cells of large interannual variability at
163 the high latitudes are not corresponding to the cells of the climatological strong northerlies or
164 southerlies.

165 Figure 2 shows the leading mode of 250-hPa JJA-mean meridional winds obtained by
166 EOF analysis within the domain 55°–70°N, 35°–110°E, where the standard deviations of
167 meridional winds are basically larger than 3.50 m s⁻¹ (Fig. 1b). Prior to EOF analysis, the raw
168 data are weighted by the square root of the cosine of latitude to obtain equal weight to equal
169 areas. The leading mode explains nearly half of the total interannual variance of meridional
170 winds (49.3%) and is significantly distinguished from the higher modes according to North et
171 al. (1982). The analysis domain is deliberately separated from those used for the SRP

172 analyses over mid-latitudes conducted by previous authors (e.g., Yasui and Watanabe 2010;
173 Hong and Lu 2016). The domain is also smaller than those used specially for high-latitude
174 wave trains by previous authors (Xie and Kosaka 2016; P. Xu et al. 2019), since we attempt
175 to highlight the main body of the wave train. In fact, the present results are not sensitive to
176 the precise choice of EOF domain. As discussed in later analyses, the wave train can most
177 effectively extract available potential energy from the basic flow for its growth and
178 maintenance within the chosen analysis domain. In addition, we also conducted EOF analyses
179 on the meridional wind and geopotential height at other levels, such as the geopotential
180 height at 500 hPa or the meridional wind at 925 hPa, and obtained very similar wave trains
181 and principal components (not shown). This is associated with the equivalent barotropic
182 structure of the teleconnection pattern (P. Xu et al. 2019).

183 The leading mode is associated with a west–east seesaw pattern. In the positive phase,
184 positive anomalies appear to the west of 67.5°E and negative ones to the east of this longitude,
185 with the positive and negative centers near 46.5°E, 63°N and 90°E, 60°N, respectively. The
186 correlation coefficient of JJA-mean 250-hPa meridional wind between these two centers is
187 -0.63 , consistent with the seesaw pattern of EOF1. These anomalies correspond well to the
188 cells of strong standard deviations shown in Fig. 1b, suggesting that the leading mode
189 significantly contributes to the total variance of interannual variability in the
190 upper-tropospheric meridional winds.

191 In this study, we abbreviate the high-latitude Eurasian teleconnection to HET, and define
192 a HET index (HETI) as the standardized difference in JJA-mean 250-hPa meridional winds
193 between the two centers of EOF1, i.e., 46.5°E, 63°N minus 90°E, 60°N, to quantitatively

194 estimate the interannual variation of the HET. Therefore, the spatial pattern shown in Fig. 2a
195 is considered to be the positive phase of the HET. The HETI is shown as the red line in Fig.
196 2b. The HETI is highly correlated with PC1, with the correlation coefficient being 0.98.
197 Despite the high correlation, we prefer to use the HETI considering its simplicity. The HETI,
198 as well as PC1, exhibits clear interannual variation, but no distinct decadal variation.

199 Figure 3 shows the 250-hPa meridional wind anomalies regressed against the
200 normalized HETI. A clear teleconnection pattern appears over the high-latitude Eurasian
201 continent along 63°N, with alternatively southerly and northerly anomalies. The horizontal
202 wave activity flux (Takaya and Nakamura 2001) indicates that the HET is a stationary Rossby
203 wave train that originates from the North Atlantic and Europe and extends eastward across
204 the Eurasian continent. The teleconnection pattern is in good agreement with those shown by
205 previous studies (Xie and Kosaka 2016; P. Xu et al. 2019), and resembles the pattern of
206 500-hPa geopotential height identified by Li and Ruan (2018), particularly over the northwest
207 part of the Eurasian continent. The correlation coefficients between the HETI and the wave
208 train indexes defined by Li and Ruan (2018) and P. Xu et al. (2019) are -0.60 and 0.96 ,
209 respectively. On the other hand, to test the connection between the HET and the mid-latitude
210 SRP, the SRP index (SRPI) defined by Yasui and Watanabe (2010) is employed, which is
211 given by the standardized PC1 of EOF analysis on 200-hPa meridional winds over 20°–60°N,
212 0°–150°E. The correlation coefficient between the HETI and SRPI is only 0.10, suggesting
213 that these two teleconnection patterns are largely independent of each other.

214 In the following, we make a detailed inspection of the maintenance mechanism of the
215 HET using the analysis procedure adopted by Kosaka et al. (2009). We focus on the

216 baroclinic energy conversion (CP) associated with the HET. The barotropic energy
 217 conversion (CK) is not discussed here, as it is much less efficient in energy conversion (not
 218 shown), consistent with P. Xu et al. (2019). The evaluation of CP is based on the following
 219 formula (e.g., Kosaka and Nakamura 2006; Kosaka et al. 2009; Hu et al. 2018; P. Xu et al.
 220 2019):

$$221 \quad CP = - \left(\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p} - \frac{f}{\sigma} u' T' \frac{\partial \bar{v}}{\partial p} \right) \quad (1)$$

222 Here, u , v and T denote the zonal wind, meridional wind and temperature, respectively.
 223 Overbars indicate the climatological JJA mean and primes denote the perturbations regressed
 224 onto the normalized HETI. f is the Coriolis parameter, p pressure, and σ the stability
 225 parameter $\sigma = \frac{RT}{C_p p} - \frac{dT}{dp}$, with R the gas constant and C_p the specific heat at constant
 226 pressure. Positive CP means the conversion of available potential energy from the mean flow
 227 to the teleconnection pattern.

228 To measure the net contribution of CP to the maintenance of the monthly anomalies
 229 associated with the HET, we evaluate the time scales:

$$230 \quad \tau_{CP} = \frac{\langle [APE] \rangle}{\langle [CP] \rangle} \quad (2)$$

231 where the $\langle \rangle$ represents either the area average over the Northern Hemisphere 5° – 85° N or
 232 the wave train domain 45° – 75° N, 30° W– 150° E and $[]$ indicates vertical integration.

233 $APE = \frac{RT^2}{2\sigma p}$ is available potential energy associated with the HET. τ_{CP} denotes how long
 234 it takes the observed available potential energy anomalies to be fully replenished through CP .

235 Figure 4 shows the CP and its two terms, i.e., $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ (term 1) and $\frac{f}{\sigma} u' T' \frac{\partial \bar{v}}{\partial p}$

236 (term 2), integrated from the surface to 100 hPa, associated with the HET. *CP* is characterized
 237 by alternatively positive and negative values over the high-latitude Eurasian continent (Fig.
 238 4a). However, positive *CP* is obviously larger than negative *CP*, indicating that the wave train
 239 can extract available potential energy from the mean flow to maintain or reinforce itself
 240 through baroclinic energy conversion. The available potential energy of the perturbations can
 241 be replenished within one week over the Northern Hemisphere (4.04 days), and the baroclinic
 242 energy conversion is more efficient when focused on the wave train domain (only 3.11 days).
 243 Since the conversion time-scale is much shorter than one month, the HET can be easily
 244 maintained against dissipative processes.

245 The predominant term in *CP* is $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ (Fig. 4b vs. Fig. 4c), and its distribution
 246 resembles well that for *CP* (Fig. 4a). The area-averaged value of this term is 0.0045 W m^{-2}
 247 over the Northern Hemisphere and 0.0207 W m^{-2} over the wave train domain, larger than
 248 those of the total *CP* (0.0043 W m^{-2} over the Northern Hemisphere and 0.0186 W m^{-2} over
 249 the wave train domain). The other term, $\frac{f}{\sigma} u' T' \frac{\partial \bar{v}}{\partial p}$, on the other hand, is very weak (Fig.
 250 4c). Therefore, we focus on the first term ($-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$) of *CP* in the following.

251 Figure 5 shows the vertical section of *CP* and $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ along 63°N , which is
 252 approximately the latitude of strongest positive and negative vertically-integrated values
 253 (Figs. 4a and 4b). For each pressure level, *CP* is almost same as $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$, consistent
 254 with the integrated results (Fig. 4). Most of the baroclinic energy conversion occurs below
 255 250 hPa, with the maximum amplitudes appearing at mid-troposphere (400 hPa). Positive *CP*

256 also extends downward to the lower troposphere and shows an amplitude maximum at 925
 257 hPa. Negative CP , on the other hand, only appears over the mid-troposphere. In addition,
 258 there are also some cells above 250 hPa but the values are very weak.

259 Figure 6 shows $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$ integrated from 700–300 hPa and 1000–700 hPa, to

260 investigate baroclinic energy conversion in the mid-troposphere and lower troposphere. The

261 distributions of $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$ at the mid and lower troposphere both resemble the wave-like

262 distribution for the whole troposphere (Fig. 4b), though both the positive and negative values

263 in the mid-troposphere appear to be larger than those in the lower-troposphere. $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$

264 averaged over the Northern Hemisphere and the wave train domain for the mid and lower

265 troposphere are listed in Tab. 1. $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$ averaged over the wave train domain is 0.0106

266 W m^{-2} for the mid troposphere and 0.0100 W m^{-2} for the lower troposphere. Therefore, we

267 can conclude that this term or baroclinic energy conversion in the mid-troposphere and lower

268 troposphere equivalently maintains or reinforces the HET.

269 $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$ is determined by both the disturbance structure and the basic state, i.e.,

270 $v'T'$ and $-\frac{f}{\sigma}\frac{\partial\bar{u}}{\partial p}$. Figure 7 shows the vertical cross section of these two components along

271 63°N . The wave-like distribution of $v'T'$ resembles that of CP (Figs. 7a and 5), but with

272 opposite-signed cells below and above 250 hPa. For those below 250 hPa, positive values are

273 obviously greater than the negative ones, contributing to the positive CP . Positive values also

274 extend downward to the surface, while negative values in the low levels are very weak. On

275 the other hand, the basic state component shows two large bands in the lower troposphere and
276 mid-troposphere, respectively (Fig. 7b), consistent with the most efficient energy conversion
277 there. In addition, $-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$ is very weak above 250 hPa, leaving weak values of CP there,
278 although $v'T'$ is strong (Figs. 7 and 5).

279 Figure 8 further looks into the vertical cross section of the disturbance term. The vertical
280 cross section of meridional wind anomalies (v') clearly exhibits an equivalent-barotropic
281 teleconnection pattern, with maxima of anomalies at 250 hPa. These anomalies extend
282 downwards to the surface, except over the Northeast Asia, where the anomalies are weak at
283 the low level possibly due to the topography. Similar to 250 hPa, the strongest positive and
284 negative meridional wind anomalies for each level appear at about 45°E and 90°E,
285 respectively. However, these positive anomalies tilt westward with height, while the negative
286 ones tilt slightly eastward in the troposphere. The temperature anomalies (T') also exhibit
287 equivalent-barotropic features, showing anomalous centers in the upper and lower
288 troposphere, respectively. T' exhibits opposite-signed anomalies below and above 250 hPa,
289 resulting in opposite-signed $v'T'$ below and above this level (Fig. 7a). In the troposphere,
290 the positive T' between 45°E and 90°E is strongest and extends clearly to the surface. This
291 temperature anomaly is well associated with the anticyclonic anomaly indicated by the
292 positive and negative meridional wind anomalies. However, a closer inspection indicates that
293 v' leads T' not exactly by 1/4 phase in the troposphere, especially in the lower levels,
294 leading to non-zero values for $v'T'$, an issue discussed further in the next section.

295 Figure 9 shows the vertical cross section of the components associated with the basic

296 state ($-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$) along 63°N. The term $\frac{f}{\sigma}$ shows its largest values in the lower troposphere
 297 (Fig. 9a), which results from smallest values of σ , suggesting that the atmospheric
 298 stratification is more unstable in the lower troposphere. The distribution of $\frac{f}{\sigma}$ corresponds
 299 well to the distribution of land and sea in the lower troposphere. There are larger values over
 300 the Eurasian continent 0°–150°E and North America 165°W–95°W, but smaller values over
 301 the North Pacific 150°E–165°W and North Atlantic 95°W–0°. This is because land warms up
 302 faster than the ocean during summer and the temperature in the lower troposphere is easily
 303 affected by the surface sensible heat flux. Therefore, the atmospheric stratification over land
 304 is more unstable than that over the ocean. $\frac{f}{\sigma}$ is also relatively large and uniform in the
 305 mid-troposphere around 400 hPa, consistent with large CP there. The two large bands of $\frac{f}{\sigma}$
 306 correspond well to those of the basic state (Fig. 7b), indicating that $\frac{f}{\sigma}$ plays an important
 307 role in the basic state component. In addition, $\frac{f}{\sigma}$ becomes very weak above 250 hPa, due to
 308 the strong stability of atmosphere in the stratosphere. As a result, $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ and CP are
 309 very weak there (Fig. 5).

310 σ is determined by two components: $\frac{R\bar{T}}{C_p p}$ and $\frac{\partial \bar{T}}{\partial p}$. As the air density decreases with
 311 height, the term $\frac{R\bar{T}}{C_p p}$ expectedly increases, and exhibits nearly uniform values at each level
 312 (Fig. 9b). Even for the lower troposphere, where the temperature and pressure may depend
 313 appreciably on the distribution of land and sea, this term is almost constant in the zonal

314 direction. For instance, $\frac{R\bar{T}}{C_p p}$ are very similar over the Eurasian continent and North Pacific
315 at 925 hPa, being $8.80 \times 10^{-4} \text{ K Pa}^{-1}$ and $8.70 \times 10^{-4} \text{ K Pa}^{-1}$ averaged over 63°N , $0^\circ\text{--}150^\circ\text{E}$
316 and 63°N , $150^\circ\text{E}\text{--}165^\circ\text{W}$, respectively. Therefore, this term can contribute to smallest values
317 of σ in the lower troposphere, but cannot explain the distinct land-sea distribution of σ .

318 The term $\frac{\partial\bar{T}}{\partial p}$ basically increases with height in the troposphere and shows its largest
319 values in the mid-upper levels (Fig. 9c). These large values, together with $\frac{R\bar{T}}{C_p p}$, which
320 increases with height (Fig. 9b), lead to relatively weaker σ and resultant greater $\frac{f}{\sigma}$
321 around 400 hPa (Fig. 9a). In the lower troposphere, on the other hand, the term $\frac{\partial\bar{T}}{\partial p}$ shows a
322 distinct land-sea distribution, being larger over the continents than the oceans. For example,
323 the difference in climatological mean temperature between 1000 hPa and 850 hPa averaged
324 over the Eurasian continent 63°N , $0^\circ\text{--}150^\circ\text{E}$ is 8.95 K, 76% larger than that over the North
325 Atlantic 63°N , $95^\circ\text{W}\text{--}0^\circ$ (5.09 K). This term is associated with the basic state of temperature,
326 which decreases with height, as expected (Fig. 9d). The basic state of temperature in the
327 lower troposphere also exhibits a distinct land-sea contrast, with higher temperature over the
328 continents than the oceans. These features favor lower stability of the atmospheric
329 stratification over the continents.

330 On the other hand, the climatological zonal winds increase uniformly with height below
331 250 hPa and decrease above this level (Fig. 9f), thus the term $-\frac{\partial\bar{u}}{\partial p}$ is almost a constant
332 below 250 hPa (Fig. 9e), with a value of around $1.0 \times 10^{-4} \text{ m Pa}^{-1} \text{ s}^{-1}$. This result indicates

333 that the basic flow in the high latitudes shows not only weak zonal and meridional shear (Fig.
334 1a), but also weak vertical shear (Fig. 9e). This is distinctly different from the basic flow in
335 the mid-latitudes, where $-\frac{\partial \bar{u}}{\partial p}$ shows very strong values below and above the westerly jet.
336 Therefore, compared to $-\frac{\partial \bar{u}}{\partial p}$, the atmospheric stability σ plays a more important role in
337 the basic state component of *CP* (Figs. 9a and 9e vs. Fig. 7b).

338 The results in this section indicate that the HET can be maintained by extracting
339 available potential energy from the basic flow, i.e., the baroclinic energy conversion, *CP*. *CP*
340 is efficient not only in the mid-troposphere, but also in the lower troposphere. The
341 perturbations associated with the HET and the basic state both significantly contribute to
342 positive *CP*. Especially, the atmospheric stability associated with the basic state of
343 temperature in the lower troposphere is important. This is distinctly different from the
344 mid-latitude teleconnection, which greatly relies on the basic state of the zonal wind in
345 mid-upper levels. The results in this section are obtained by the vertical cross section of these
346 components. The horizontal distribution of these components in the mid-troposphere and
347 lower troposphere is investigated further in the subsequent section.

348 **4 Baroclinic energy conversion *CP* associated with the HET in the** 349 **mid-troposphere and lower troposphere**

350 The results in the preceding section indicate that the *CP* associated with the HET
351 features two maxima in amplitude at 400 hPa and 925 hPa, respectively. In this section, we
352 further explore the horizontal distribution of baroclinic energy conversion at these two levels.

353 Figure 10 shows the distributions of $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$ and each component associated with
354 this term at 400 hPa. $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$ exhibits alternating positive and negative values (Fig.
355 10a). The positive values are obviously larger than the negative ones. The maximum positive
356 value (at 63°N, 52.5°E) is $1.07 \times 10^{-4} \text{ W m}^{-2}$, 70% higher than the maximum negative value
357 (at 64.5°N, 78°E; $-6.13 \times 10^{-5} \text{ W m}^{-2}$). The higher positive values are dominated by the
358 larger positive values of the disturbance term $v'T'$ (Fig. 10c), the distribution of which
359 resembles $-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$. $v'T'$ at 63°N, 52.5°E is 2.00 m K s^{-1} , 50% higher than that at
360 64.5°N, 78°E (-1.33 m K s^{-1}). The pattern of $v'T'$ is associated with the configuration of
361 v' and T' . v' leads T' roughly by 1/4 phase (Fig. 10e and Fig. 12a), which can be
362 explained by the association between the anticyclonic/cyclonic anomaly and warmer/cooler
363 temperatures. However, a careful scrutiny shows that the center of positive v' appears over
364 positive T' , rather than at the zero contour (Fig. 12a). The configuration of v' and T' is
365 important for the sign of $v'T'$: The total sum of $v'T'$ is positive (negative) if v' leads or
366 lags T' by less (more) than 1/4 phase, and it is zero if v' leads or lags T' exactly by 1/4
367 phase. Therefore, though $v'T'$ shows alternative positive and negative values, the positive
368 ones are stronger than the negative ones (Fig. 10c).

369 On the other hand, the term associated with the basic state ($-\frac{f}{\sigma}\frac{\partial\bar{u}}{\partial p}$) is strongest over
370 mid-latitude Eurasia and the North Atlantic, and shows another relatively high amplitude belt
371 over high-latitude Eurasia (Fig. 10b). For the mid-latitude Eurasia and North Atlantic, the
372 basic state of zonal wind ($-\frac{\partial\bar{u}}{\partial p}$) plays a dominant role due to the existence of the westerly jet

373 (Figs. 10b and 10d). However, over high-latitude Eurasia, $-\frac{\partial \bar{u}}{\partial p}$ is much smaller. By
 374 contrast, the stability parameter σ is smaller over high-latitude Eurasia (Fig. 10f) than in
 375 the mid-latitudes. Besides, the Coriolis parameter f over the high latitudes is larger than
 376 that in the mid-latitudes, which is $12.99 \times 10^{-5} \text{ s}^{-1}$ for 63°N and $9.37 \times 10^{-5} \text{ s}^{-1}$ for 40°N . As a
 377 result, $\frac{f}{\sigma}$ in the high latitudes is larger than that in the mid-latitudes. Therefore, $\frac{f}{\sigma}$ is
 378 important for the energy conversion in the high latitudes, while for the mid-latitudes, the
 379 energy conversion is more favored by the basic state of zonal wind.

380 Figure 11 shows the distributions of $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ and each component associated with
 381 this term at 925 hPa. Positive $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ mainly appears over $50^\circ\text{--}72.5^\circ\text{N}$, $40^\circ\text{--}70^\circ\text{E}$,
 382 indicating that baroclinic energy conversion is most efficient there (Fig. 11a). $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$
 383 over the other regions is very weak. The distribution of $v' T'$ resembles $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ (Fig.
 384 11c), confirming its important role in determining the pattern of CP . Positive $v' T'$ results
 385 from the strong positive v' and positive T' there (Fig. 11e). Compared to 400 hPa, v'
 386 and T' are more in phase at 925 hPa (Figs. 11e and 12b), i.e., the anomalous southerly flow
 387 basically corresponds to positive temperature anomalies and the anomalous northerly flow
 388 corresponds to the negative temperature anomalies. This is because the meridional gradient of
 389 mean temperature in the lower troposphere is larger than that in the mid-troposphere: the
 390 value averaged over the wave train domain is $-2.02 \times 10^{-6} \text{ K m}^{-1}$ at 925 hPa, stronger than
 391 that at 400 hPa ($-1.31 \times 10^{-6} \text{ K m}^{-1}$), and thus the temperature anomalies in the lower

392 troposphere are greatly affected by the anomalous meridional advection of mean temperature.

393 The basic state term $(-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p})$ at this level shows a distinct land-sea distribution, with

394 greater values over the continents than the oceans (Fig. 11b). This is mainly induced by the

395 distinct land-sea contrast of σ (Figs. 11b and 11f). For the Eurasian continent, the

396 distribution of $-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$ resembles σ (Fig. 11f), suggesting that σ significantly

397 contributes to $-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$. $-\frac{\partial \bar{u}}{\partial p}$ is stronger over the high-latitudes than the mid-latitudes in

398 the Eurasian continent (Fig. 11d), possibly due to the thermal contrast between the Eurasian

399 continent and Arctic Sea through thermal wind relationship. In addition, compared to that at

400 400 hPa (Fig. 10f), σ at 925 hPa is much weaker, suggesting that it plays a more important

401 role in $-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$ (Fig. 11f). This is because the atmosphere in the low levels is more easily

402 affected by surface sensible heating, resulting in lower atmospheric stability. Therefore, we

403 can confirm that the lower-tropospheric atmospheric stability plays an important role in

404 energy conversion, which has been shown in the preceding section.

405 It is notable that the reanalysis data are artificial under the surface. Fortunately, positive

406 $-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$ at 925 hPa appears over the plains (Fig. 11a) and the reanalysis data there

407 should be reliable. We also used the NCEP/ NCAR reanalysis data and the JRA-55 data to

408 repeat these analyses and obtained similar results.

409 In summary, the results in this section confirm that the configuration of v' and T'

410 plays an important role in energy conversion associated with the high-latitude teleconnection

411 pattern. Particularly, in the lower troposphere, v' and T' are more in phase due to the
412 larger meridional gradient of mean temperature. In addition, the basic state plays a key role in
413 the baroclinic energy conversion for both the mid-troposphere and lower troposphere. On one
414 hand, the stability parameter is small and the Coriolis parameter is large in the high latitudes,
415 favoring strong baroclinic energy conversion. Especially, in the lower troposphere, the
416 stability parameter exhibits a clear land-sea contrast, with smaller values over the continents
417 than the oceans. On the other hand, although the vertical shear of the mean zonal wind is
418 weak in both the mid- and lower troposphere over high-latitude Eurasia, in the low levels it is
419 relatively larger in the high latitudes than the mid-latitudes. All these features determine that
420 the lower-tropospheric energy conversion occurs in the high latitudes of the Eurasian
421 continent.

422 **5 Conclusions and discussion**

423 In this study, we confirmed the existence of a teleconnection pattern over the
424 high-latitude Eurasian continent in summer, and confirmed, using the same analysis
425 procedure as Kosaka et al. (2009), that this teleconnection pattern can be maintained through
426 baroclinic energy conversion, as has been suggested in previous studies (Xie and Kosaka
427 2016; P. Xu et al. 2019). We called this teleconnection pattern HET (High-latitude Eurasian
428 Teleconnection), to emphasize the unique role of the basic state over the high latitudes of the
429 Eurasian continent in maintaining the teleconnection, which is also the main focus of this
430 study.

431 It is found that the baroclinic energy conversion is most efficient in the mid and lower
432 troposphere. The baroclinic energy conversion in these two layers contributes equivalently to

433 the maintenance of HET. Further analysis indicates that baroclinic energy conversion is
434 dominated by the stability parameter and vertical gradient of zonal winds. The stability
435 parameter is small in both the mid and lower troposphere over the high latitudes of the
436 Eurasian continent, favoring baroclinic energy conversion. On the other hand, the vertical
437 gradient of zonal winds is uniform in the entire troposphere over the high latitudes of the
438 Eurasian continent. However, the vertical gradient of zonal winds is relatively larger around
439 the northern edge of the Eurasian continent in the lower troposphere, resulting in the strong
440 baroclinic energy conversion, together with the stability parameter. Furthermore, the
441 disturbances associated with the HET also favor baroclinic energy conversion, by showing
442 positive values of $\nu'T'$ larger than the negative ones. In the lower troposphere, particularly,
443 positive values of $\nu'T'$ are much larger than the negative ones, and this is very important for
444 baroclinic energy conversion. Finally, the Coriolis parameter, which is larger in the high
445 latitudes, also contributes to the strong baroclinic energy conversion in the high latitudes of
446 the Eurasian continent, as expected.

447 The present results indicate that the basic state plays a key role in maintaining the HET.
448 The role of the basic state can be summarized as follows. First, the low stability in the mid
449 troposphere over high-latitude Eurasia makes the baroclinic energy conversion there
450 comparable to, albeit weaker than, the conversion in the mid-latitudes, despite the very strong
451 gradient of zonal winds in the latter region (Fig. 10). Second, in the lower troposphere, the
452 stability is also low over the Eurasian continent due to surface sensible heating, and the
453 vertical gradient of zonal winds is relatively larger over high-latitude Eurasia possibly due to
454 the thermal contrast between the Eurasian continent and Arctic Sea during summer, both

455 favoring strong baroclinic energy conversion (Fig. 11). Finally, the strong contrast between
456 warm lands and cool seas around the northern edge of the Eurasian continent during summer
457 provides a good condition for inducing the structure of disturbances that favors strong
458 positive baroclinic energy conversion, i.e., southerly (northerly) anomalies resulting in
459 warmer (cooler) air temperatures (Fig. 11).

460 Considering the important role of the basic state, we speculate that the high latitudes of
461 the Eurasian continent could be a unique region for pure high-latitude teleconnections. On the
462 one hand, although the basic state can also favor baroclinic energy conversion over the high
463 latitudes of North America (Fig. 11b), the longitudinal scope is much smaller and thus it
464 prevents the appearance of teleconnections there. On the other hand, in the Southern
465 Hemisphere during the boreal summer, we found that teleconnection patterns exist over the
466 high latitudes (not shown), possibly favored by baroclinic energy conversion roughly around
467 60°S. However, these high-latitude teleconnections are closely related to those along the
468 upper-tropospheric westerly jet in the Southern Hemisphere, unlike the independence of mid-
469 and high-latitude teleconnections shown in the present results. We attribute this difference
470 between the Northern and Southern Hemisphere to the relatively poleward location of the
471 Southern Hemisphere jet. For instance, for the austral summer, Lin (2019) identified a
472 stationary teleconnection in the South Atlantic and South Indian Ocean (roughly around
473 50°S), and attributed it to the strong Southern Hemisphere westerly jet there. Therefore, the
474 mechanism for the teleconnection patterns in the Southern Hemisphere might be more
475 complicated and require further investigation. In addition, this study indicates that the HET is
476 relatively independent of the mid-latitude SRP. Therefore, it could be expected that different

477 configurations of the HET and SRP would result in different climate effects over Eurasia,
478 which is another interesting topic for future study.

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652

653 **Figure Captions**

654 **Figure 1.** (a) Climatological mean of 250-hPa zonal wind and (b) meridional wind in
655 JJA. Counter intervals are 3.0 m s^{-1} in (a) and 1.0 m s^{-1} in (b). Zero contours are
656 omitted. Grey shading in (a) indicates zonal wind is greater than 15.0 m s^{-1} .
657 Color shadings in (b) denote the standard deviation of 250-hPa meridional wind.
658 The bold black lines represent the climatological jet axis during summer. The
659 domain marked by the green rectangle in (b) is used for the latter EOF analyses.

660 **Figure 2.** (a) EOF1, the leading mode of the 250-hPa meridional wind (m s^{-1}) within
661 the domain $55^{\circ}\text{--}70^{\circ}\text{N}$, $35^{\circ}\text{--}110^{\circ}\text{E}$. Zero contours are omitted. This mode
662 explains 49.3% of the total variance. (b) Time series of the leading mode (PC1;
663 black line) and the HET index (HETI; red line; see text for details).

664 **Figure 3.** The 250-hPa meridional wind anomalies regressed onto the standardized
665 HETI. The contour interval is 0.5 m s^{-1} and the zero contours are not shown. The
666 shading denotes the 95% confidence level based on the Student's *t*-test.

667 **Figure 4.** (a) The vertically integrated (from surface to 100 hPa) baroclinic energy
668 conversion (*CP*) associated with the HET. (b) The vertical integration of the first
669 term $(-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p})$ and (c) the second term $(-\frac{f}{\sigma} u' T' \frac{\partial \bar{v}}{\partial p})$ of *CP*. The contour
670 interval is 0.02 W m^{-2} . Zero contours are not shown. The red box in (a) indicates
671 the wave train domain $45^{\circ}\text{--}75^{\circ}\text{N}$, $30^{\circ}\text{W}\text{--}150^{\circ}\text{E}$.

672 **Figure 5.** The vertical section of baroclinic energy conversion *CP* (Shadings) and its
673 first term $(-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$; Contours) along 63°N . The contour interval is 2.0×10^{-5}

674 $\text{m}^2 \text{s}^{-3}$, and zero contours are omitted.

675 **Figure 6.** Baroclinic energy conversion CP associated with the HET integrated over

676 (a) mid-troposphere (700–300 hPa) and (b) lower troposphere (1000–700 hPa).

677 The contour interval is 0.02 W m^{-2} . Zero contours are not shown.

678 **Figure 7.** The vertical section of (a) the disturbance component ($v'T'$; Units: m K s^{-1})

679 and (b) the basic state component ($-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$; Units: $1.0 \times 10^{-5} \text{ m K}^{-1} \text{ s}^{-2}$)

680 associated with $-\frac{f}{\sigma} v'T' \frac{\partial \bar{u}}{\partial p}$ along 63°N . The contour intervals in (a) and (b)

681 are 0.5 and 1.0, respectively. Zero contours are omitted in (a).

682 **Figure 8.** The vertical section of meridional wind anomalies (v' ; Shadings; Units: m

683 s^{-1}) and temperature anomalies (T' ; Black contours) regressed onto the

684 normalized HETI along 63°N . The contour interval is 0.2 K, and zero contours

685 are bolded.

686 **Figure 9.** (a) The vertical section of terms associated with the basic state: (a) $\frac{f}{\sigma}$

687 (Units: $\text{Pa K}^{-1} \text{ s}^{-1}$), (b) $\frac{R\bar{T}}{C_p p}$ (Units: $1.0 \times 10^{-4} \text{ K Pa}^{-1}$), (c) $\frac{\partial \bar{T}}{\partial p}$ (Units:

688 $1.0 \times 10^{-4} \text{ K Pa}^{-1}$), (d) the climatological mean of temperature (Units: K), (e)

689 $-\frac{\partial \bar{u}}{\partial p}$ (Units: $1.0 \times 10^{-4} \text{ m Pa}^{-1} \text{ s}^{-1}$), and (f) the climatological mean of zonal

690 wind (Units: m s^{-1}), along 63°N . The contour intervals in (a), (b), (d), (e), and (f)

691 are 0.1, 3.0, 5.0, 1.0 and 1.0, respectively. Values greater than 0.3 in (a) are

692 shaded. Shading in (c) indicates values greater than 12.0 and those greater than

693 6.0 in the lower troposphere (1000–700 hPa). The dashed lines in (a)–(d) are

694 165°W, 95°W, 0°, and 150°E, respectively.

695 **Figure 10.** (a) The first term of CP ($-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$; Units: $1.0\times 10^{-5} \text{ m}^2 \text{ s}^{-3}$) and the
696 terms associated with (c, e) disturbance and (b, d, f) basic state: (b) $-\frac{f}{\sigma}\frac{\partial\bar{u}}{\partial p}$
697 (Units: $1.0\times 10^{-5} \text{ m K}^{-1} \text{ s}^{-2}$), (c) $v'T'$ (Units: m K s^{-1}), (d) $-\frac{\partial\bar{u}}{\partial p}$ (Units:
698 $1.0\times 10^{-4} \text{ m Pa}^{-1} \text{ s}^{-1}$), (e) v' (Shadings; Units: m s^{-1}) and T' (Black contours;
699 Units: K), and (f) σ (Units: $1.0\times 10^{-4} \text{ K Pa}^{-1}$), at 400 hPa. The contour intervals
700 in (a), (b), (c), (d), (e), and (f) are 2.0, 2.0, 0.3, 1.0, 0.2, and 0.1, respectively.
701 Zero contours are not shown. The red stars in (a) indicate the positions of the
702 largest positive (at 63°N, 52.5°E) and negative (at 64.5°N, 78°E) value,
703 respectively.

704 **Figure 11.** (a) The first term of CP ($-\frac{f}{\sigma}v'T'\frac{\partial\bar{u}}{\partial p}$; Units: $1.0\times 10^{-5} \text{ m}^2 \text{ s}^{-3}$) and the
705 terms associated with (c, e) disturbance and (b, d, f) basic state: (b) $-\frac{f}{\sigma}\frac{\partial\bar{u}}{\partial p}$
706 (Units: $1.0\times 10^{-5} \text{ m K}^{-1} \text{ s}^{-2}$), (c) $v'T'$ (Units: m K s^{-1}), (d) $-\frac{\partial\bar{u}}{\partial p}$ (Units:
707 $1.0\times 10^{-4} \text{ m Pa}^{-1} \text{ s}^{-1}$), (e) v' (Color shadings; Units: m s^{-1}) and T' (Contours;
708 Units: K), and (f) σ (Units: $1.0\times 10^{-4} \text{ K Pa}^{-1}$), at 925 hPa. The contour intervals
709 in (a), (b), (c), (d), (e), and (f) are 2.0, 2.0, 0.3, 0.5, 0.2 and 0.1, respectively.
710 Zero contours are not shown. The black shading represents mountains higher
711 than 800 m.

712 **Figure 12.** The temperature anomalies (T' ; Units: K) and meridional wind anomalies

713 (v' ; Units: m s^{-1}) regressed onto the normalized HETI along 63°N at (a) 400
714 hPa and (b) 925 hPa. The vertically dashed line in (a) indicate the longitude
715 where v' peaks, and the red stars indicate the corresponding values of v' and
716 T' , respectively.

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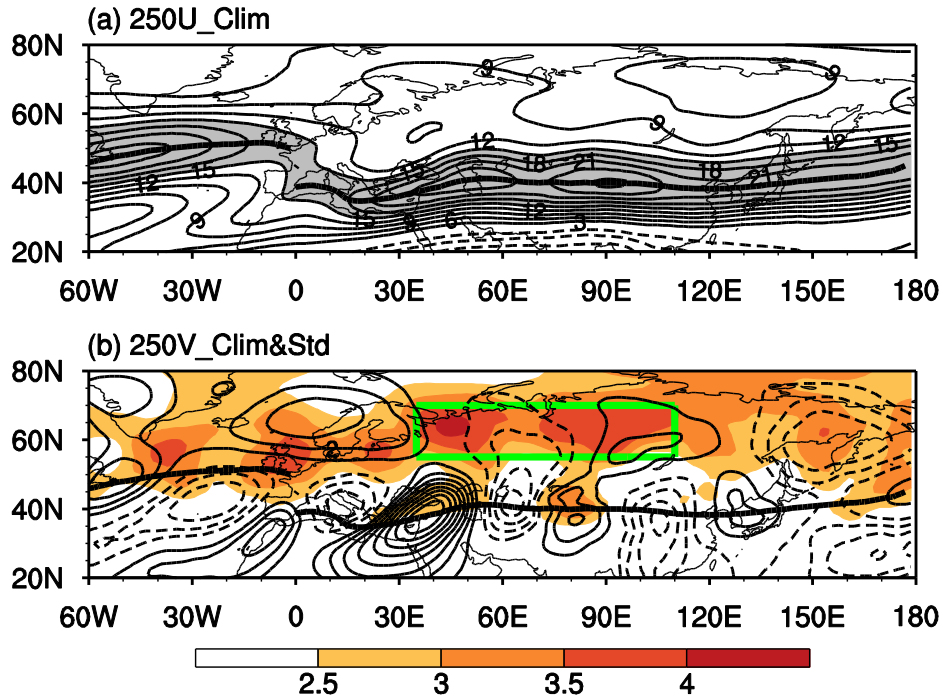
721

722 **Table 1.** $-\frac{f}{\sigma}v'T'\frac{\partial \bar{u}}{\partial p}$ (W m^{-2}) averaged over the Northern Hemisphere (NH;
 723 5° – 85° N) and the wave train domain (WTD; 45° – 75° N, 30° W– 150° E). The values
 724 have been integrated in the mid-troposphere (700–300 hPa) and lower troposphere
 725 (1000–700 hPa), respectively.

	NH	WTD
700–300 hPa	0.0023	0.0106
1000–700 hPa	0.0021	0.0100

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730 **Figure 1.** (a) Climatological mean of 250-hPa zonal wind and (b) meridional wind in

731 JJA. Counter intervals are 3.0 m s^{-1} in (a) and 1.0 m s^{-1} in (b). Zero contours are

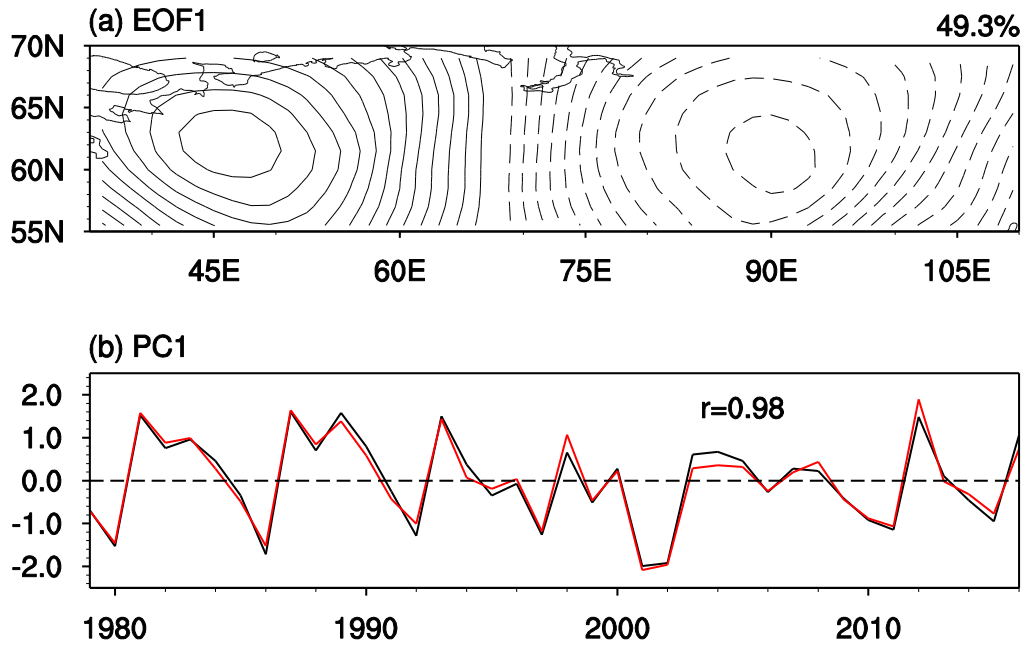
732 omitted. Grey shading in (a) indicates zonal wind is greater than 15.0 m s^{-1} .

733 Color shadings in (b) denote the standard deviation of 250-hPa meridional wind.

734 The bold black lines represent the climatological jet axis during summer. The

735 domain marked by the green rectangle in (b) is used for the latter EOF analyses.

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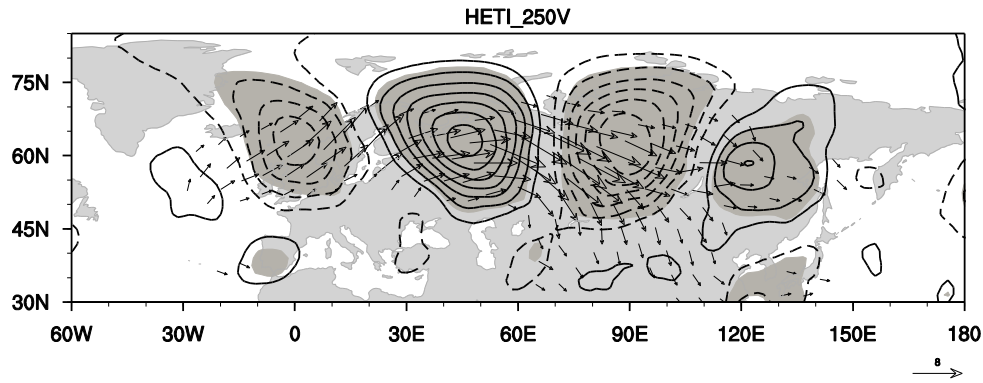
739 **Figure 2.** (a) EOF1, the leading mode of the 250-hPa meridional wind (m s^{-1}) within

740 the domain 55° – 70° N, 35° – 110° E. Zero contours are omitted. This mode

741 explains 49.3% of the total variance. (b) Time series of the leading mode (PC1;

742 black line) and the HET index (HETI; red line; see text for details).

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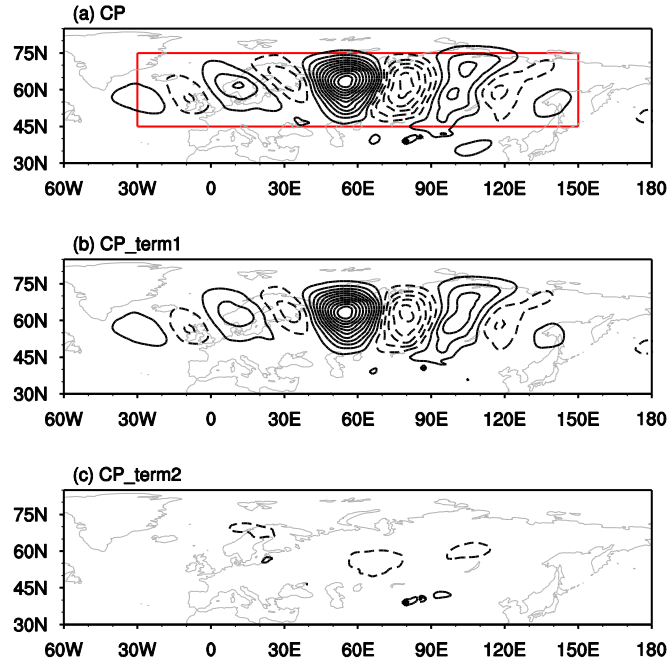


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746 **Figure 3.** The 250-hPa meridional wind anomalies (Contours) regressed onto the
 747 standardized HETI and associated horizontal wave activity flux (Vectors). The
 748 contour interval is 0.5 m s^{-1} and the zero contours are not shown. The shading
 749 denotes the 95% confidence level based on the Student's t -test. Vectors less than
 750 $1.5 \text{ m}^2 \text{ s}^{-2}$ are omitted.

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754 **Figure 4.** (a) The vertically integrated (from surface to 100 hPa) baroclinic energy

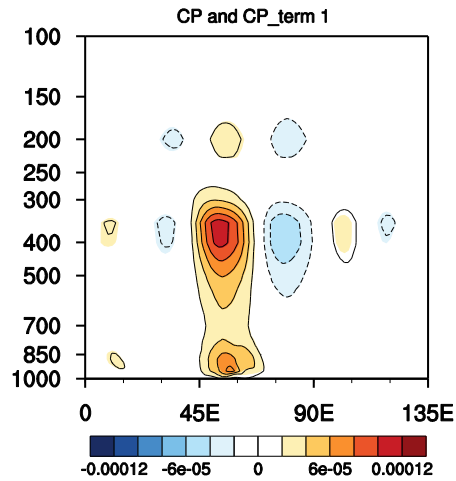
755 conversion (CP) associated with the HET. (b) The vertical integration of the first

756 term $(-\frac{f}{\sigma} v'T' \frac{\partial \bar{u}}{\partial p})$ and (c) the second term $(\frac{f}{\sigma} u'T' \frac{\partial \bar{v}}{\partial p})$ of CP . The contour

757 interval is 0.02 W m^{-2} . Zero contours are not shown. The red box in (a) indicates

758 the wave train domain $45^{\circ}\text{--}75^{\circ}\text{N}$, $30^{\circ}\text{W}\text{--}150^{\circ}\text{E}$.

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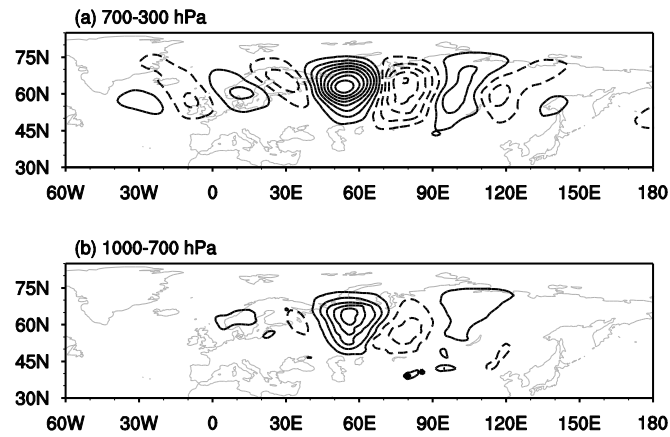
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762 **Figure 5.** The vertical section of baroclinic energy conversion CP (Shadings) and its

763 first term $(-\frac{f}{\sigma} v' T' \frac{\partial \bar{u}}{\partial p}$; Contours) along 63°N . The contour interval is $2.0 \times$

764 $10^{-5} \text{ m}^2 \text{ s}^{-3}$, and zero contours are omitted.

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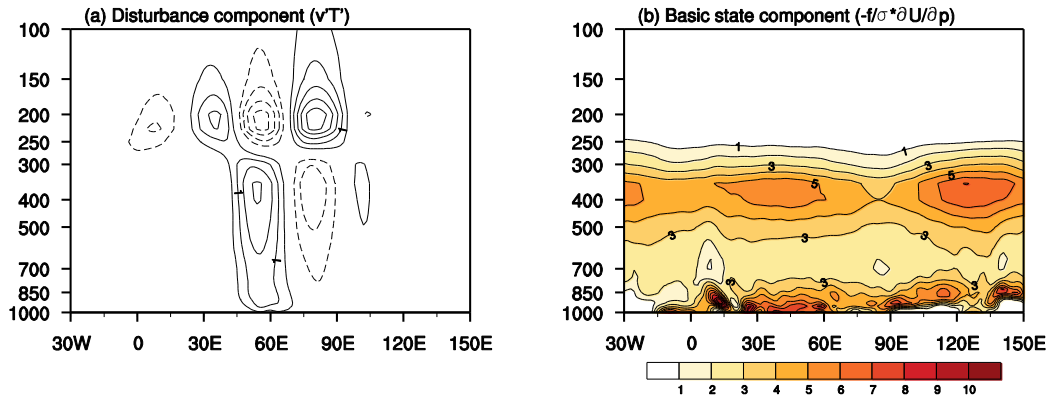
768 **Figure 6.** Baroclinic energy conversion CP associated with the HET integrated over

769 (a) mid-troposphere (700–300 hPa) and (b) lower troposphere (1000–700 hPa).

770 The contour interval is 0.02 W m^{-2} . Zero contours are not shown.

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776 **Figure 7.** The vertical section of (a) the disturbance component ($v'T'$; Units: m K s^{-1})

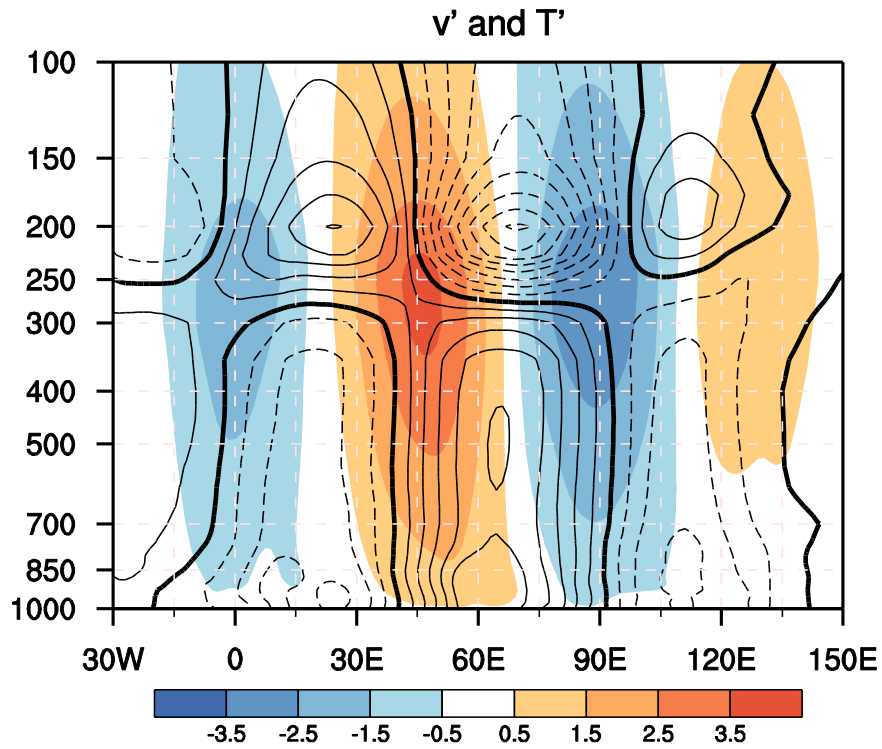
777 and (b) the basic state component ($-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$; Units: $1.0 \times 10^{-5} \text{ m K}^{-1} \text{ s}^{-2}$)

778 associated with $-\frac{f}{\sigma} v'T', \frac{\partial \bar{u}}{\partial p}$ along 63°N . The contour intervals in (a) and (b)

779 are 0.5 and 1.0, respectively. Zero contours are omitted in (a).

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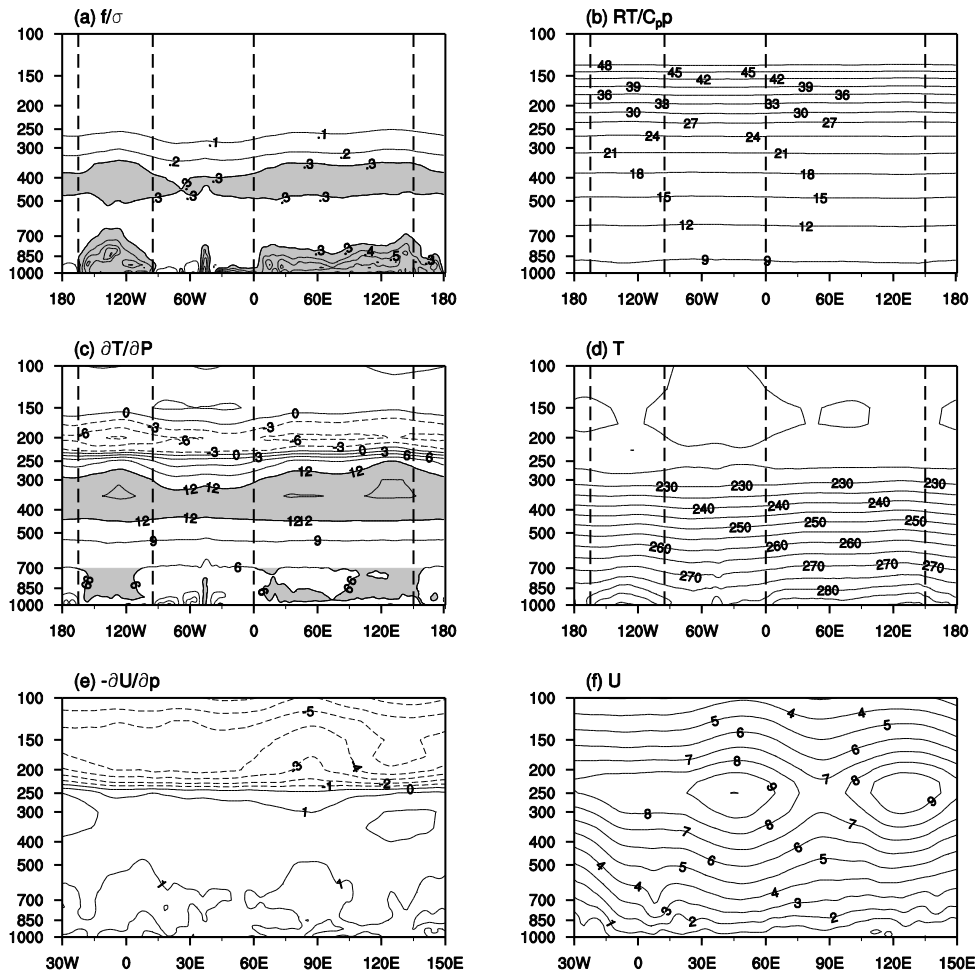
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784 **Figure 8.** The vertical section of meridional wind anomalies (v' ; Shadings; Units: m
 785 s^{-1}) and temperature anomalies (T' ; Black contours) regressed onto the
 786 normalized HETI along 63°N . The contour interval is 0.2 K, and zero contours
 787 are in bold.

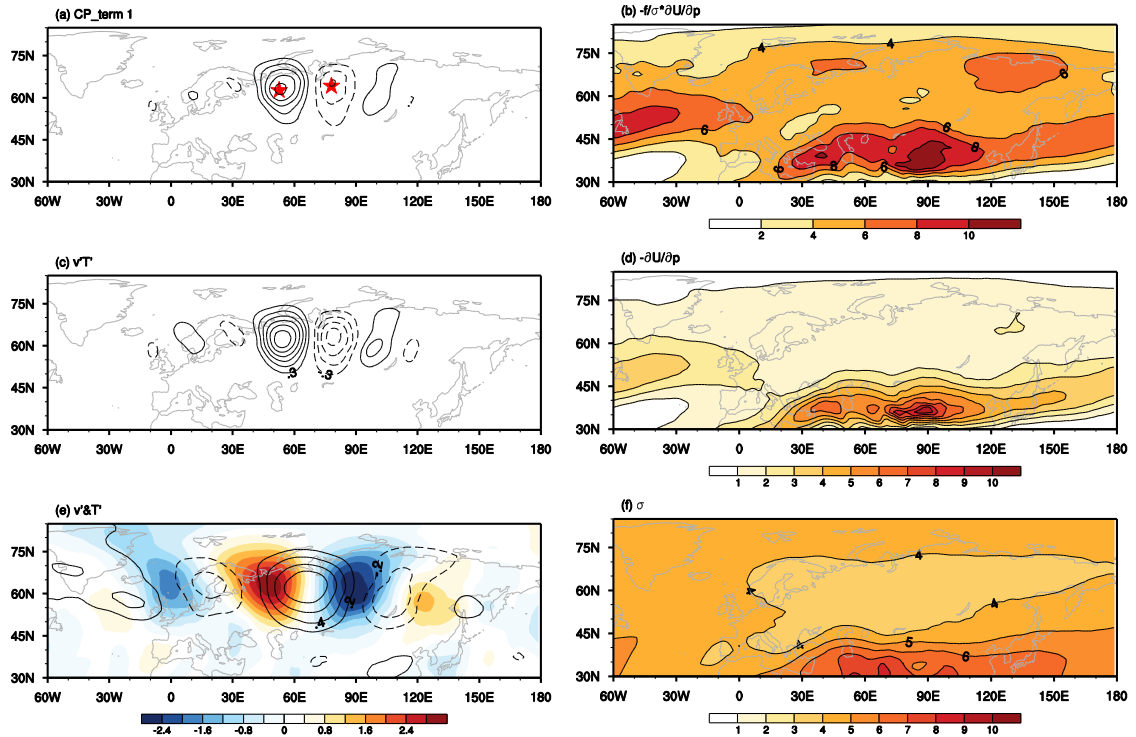
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791 **Figure 9.** (a) The vertical section of terms associated with the basic state: (a) $\frac{f}{\sigma}$
 792 (Units: $\text{Pa K}^{-1} \text{s}^{-1}$), (b) $\frac{RT}{C_p p}$ (Units: $1.0 \times 10^{-4} \text{K Pa}^{-1}$), (c) $\frac{\partial T}{\partial p}$ (Units: $1.0 \times$
 793 10^{-4}K Pa^{-1}), (d) the climatological mean of temperature (Units: K), (e) $-\frac{\partial u}{\partial p}$
 794 (Units: $1.0 \times 10^{-4} \text{m Pa}^{-1} \text{s}^{-1}$), and (f) the climatological mean of zonal wind
 795 (Units: m s^{-1}), along 63°N . The contour intervals in (a), (b), (d), (e), and (f) are
 796 0.1, 3.0, 5.0, 1.0 and 1.0, respectively. Values greater than 0.3 in (a) are shaded.
 797 Shading in (c) indicates values greater than 12.0 and those greater than 6.0 in the
 798 lower troposphere (1000–700 hPa). The dashed lines in (a)–(d) are 165°W , 95°W ,
 799 0° , and 150°E , respectively.



800

801 **Figure 10.** (a) The first term of CP ($-\frac{f}{\sigma} v'T'$; Units: $1.0 \times 10^{-5} \text{ m}^2 \text{ s}^{-3}$) and the

802 terms associated with (c, e) disturbance and (b, d, f) basic state: (b) $-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$

803 (Units: $1.0 \times 10^{-5} \text{ m K}^{-1} \text{ s}^{-2}$), (c) $v'T'$ (Units: m K s^{-1}), (d) $-\frac{\partial \bar{u}}{\partial p}$ (Units: $1.0 \times$

804 $10^{-4} \text{ m Pa}^{-1} \text{ s}^{-1}$), (e) v' (Shadings; Units: m s^{-1}) and T' (Black contours;

805 Units: K), and (f) σ (Units: $1.0 \times 10^{-4} \text{ K Pa}^{-1}$), at 400 hPa. The contour

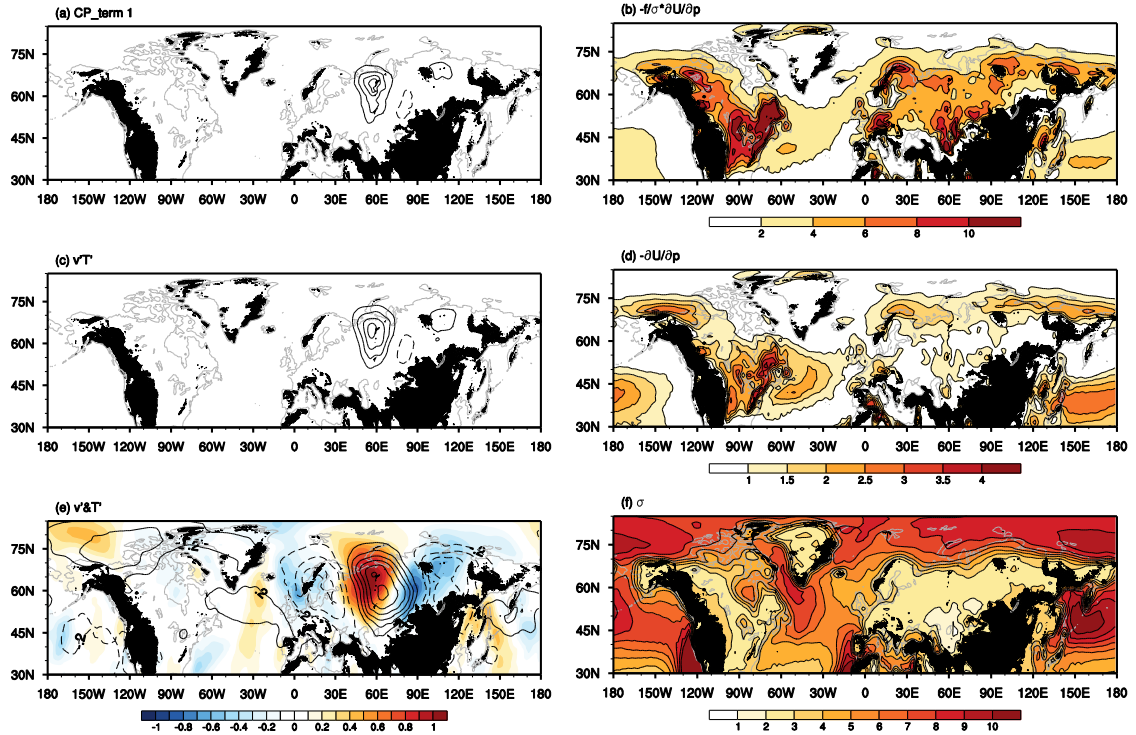
806 intervals in (a), (b), (c), (d), (e), and (f) are 2.0, 2.0, 0.3, 1.0, 0.2, and 0.1,

807 respectively. Zero contours are not shown. The red stars in (a) indicate the

808 positions of the largest positive (at $63^\circ\text{N}, 52.5^\circ\text{E}$) and negative (at $64.5^\circ\text{N}, 78^\circ\text{E}$)

809 value, respectively.

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812 **Figure 11.** (a) The first term of CP ($-\frac{f}{\sigma} v'T'$, $\frac{\partial \bar{u}}{\partial p}$; Units: $1.0 \times 10^{-5} \text{ m}^2 \text{ s}^{-3}$) and the

813 terms associated with (c, e) disturbance and (b, d, f) basic state: (b) $-\frac{f}{\sigma} \frac{\partial \bar{u}}{\partial p}$

814 (Units: $1.0 \times 10^{-5} \text{ m K}^{-1} \text{ s}^{-2}$), (c) $v'T'$ (Units: m K s^{-1}), (d) $-\frac{\partial \bar{u}}{\partial p}$ (Units: $1.0 \times$

815 $10^{-4} \text{ m Pa}^{-1} \text{ s}^{-1}$), (e) v' (Color shadings; Units: m s^{-1}) and T' (Contours;

816 Units: K), and (f) σ (Units: $1.0 \times 10^{-4} \text{ K Pa}^{-1}$), at 925 hPa. The contour

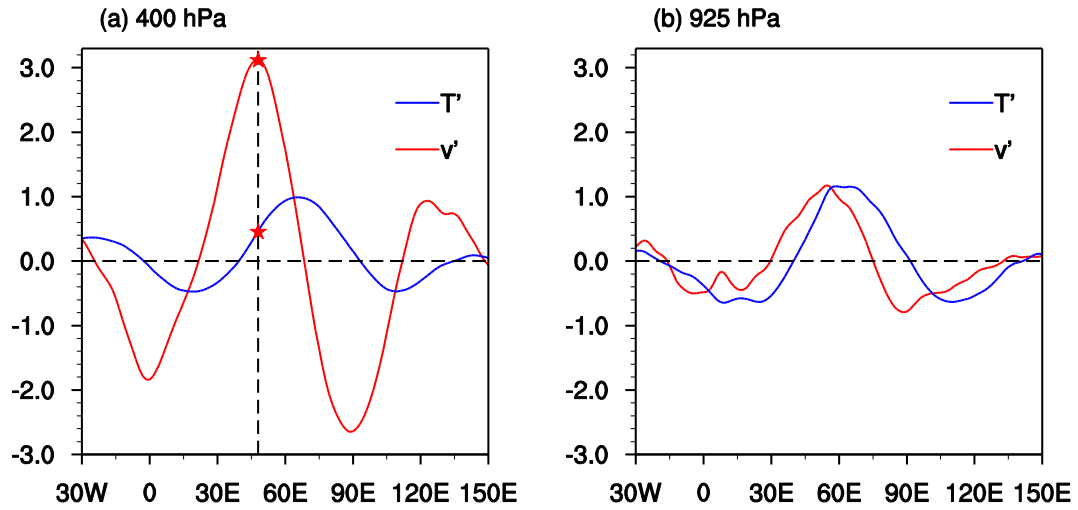
817 intervals in (a), (b), (c), (d), (e), and (f) are 2.0, 2.0, 0.3, 0.5, 0.2 and 0.1,

818 respectively. Zero contours are not shown. The black shading represents

819 mountains higher than 800 m.

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824 **Figure 12.** The temperature anomalies (T' ; Units: K) and meridional wind anomalies
825 (v' ; Units: m s^{-1}) regressed onto the normalized HETI along 63°N at (a) 400
826 hPa and (b) 925 hPa. The vertically dashed line in (a) indicate the longitude
827 where v' peaks, and the red stars indicate the corresponding values of v' and
828 T' , respectively.

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